**Experts share a few** signs that indicate you could be overdoing healthy



**Educators and students** express their views on various issues engulfing the country and the world



Chelsea beat Manchester City to win the Champions



MONDAY, MAY 31, 2021



Education

#### **CLICK HERE: PAGE 1 AND 2**

# **Answers Your Query**





To ask queries regarding Covid-19 and vaccination from our experts, CLICK HERE' **OR VISIT** 

https://bit.ly/331RxDn

dren deal with pandemicrelated stress? Is there a helpline parents can call?

Now can chil-

Children facing Covid cases within their families are going through tremendous stress. The important tool to employ in such situations is to find a channel to vent out your feel-

ings. But with peers also facing similar traumas, it's not easy to find someone who can listen to you and understand you. So, talking to a helpline is a good way to get an objective listener who can help you. Try this helpline set up by Delhi Police - 9311551393.



Devina Singh, class XII, Shikshantar School, Gurgaon

Is it true that there is a major rise in depression since Covid 2nd wave? Covid-19 has led to an explosion of mental health issues, especially depression. Many, including kids and teens, are going through anxiety and depression. The reason for this among young adults is anticipation about their future. It is

**EXPERT ADVICE GIVEN BY** Dr Sanjay Chugh, senior consultant neuro psychiatrist,

advised that there is timely recogni-

tion and treatment for the same.



#### **EMILY BRONTË'S RARE HAND-**WRITTEN POEMS UP FOR **AUCTION SOON**



rare handwritten copy of Emily Bronte's poems, with corrections in pencil by her sister Charlotte Bronte, will soon be up for auction in July this year. The manuscript belonged to a library, which was thought to be lost for roughly a century, and it is a part of rare books, which will be auctioned soon, Sotheby's announced on May 25, 2021.

Emily Bronte's poetry collection was put together by Charlotte's widower Arthur Bell Nicholls, who later sold a majority of Bronte manuscripts to bibliophile and literary forger Thomas James Wise in 1895, reports The Guardian. The rare collection among other books were then acquired from Wise by collectors and brothers Alfred and William Law. The manuscripts were kept at Honresfield House, a library by the Law brothers. For roughly a century, the library was thought to be lost after the Law brothers' heir and nephew Alfred Law passed away in 1939

## WHY INFLATION RISK IS GROWING IN INDIA

wholesale price index (WPI)-linked inflation went double-digit at 10.5% year-on-year in April 2021 (from 7.4 per cent in March), for the first time since 2010. **Inflation refers to the** rise in the prices of most goods and services of daily or common use, such as food, clothing, housing etc. It measures the average price change in a basket of commodities and services over time. Inflation is indicative of the decrease in the purchasing power of a unit of a coun-

**IS IT RISING**: The sharp rise in the commodity prices across the world is a major reason behind the inflation spike in India. This is increasing the import cost for some of the crucial consumables, push- hind such change in projections

Controlling inflation is one of the most

vital mandates of the Reserve Bank of

India, and any unchecked rise can force

the central bank to increase the inter-

est rates, which have been at historic

per barrel in May 2021, more than double of what it was a year ago. Similarly, the price of vegetable oils, a major import item, shot up 57% to reach a decadal high in April 2021. Metals prices are near the highest in 10 years and international freight costs are escalating.

ing inflation higher. For instance the Brent crude prices crossed \$65

MUCH CAN THE INFLATION RISE: As per CRISIL estimates, inflation was likely to moderate to 5% this fiscal from 6.2% last fiscal. This was based on lower food inflation benefiting from the high base of last year and assuming a normal monsoon. However, upside inflation risks are growing. On top

of the rising input prices, supply disruptions brought on by the second Covid wave in rural India are adding to inflationary pressure. These are the major reasons be-WHAT DOES THIS MEAN FOR THE ECONOMY AND **STOCK MARKETS?** 



low levels. It may also have to reconsider its accommodative stance. An increase in interest rates means sucking liquidity out of the system, the availability of which has been the chief driver of stock markets in the last one year. Rise in inflation will also lead to rise in bond yields, making government borrow-

## **NOW, ENGINEERING** COURSES IN HINDI &



he All India Council for **Technical Education** (AICTE) has allowed colleges to offer engineering degree in as many as eight regional Indian languages, including Marathi, from the new academic year (2020-21). The other languages in which it would be available are Hindi, Bengali, Telugu, Tamil, Gujarati, Kannada and Malayalam.

The move would help the aspirants, particularly from the rural and tribal areas, to realise their dreams. Till date, many bright students used to stay away from these courses due to fear of English. Many advanced countries like Germany. France, Russia, Japan and China impart entire education in their official languages

### Facebook to take action against users repeatedly sharing misinformation

ocial media giant Facebook has announced that it will take 'stronger' action against users repeatedly sharing content on its platform that factcheckers have debunked. Currently, users get notified when they share content that has been rated by a factchecker, but as per Facebook, now these notifications have been redesigned and simplified for better understanding. "We are launching new ways to inform people if they're interacting with content that's been rated by a fact-checker as well as taking stronger action against people who repeatedly share misinformation on Facebook. Whether it's



Covid-19 and vaccines, climate change, elections or other topics,

launching a new tool that will let

false or misleading content about we're making sure fewer people see misinformation on our apps," the social media giant said.

■ Facebook will also reduce the distribution in the News Feed of posts from individual users, who have repeatedly shared false content by the company's factchecking partners ■ In addition, Facebook is

users know if they are interacting with content that has been rated by a fact-checker

■ Furthermore, Facebook will now allow users on its platform as well as those on Instagram to hide their public 'like' counts as part of the company's efforts to give people control over their experience. Users will be able to hide 'like' counts on others' posts by visiting the new posts section in settings

#### 1,500 sorties, 3,000 hours and 2 million kilometres



hat's the distance covered by the Indian Air Force (IAF) over the past one-and-a-half months in its Covid-19 mitigation

efforts, which is akin to going around the Earth 55 times. Bolstering India's fight against a devastating second wave of infections, the IAF's transport fleet has been making sorties round the clock, bringing in from abroad, and distributing at home critical aid, including life-saving medical equipment and oxygen cylinders, thanks to its massive logistical muscles. According to reports, IAF has brought in 120 oxygen containers from abroad, and over 685 tankers have been transported within the country

Prime Minister Narendra Modi lauded the frontline workers for their remarkable role in fighting Covid-19 in the 77th edition of the monthly radio programme, Mann Ki Baat, on Sunday. Modi spoke to IAF's Captain AK Patnaik, who has played a major role in the transportation of empty oxygen tankers, oxygen concentrators and cryogenic tankers from foreign countries.

#### Second Covid-19 wave may leave a bigger dent on GDP: Report

India could be staring at a bigger economic toll due to the severe second wave of the pandemic than initially estimated, following stringent lockdowns imposed by states, according to research reports. Slow vaccinations and the uneven easing of curbs by states will likely weigh on the recovery.

"Even as India's second Covid-19 wave starts to recede, the underlying economic toll now appears larger than we expected," Barclays said in a report. It expects a \$74 billion (₹ 5.4 lakh crore,



2.4% of GDP) hit on the economy in nominal terms, almost twice the \$38 billion (₹2.8 lakh crore) it had estimated

An SBI Research report, also released on Tuesday, said the loss in first quarter will be ₹ 6 lakh crore, up from ₹ 1.86 lakh crore estimated in an April 29 report



#### Coronavirus engulfs the Everest amid rising number of climbers, raising fear of serious outbreak

t the foot of the world's highest mountain, cases of coronavirus are rising among expedition teams, as the infected spend their days in a tent isolated from others. Many are worried that this outbreak could put people's lives on the line. Many infected patients have flown out of the area and expeditions have been cancelled but Nepal has not acknowledged these cases, as the country heavily relies on its tourism industry. Breathing is already hard at such high altitudes, and symptoms of coronavirus are a big threat when attempting a climb. There has also been some

reported lack of transparency when it comes to organisers of expeditions disclosing the number of positive cases.





he idea that we need to be drinking eight glasses of water a day has led to many of us thinking we can't get enough. But drinking too much, aka water intoxication, can be fatal. "Too much can lead to a reduction of electrolytes such as sodium and potassium in our bloodstream. More than 2.5 litres a day is too much for most," says dietician Sophie Medlin.



atting enough sleep can feel like hunting for the Holy Grail, but surprisingly you can have too much. "Oversleeping can be a risk to our health," says health expert Dr Tim Bond. Research shows people who sleep for nine to 11 hours a day are 21% more likely to become diabetic, 38% more likely to suffer from coronary heart disease and have an increased risk of death. Dr Bond says, "The 'right' amount of sleep will vary from person to person, but 7-8 hours should suffice."

#### **KNOW IT ALL**

# Are you having too much of a good thing!

Experts share a few signs that indicate you could be overdoing healthy habits

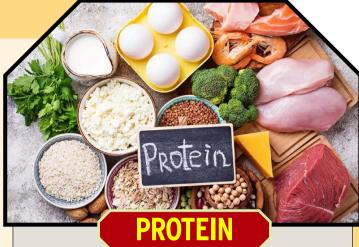
enough water, exercising enough or getting vitamins, but some-

any of us worry about not drinking times we can overdo it. Health experts give tips on how to know when you have gone too far.



#### **SALAD**

alad leaves are great for health. But,you can't get by on the green stuff alone," says Sophie, adding, "Salad cannot provide us with all the nutrients we need to live healthily, such as protein, carbohydrates and healthy fats. Too much can also disrupt digestion and, sometimes, make it harder to absorb other important nutrients like iron." Giving tips on how to counter it, she says, "Keep your salads balanced by adding things like avocado, olive oil, nuts."



espite its health halo, excess protein will be used to provide energy and is stored as fat if we eat too much," says Sophie. "Protein contains exactly the same number of calories per gram as carbohydrate (4 kcals/g) so we can easily eat too much. It needs to be balanced in our diet, like all the other nutrients," she adds. The dietician informs that most people need 0.75g of protein per kilogram of their body weight a day.



t is vitally important to wear sunscreen to prevent burning and skin cancer, but wearing it all day, every day, on any exposed skin is too much as it stops our bodies from absorbing vitamin D. Dr Ross Perry, cosmetic doctor, says, "To get your recommended amount of vitamin D, exposure to the sun on the arms and the legs for up to 20 minutes three or four times a week is important. However, you should always protect the face by wearing SPF 30 and above." SOURCE: DAILY MIRROR

Having fruits and vegetables in the form of juice is

maintaining a healthy skin regime. Here are a few

juices that can help you attain problem-free and

highly beneficial for skin and is a great way of

glowing complexion

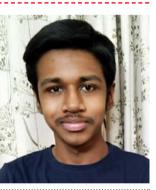
### WE ASK, YOU ANSWER

This week we asked our student reporters to opine on: Whether or not it is right for the Tokyo Olympics to happen in 2021. Here's what they had to say...

#### Best to postpone

■ t is understandable that the Japanese government has invested a lot in the Games and is considering holding them so as to not incur any further losses. However, it's a volatile situation and could trigger an influx of cases around the world and hence would not be a wise decision.

AMOGH TARUN, class X, Hyderabad Public School, Begumpet, Hyderabad



Fitness fundas

#### Safeguard health first

he Olympic games involves more than 14000 athletes, staff from around the globe. With the current situation of Covid-19, where almost every country is impacted, it makes sense to postpone the games to safeguard the health of the athletes as well as the international community. These athletes can become carriers of new and unknown variants and lead to rise in Covid cases. NAOMI DEWICKA, class XII, DPS-RK Puram, Delhi

ycling is a great exer- erate to fast speed for 30 mincise as it increases utes can help your body burn

heart rate and helps calories for a hour or so even

that simply cycling at a mod- about other benefits too

➤ Having trouble falling asleep? Several studies reckon that cycling regularly improves your sleep. It's well

known that lack of sleep can have a detrimental impact on your overall health, which is why if you

suffer from insomnia especially, you should take up cycling. Cycling is said to aid falling

asleep faster and also helps you sleep bet-

ter. Give yourself a thorough workout

with cycling, which also helps improve

Cycling improves your stamina

and your overall fitness levels.

cardiovascular health.

burn fat faster. Studies say





#### **SPINACH JUICE**

resh spinach juice is the best thing you can offer to your skin, as it is rich in vitamins A and C that are great to brighten the skin tone and enhance the complexion. It is also rich in antioxidants like vitamin E and manganese that keep out free radicals. Recommended quantity: 1 glass per day



#### **ORANGE JUICE**

his tangy tasty juice helps nourish all skin types, from oily to dry. The presence of citric acid in orange helps in the formation of elastin and collagen, which keeps the skin youthful and free from acne and blemishes.



#### **ALOE VERA JUICE**

t is rich in minerals and nutrients that enhances the complexion. Aloe vera also contains compounds called gibberellins and auxin that helps in healing skin issues like dryness, acne, blemishes and even burn marks.

Recommended quantity: 2 glasses per day



#### **AMLA JUICE**

ccording to skin experts, amla or gooseberry is rich in vitamin C, which aids collagen production and delays the ageing of skin. It is also effective against dark spots, wrinkles and fine lines.

Recommended quantity: 1 glass per da



#### **POMEGRANATE JUICE**

t is rich in vitamins C and K that renew cells of the skin and also helps in purifying blood. Drinking fresh pomegranate juice during summer keeps the skin hydrated, as the omega 3 fatty acids and punicic acid in it can help retain the moisture. Recommended quantity: 2 glasses per day



#### MIND TEASERS (MATHS QUIZ)

day? **A.** 1188 **B.** 13200 **C.** 14388 **D.** 2508 Q.2) The square root of 0.09 is...

**C.** 0.003 **D.** 3.0 how many **Q.3)** In a mixture of 45 shoppers litres, the ratio of milk to water is 13:2. How much water must be added to this mixture to make the ratio of milk to water as 3:1?

A. 4 litres B. 7 litres C 9 litres D. 2 litres

while another pipe S can alone empty it in 10 hours. Which of the following together arrangements will fill the pool in the least possible

A. Q opened the pipes alone B. P and S opened the pipes together

time?

C. P, R and S opened the pipes D. Q, R and S opened the pipes

Q.5) The base of an isosceles right triangle is 30cm. Its area is **A.** 225 cm<sup>2</sup> **B.** 255 cm<sup>2</sup> C. 300 cm<sup>2</sup> D. None

ANSWERS (1) C) 14388 (2) B) 0.3 (3) B) 7 litres (4) C) P, R and S opened the

Some studies have stated that people who cycle 30 kms or more per week, have a lower risk of heart disease. Being a non-load-bearing exercise, cycling has a minimal risk of injury unless you lose your balance. So, pick up a cycle and stay fit as a fiddle.



## were there in all on that

**A.** 0.03 **B.** 0.3

Q.4) Three pipes P, Q and R can fill a pool in 4, 8 and 12 hours respectively, pipes together (5) A) 225 cm<sup>2</sup>

#### **EDUCATIONIST**

## 'EDUCATION IS UNDERGOING RAPID TRANSFORMATION'

Pratiksha Vaja is the headmistress of SDDRS Gujarati medium high school and has been in the field of education for 39 years. She shares her insights with Aarya Bhanushali

Q: What challenges did your students face, as we moved towards online education, being from vernacular medium? Most of our students are from lower economic classes and hence, they didn't have a lot of access to any gadgets. Secondly, they have 3-4 siblings so it is difficult to share a phone if they have

Q: What measures were taken by you to ensure that there are no gaps in learning?

It was challenging but my teachers contacted each and every student ensuring that they were attending classes. We also sent them youtube links and audio



Pratiksha Vaja, headmistress

recordings. Even if they couldn't attend the class, they could listen and learn.

Q: The new policy has promised that children will be educated in mother tongue till 5th grade. Your thoughts? I am in the complete support of this decision as children tend to learn easily in higher grades if they begin their education in their mother tongue.

Q: After teaching for nearly 39 years, what are some positive changes in the system that you've seen? I have seen a slew of changes in the system especially, for example in languages; instead of memorising, children actually understand concepts.

## Virtual Prize **Distribution Ceremony**



There are always new, grander challenges to confront, and a true winner will embrace each one -Mia Hamm

turned when it comes to the overall development of its students.

The pandemic saw the physical activities hunkered down but this did not sway the spirit of the

The teachers navigated plans and organized Summer Activities covering all subjects and grades so that there was something for everyone to keep the students engaged and entertained during vacations and enhance their learning in a more productive way. Appropriate guidelines were given prior to the activity.

The students readily got wings to their creativity and crafted admirable craft work, made ppt's, vlogs, and experimented on various things. Participation in activities offered to them instill right attitude, enthralled the students and brought joy among them.

A movie day was organised for the students grade VI to X wherein movies from different genres were screened. The students were also taken on a Domestic and International virtual planet and develop an understanding of its importance and conservation.

The Summer activities culminated with the Virtual Prize Distribution Ceremony to honour and appreciate the achievers.

The Prize Distribution Ceremony coms rightly pointed out by the quote, N L menced with the virtual lighting of the cere-Dalmia High School leaves no stone unmonial lamp followed by the Shanti Vandana and address by the school principal, Seema Saini to the students.

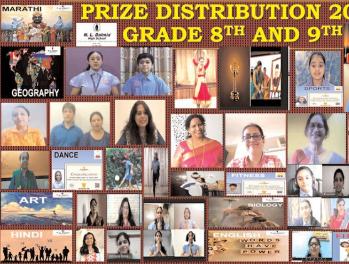
Glimpses of the summer activities and videos of students showcasing their mesmerising skills, their experiences on the Summer Activities were also shown.

The stream of appreciation poured in from all parents in the valuable feedback shared by

Achievements develop self-esteem and so to applaud and embolden the winners, they were awarded e-certificates along with their photograph which brought in jubilation and surprises for them.

The programme concluded with the vote of thanks proposed by the Secondary Supervisor, Savita Kukreti expressing her gratitude and acknowledging everyone for their contribution towards making the Virtual Prize Distribution Ceremony a successful and a memorable one.

The zeal dwelling in the teachers' and students' hearts seemed to transform the celebratour to enrich them of the rich heritage of the tion from virtual to real!



## Celebrating Moth





who is probably endowed with all the power. No creature in this Universe can be as powerful as a mother! She can manage and control everything in any situation. In other words, God has given her the power to take up all the affairs of the world. Celebrating Mother's Day for a day is not enough to thank every single mother in this world. Like every year, Narayana e Techno School Kalyan Branch celebrated Mother's Day virtually. Grade 1 and 2 students expressed their love by making Greetings Cards and sharing beautiful messages. Students of Grade 3 to 5 were engaged in fireless cooking activity. prepared their favourite breakfast for their mom and served it with mixture of love and affection. Parents were overwhelmed to make their parents, espeand became emotional. They thanked the entire team of following her teachings and Narayana and teachers for becoming a good and sucorganising such activities

Principal Savita Rathi ing a wish, "I think it will the spirit of motherhood.

and making mother's day



help our mothers cheer up. We should get a sense of recognition in our work, and mothers should get even more recognition because of their effort behind the upbringing of a child." She inspired the students by saying that they should all strive cially their mother, happy by cessful person.

Mother's Day is a celebration of bond of love and affection between a mother expressed her views by stat- and a child and it celebrates ciety.

Mother's Day is celebrated all over the world through various occasions

ers and mother figures. This is the day when we express love and thank our mothers for their efforts. People make this day special for their mothers by preparing gifts, flower bouquets, food for them.

The day is an event to honour the contribution of mothers, acknowledge the efforts of maternal bonds and the role of mothers in our so-

So, Narayana e-Techno and fun virtually.



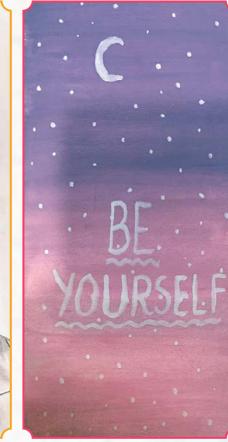
school, Kalyan invited moms to the Virtual meeting and use this plan to create a fun event where the kindergarten kids made bracelet for their mother and had one minute games.

It was amazing to see

## Painters' Gallery



Pencil sketch of Kim Taehyung, South Korean singer, songwriter, and actor by RAJLAKSHMI R, former student of DAV of Public School, Thane



RADHIKA CHOPRA, class X, Fr. Agnel Multipurpose School, Vashi

#### WOMAN

much they do

the real world

fight?

They have not seen your Since they think it exists only as lines But they have their terms ready again Just to define You, as a woman The pains you face Are nothing for them 'Oh it's just one of your days!' Brushing all of as if it's the

Thing they all go through

The acres of land are developed far and wide But are the matters the same with your mind and The generations grow as the stereotypes subside

But why are they still pulling you down Making you regret being a woman? They worship the idols of

But they don't even care for

In the context there is so And if you ever do hurt or But step out to see how is It's not because its what they please

For you as a woman. It's because you are a You still go on strongly Fighting for yourself They say they have changed But I still ask you this themselves Why do you even have to They are ready to accept you this time

Aren't you supposed to have But hear me out once on it since birth? this before in gratitude you The society has embedded Why do you need their

That you have to struggle acceptance for what shall come at ease To be a woman who you are?

but they don't see you as a NOYONIKA SHARMA, class X, Apeejay School, Nerul

MONDAY, MAY 31, 2021



# CHELSEA WIN CHAMPIONS LEAGUE

LIFT TROPHY ON HAVERTZ GOAL AS THEY BEAT MANCHESTER CITY 1-0

pions League title and denied Pep Guardiola's Manchester City their first after Kai Havertz grabbed a first-half goal to secure a 1-0 win in an all-English final at the Estadio Do Dragao. The German youngster, Chelsea's record signing, kept his composure as he raced through and evaded goalkeeper Ederson before rolling the ball into an empty net in the 42nd minute to decide a tight encounter played in front of a 16,500 crowd.

#### Disappointing night for City

Premier League champions City were favourites ahead of the final but suffered a desperately disappointing night in their first Champions League showpiece match. Despite winning three of the last four Premier League titles for City, Spaniard Guardiola failed to deliver the coveted European trophy he last won with Barcelona in 2011.

Decisions are always to try to win the game. The way we played the game in the second half, they had one counter attack with Pulisic. They're a really good team, but we competed perfectly against them. In the second half we deserved to score one goal but we couldn't do it. I would like to say it was an exceptional season for us. Unfortunately we couldn't win. We tried, but we couldn't do it and will work harder from here. PEP GUARDIOLA,

Manager, Manchester City



Chelsea players celebrate with the trophy after winning the Champions League final

#### **Great start for Tuchel**

■ For Chelsea's German manager Thomas Tuchel the triumph comes after his Paris St Germain side suffered defeat in last season's final against Bayern Munich and just four months after he took over from Frank Lampard at the west London club. "To share it with everybody is incredible. We made it. Wow. I don't know what to feel," said Tuchel. "I was so grateful to arrive a second time (in the final). I felt different. The (players) were determined to win this. We wanted to be a stone in their (City's) shoe. We encouraged everybody to step up and step out, to be more brave," he said.

#### Team selection surprising

■ Tuchel got his approach spot on, while Guardiola's team selection was surprising with Raheem Sterling brought in on the left, neither regular holding midfielders Fernandinho or Rodri picked and Ilkay Gundogan left to protect the back line. It quickly became apparent the move had left City's defence exposed with

Chelsea creating early chances, three of which fell to German Timo Werner, who failed to capitalize, miskicking one, shooting softly at Ederson and then finding the side-netting. Gundogan's already difficult task got harder when he was booked for a foul on Mason Mount in the

#### Perfect slotting

- Chelsea also suffered a setback when their experienced Brazilian centre-back Thiago Silva went down awkwardly after a header and had to limp off six minutes before the break, being replaced by Andreas Christensen. However, three minutes later Chelsea struck. Midfielder Mount split the City defence with a superb through ball and Ederson rushed out of his goal but was unable to stop Havertz from skipping past him and slotting into the unguarded net.
- The final whistle set off wild celebrations for the Chelsea fans who had flown in for the game, while dejected City supporters headed off for the flights back to Manchester. REUTERS

# 'LOVING THIS ALREADY'

says Harmanpreet of India Test jersey

Indian women set to play Eng in multi-format series

against England in June, India batswoman Harmanpreet Kaur on Sunday shared a picture of herself sporting the Test jersey. Harmanpreet shared the photo on one of her Instagram Stories and she wrote: "Loving this already." She also shared a photo of the backside and as a result, now everyone knows that she would be sporting the jersey number 7.

India women cricketers might be in quarantine ahead of the upcoming multi-format series against England, but everyone is sweating it out in the

gym to ensure they are ready for the July 9 and the three matches will be high-voltage series. Taking to Twitter, the official handle of BCCI Women had posted a video of the players working out in the gym and the caption read:

'Shut the Noise! We are INDIA."

The women's team will take on England in a one-off Test, three ODIs, and three T20Is. The two teams will first square off in a four-day Test match, beginning June 16. Then both teams will lock horns in three ODIs beginning June 27 with the matches slated to be played at Bristol, Taunton, and Worcester. Both teams will then square off in three T20Is, beginning

played at Northampton, Hove, and Chelmsford. The third T20I between England Women and India Women, which was slated for July 15, will now be held a day before in Chelmsford. The third T20I will now be held on July 14 instead of July 15 due to

broadcasting issues. The team, who made the finals of last year's World T20 in Australia, will receive their share from the USD 500,000 prize money this week, a senior BCCI official said after it came to light



#### **BCCI** IN TALKS WITH CWI TO ADVANCE CPL

convince Cricket West Indies to advance the start of the Caribbean Premier League by a week or 10 days to ensure a seamless source said on Sunday. bubble-to-bubble transfer of players for the IPL's resumption in the UAE come September. Suspended midway into its 14th season owing to the COVID-19 pandemic, the BCCI has approved the resumption of the lucrative Indian Premier League in the UAE in the middle of September. The CPL is scheduled to get underway from August 28 with the final to be played on September 19, while the remaining part of IPL is likely to be held from September 18 to October 10, not leaving the players with any time to settle down. "We are in talks with Cricket West Indies. We are hoping that if CPL can be

he BCCI is trying to vance, it would help in bubble-to-bubble transfer of all players to Dubai and in time to complete the mandatory three-day quarantine," a BCCI

#### Big players could miss matches

If the BCCI and CWI fail to reach an agreement over dates, some of the biggest players could miss the initial few matches or may be the first half of the IPL. The big names involved in both the T20 leagues are Mumbai Indians' five-time IPL-winning influential all-rounder Kieron Pollard, the swashbuckling Chris Gayle, seasoned all-rounder Dwayne Bravo, Shimron Hetmyer, Jason Holder, Nicholas Pooran, Fabien Allen, Keemo Paul, Sunil Narine and Trinidad and Tobago coach Brendon McCullum, who is at the helm of affairs finished a few days in ad- in Kolkata Knight Riders. PTI

## QUIZ TIME!

Luis Suarez shared his 2013/ • 14 Golden Boot with

a) Cavani 🔲 b) Cristiano Ronaldo 🖵 c) Carrasco 🔲 d) Neymar 🖵

2. In which year did Nico Rosberg win his sole F1 world title?

Q3. Who was the youngest and the first unseeded player to win the men's singles at Wimbledon?

a) Andre Agassi 🔲 b) Boris Becker 🖵 c) Pete Sampras 🔲 d) Andy Murray 🖵

Q4. In which year was the Premier League founded? 

Which football player was voted 'European Player of the Century' in 1999?

a) Lionel Messi 🔲 b) Xavi 🔲 c) Johan Cruyff 🔲 d) Robert Lewandowski 🖵

Q6. Who was the first-ever F1 world champion?

a) Marcel Lehoux 🔲 b) Nino Farina 🚨 c) Ayrton Senna 🔲 d) Lazlo Hartmann 🔲

**7.** Who did Naomi Osaka score her first top 20 win against?



a) Sam Stosur 🔲 b) Andrea Petkovic 🖵 c) Venus Williams 🔲 d) Dominika Cibulková 🖵

**Q8.** When was mixed doubles in Badminton introduced as a medal sport at the Olympics?

a) 2000 Sydney Olympics  $\Box$ b) 1992 Barcelona Olympics 🚨 c) 1996 Atlanta Olympics 🔲 d) 1998 Sydney Olympics  $\ \square$ 

10 9. In which year did Badminton become an Olympic sport?

• How many players are allowed in a team in a hockey match? a) 11 b) 16 c) 20 d) 18

11. Who is the only Indian • player to feature in the ICC Women's T20 World Cup team of the tournament?

a) Harmanpreet Kaur 🔲 b) Shafali Verma 🔲 c) Poonam Yadav 🚨 d) Smriti Mandana 🚨

Q12. How many times do you have to pot the black ball to achieve a maximum 147 break in snooker?

WERS: 1 b) Cristiano Ronaldo 2 a) 2016 3 b) Boris Becker 4 d) 1992 5 c) Johan Cruyff 6 b) Nino Farina 7 a) Sam Stosur 8 c) 1996 Atlanta Olympics 9 d) 1992 10 a) 11 11. c) Poonam Yadav 12. d) 16