



THE TIMES OF INDIA

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TODAY'S EDITION

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STUDENT EDITION

THURSDAY, JUNE 3, 2021


WEB EDITION
CLICK HERE: PAGE 1 AND 2
TIMES NIE
Answers Your Query

Mahek Pandey,
Class VIII, St. Augustine's High School, Nerul


ASK THE EXPERT
A SHOT OF HOPE

To ask queries regarding Covid-19 and vaccination from our experts,

► **'CLICK HERE'**

OR VISIT

<https://bit.ly/331RxDn>

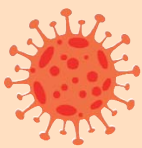
early infection, and Interferon that combats viral replication. So far, understanding of Covid shows that children tend to have less severe infection as per available data from first wave.



Angelina Pandey,
Class IX, NES High School

Q By when will India see children getting vaccinated?

As we have a large group of population below 18 years of age, chances of vaccinating children any time soon seem unlikely. The country is facing vaccine shortage, and also, trials on kids are not yet complete. The Govt is currently working on building paediatric makeshift infrastructure, keeping the third wave in mind.


EXPERT ADVICE GIVEN BY

Dr Rajendra Gunjotkar,
Nephrologist, Director, Kimaya Kidney Care, Gunjotkar Nursing Home



Salman Khan's Chulbul Pandey gets an animated avatar

Salman Khan's much-loved character of cop Chulbul Pandey, from his blockbuster franchise 'Dabangg', now has its own animated series, which is currently streaming on Disney+ Hotstar VIP. Titled 'Dabangg - The Animated Series', the show is the latest addition to an extensive collection of kids' content on the OTT platform, which also houses movie series 'Toy Story' as well as shows 'Doraemon', 'Mickey Mouse Clubhouse' and 'Chacha Chaudhary', among others.

■ Produced by Cosmos-Maya and Arbaaz Khan Productions, the first eight episodes of season one are available on the digital space in Hindi, Tamil and Telugu. New episodes of the series will be released on regular intervals

■ Apart from Chulbul, his brother Makkhi (played by Arbaaz Khan) and Rajjo (essayed by Sonakshi Sinha), will also be part of the animated version



CLIMATE CHANGE

6 PRIORITIES FOR PULLING CARBON OUT OF THE AIR

Cameron Hepburn, Professor of Environmental Economics, University of Oxford and Steve Smith, Executive Director, Oxford Net Zero, University of Oxford share their tips....

Greenhouse gases can be removed from the atmosphere in several different ways. CO₂ can be captured by plants, as they grow or absorbed by soils, minerals or chemicals, and locked up in the biosphere, oceans, underground, or even in long-lived products such as construction materials (including timber or

aggregates). These stores vary in size and stability, and methods for getting carbon into them vary in cost and readiness. Trees, for instance, are literally a shovel-ready way to soak up carbon with many additional benefits. But the carbon they store can be released by fires, pests or logging. Storing CO₂ underground offers a more stable reservoir and could hold 100 times as much, but methods of inject-

ing it from the air are expensive and at an early stage of development. Nevertheless, a raft of innovations, competitions and start-ups are emerging. Some experts worry that carbon removal could prove to be a mirage particularly at the massive scales assumed in some pathways for reaching net zero which distracts from the critical task of reducing emissions. So how do we get removals right?

A CLEAR VISION

Governments around the world should have a clarity on what they want and how to remove carbon dioxide. Awareness is the key. In other words, a clear vision would help people see the merits of investing to remove CO₂, while also indicating which emissions sources should be stopped entirely.

INCENTIVES

How does a business earn a profit from removing CO₂ from the air? At present, there are no long-term, government-backed incentives for the removal and storage of carbon. Countries should lure industries with tax benefits, subsidies, etc to play a pro-active role in removing carbon from air.

INNOVATION

The types of approaches that remove CO₂ permanently are more expensive than most decarbonisation measures, such as energy efficient lighting, insulation, solar and wind power or electric cars. Government support for research and development, and policies to encourage deployment are crucial to stimulate innovation.

The Intergovernmental Panel on Climate Change (IPCC) has stated that in order to keep global warming below the Paris climate target of less than a 2°C rise in average global temperature, we need an array of mitigation efforts that include massive cuts to emissions, as well as literally removing carbon dioxide from the air. To reach that target, the IPCC has found that we need to extract some 670 billion tons of carbon dioxide from the atmosphere this century. Doing that requires a process called carbon removal, which comes in many different forms.

PUBLIC SUPPORT

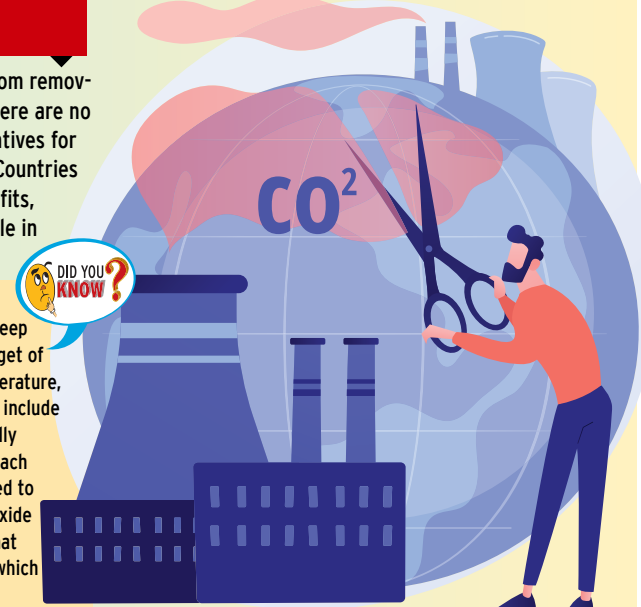
Carbon removal at the scales under discussion will have big implications for communities and the environment. Entire landscapes and livelihoods will change. Consultation is vital. Democratic processes, such as citizen assemblies, can help to find solutions that are attractive to different communities, increasing their legitimacy.

MONITORING, REPORTING

This is the vital but unglamorous work of ensuring that carbon removal is properly documented and accurately measured. Without it, citizens would rightly worry whether any of this was real, and whether governments were simply handing out public money to companies for nothing in return. Monitoring, reporting and verifying carbon storage in soil is a major challenge, requiring a complex system of in-field sampling, satellites and models.

DECISION-MAKING

A lot of information about CO₂ removal resides in academic literature and focuses on global-scale scenarios. But actually doing it will involve people ranging from local farmers to international financiers. All will need tools to help them make better decisions, from easy-to-read manuals to improved models.



WhatsApp privacy policy deadline extended to June 19 in some countries, nothing for India as yet

WhatsApp has reportedly extended its privacy policy acceptance date in select regions till June 19, 2021. Facebook-owned instant messaging platform earlier asked users to accept the new terms by February 8 but after a lot of criticism, it postponed the date to May 15. However, the messaging service scrapped its 15 May deadline for users to accept its controversial privacy policy update, and said not accepting the terms will not lead to deletion of accounts. According to WABetaInfo, WhatsApp is likely to announce a new date for some users, probably living in specific countries like Germany and Argentina (it's not confirmed yet), where the government has suspended the updated Terms of Service: June 19, 2021. With-

To accept the new privacy policy, users will just need to tap on the 'Agree' option that appears on the screen when they log into the app. "By tapping Agree, you accept the new terms and privacy policy," WhatsApp shows this banner on the screen



in the given date, some WhatsApp users will have to accept the terms if they want to continue using WhatsApp without any limitation.

After CBSE, CISCE cancels class XII Board exams

The CISCE on Tuesday decided to cancel the class XII Board examinations this year in view of the Covid-19 situation, according to its secretary Gerry Arathoon. "The exams have been cancelled. The alternative assessment criteria will be announced soon," Arathoon said. The decision by the Council for the Indian School Certificate Examinations (CISCE) came on the lines of cancellation of the board exams by CBSE, which was taken at a high-level meeting chaired by PM Narendra Modi.



HONG KONG WOMAN BREAKS RECORD FOR FASTEST ASCENT OF EVEREST

Hong Kong mountaineer Tsang Yin-hung has recorded the world's fastest ascent of Everest by a woman with a time of just under 26 hours, a Nepal official said. Tsang, 44, scaled the 8,848.86-metre mountain in a record time of 25 hours and 50 minutes recently, Everest base camp's government liaison officer Gyanendra Shrestha said. "She left the base camp at 1:20 pm and reached (the top at) 3:10 pm the next day," Shrestha said.



■ The fastest woman to conquer Everest had been Nepali Phunjo Jhangmu Lama when she completed the climb in 39 hours 6 minutes.

■ In 2017, Tsang became the first Hong Kong woman to reach the top.



RE imagine, create, store

Covid-19 Pandemic situation has pushed us to rethink our responsibilities towards the environment and our well-being with an urgency. As the world celebrates World Environment Day 2021 with the mantra, 'Reimagine, Recreate and Restore,' we invite you to click here and bring a change with Toistudent.com

ReImagine

'Reimagine 2030 with The Use Of Clean Energy'. Write, Paint or Make a video. Log onto the Your Corner and Hall Of Fame section of the website and send in your entries

ReStore

Take the reins in your hand and restore the ecosystem of your choice.
PICK ONE FROM

- Forests
- Rivers and lakes
- Oceans and coasts
- Towns and cities
- Mountains

Share your ideas on how would you want to restore the balance

ReCreate

Recreating from waste has been a big theme during the pandemic. Tell us how have you been reusing from the waste— whether it's making plant pots from plastic bottles or compost for your terrace garden

SEND IN YOUR ENTRIES BY JUNE 4 AT
TOINIE175@GMAIL.COM AND
TIMESNIE175@GMAIL.COM
WITH YOUR NAME, CLASS, AND SCHOOL

WORLD ENVIRONMENT DAY SPECIAL



We do not inherit the earth from our ancestors, we borrow it from our children.

Native American Proverb

With children coming to the forefront of environment activism and debate, this WORLD ENVIRONMENT DAY (June 5), we have a SPECIAL EDITION for you that is all green – in spirit at least. You get plenty of greenspiration from students doing their bit, books, movies and documentaries, trivia, eco warriors, reasons to be hopeful, and how you too can make a difference. **Get ready to go green.**

I TOO AM AN ECO WARRIOR

Students tell you their little green deeds that can make a big difference

HOLD ON TO HOPE

Even as the news cycle doesn't bode well for Mother Earth, we tell you news that gives you reason to be positive

HERE COME THE PLANETEERS

Famous eco warriors – past and present. Read up to get inspired HOW CAN I HELP Online campaigns, petitions, initiatives, channels to follow that can help you do your bit for the world, even while sitting at home

MY GREEN READS

You recco, we read. Share your green reads with us... Also want to green your reading routine, we tell you how... Green sports personalities, inspiring celebs, lots of trivia and MORE

GET READY TO GO GREEN

Starting your kids schooling early can be bad for them: Study

Sending kids to preschool is a big milestone that all parents look forward to. It is for the first time their little one steps into the real world to learn basic life skills that prepare them for formal education and the future. While most of us believe that there is no right or wrong time to get kids enrolled in a preschool if your kid is ready for it, experts do not really agree with it.

As per a study, even if your kid is a gifted one and is a quick learner, sending him/her to school too early can be taxing for his mental health. The urge to send your kids to preschool is understandable, but it is better to wait for the right time for the sake of your little one's mental health.

The reason why sending kids to school early is harmful

The researchers of the new study recommend parents consider the age of their kids with their

They can spend time away from their parents



They should be toilet trained

peers in kindergarten. A big difference can take a toll on your child's mental health. According to a new study, kids who are younger than their peers (closer to the minimum age cut-off for starting school) tend to perform poorly in class and require much more attention than their classmates. The study carried out by

the researchers of the University of Exeter Medical School in England is the one that revealed that starting school too early may impact your child's mental health.

The study

For the study, the team of researchers used data from an existing study called the 'Supporting Teachers and Children in Schools Study' (STCS Study). This study was carried out on 2,075 elementary school students (ages five through nine) from 80 different schools in Devon, England. The study included

They can sit still for short periods

a series of questionnaires asked from parents and teachers, which helped the team assess the episodes of negative emotions experienced by kids like worry and fear, having poorer relationships with their peers, behavioural and concentration issues.

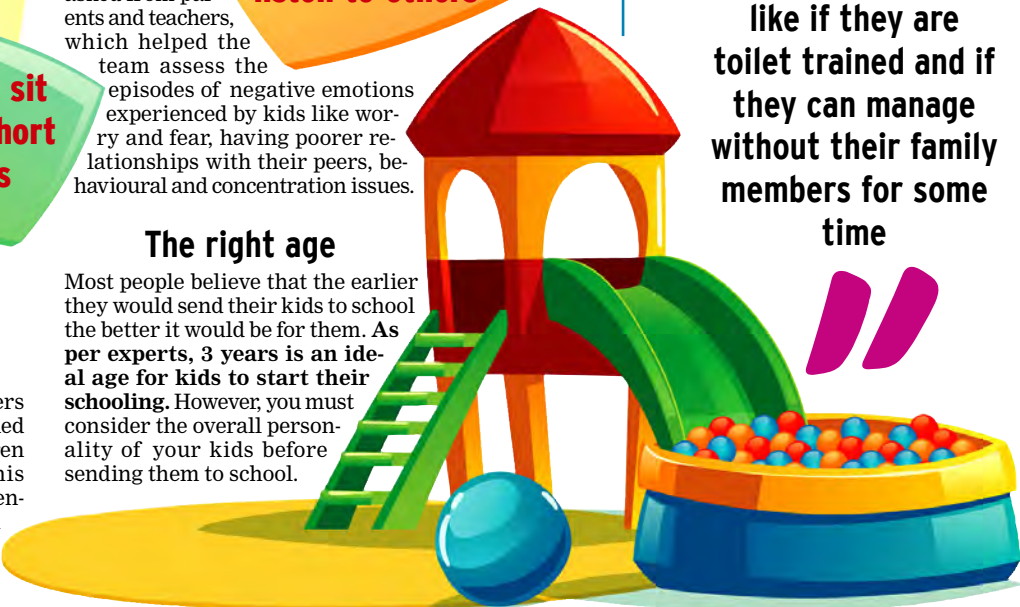
The right age

Most people believe that the earlier they would send their kids to school the better it would be for them. As per experts, 3 years is an ideal age for kids to start their schooling. However, you must consider the overall personality of your kids before sending them to school.

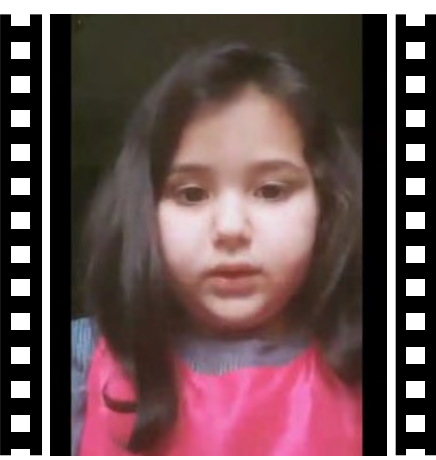
Parents should look at few parameters before making their kids join preschool: like if they are toilet trained and if they can manage without their family members for some time



They can communicate their needs and listen to others



Online fatigue, burden is a real issue



6-yr-old J&K girl's online school woes goes 'viral'

The recent video of six-year-old Mahira Irfan from J&K complaining to PM Modi about the burden of school work has gone viral. Educators are rethinking strategies to make digital life less cumbersome. Times NIE, in a series of articles, delves deeper into the issue of online fatigue on young minds

DEEBASHREE MOHANTY
(with inputs from centers)

Pandemic school is taking a toll on students, especially youngsters who are pressured to perform in a medium that they are not too comfortable with. The janus-faced online classes brings with itself a plethora of problems, physiological and psychological. According to mental

health experts, online schooling can have long-lasting impact on young minds: "It's a psychological disconnect for students as they are at home and at liberty to do as they please but the reality is burden of attending online classes, paying attention, submitting assignments through apps, keeping in sync with tech," says psychologist Hiren Tyagi, Delhi.

Struggle for primary class students



When it comes to primary classes, it can be a burden. Younger children are at a stage where they are beginning to learn to communicate with others, this gets cut off through virtual classes. They are also easily distracted, too much of anything can be stressful for them. **SANJANA SENTHIL**, class IX, SBOA Global School, Chennai

IN CONCLUSION

We have to come to terms with hybrid, flexible, and flipped classrooms that will become the new norm. Along with this, the use of digital tools and online learning platforms will continue to accelerate. In part two of the series, parents of young students tell stakeholders to come up with strategies to make virtual classes more energising and easy to manage.

Lack of free time is a problem

Online classes are stressful since apart from classes, there are online tuitions too and the fine line between classes and free time has blurred, so we end up studying most of the time. The classes in school were never so overbearing with breaks, PT periods and chats with friends.

SRINJOY TALUKDAR, class 9, Calcutta Boys' School, Kolkata

Zoom class burnout is too real

The suddenness of online learning has hit us real bad. In physical classes we had smaller periods, breaks in between and physical exercise classes to look forward to. But online classes mean focus for longer hours at a stretch. Then there are homework and 'chalo padho' modules that have to be completed within a time frame. I end up studying 6-8 hours daily and I am just in class IV.

Simran Dutani, class IV, DPS, New Delhi

A six-year-old's appeal: reduce excess work...

A video of six-year-old Mahira Irfan complaining to PM Narendra Modi about the burden of online classes has gone viral on social media for the right reasons. She is seen comparing the burden of classes/homework of students her age to that of senior class students. The frustrated J & K kid asks PM Modi to give her reasons for the same. Is it worth it? The video got a response from J&K Lieutenant Governor Manoj Sinha, who has directed the school education department to come out with a policy within 48 hours to lighten burden of kids.

Burden for young kids

Re-creating school with six to seven hours of curricular content is like a burden for young kids. At a time when venturing outside is strictly prohibited, students do feel trapped and stressed out.

NIMISHA SONI, class IX, Zebar School for children, Ahmedabad



tête-à-tête with environment editor

on June 5

Have a Big E-dea on how you can make a difference this Environment Day? Tell us and you could feature in a live interview with our editor!

Send your entries at:
toiniet175@gmail.com; timesnie175@gmail.com

Send in a short write-up of about **100 words** on what your idea is - your strategy to tackle environment-related issues. Do mention your contribution towards ensuring a green, clean and free environment.

HOW TO PARTICIPATE

Clearly mention your name, class, school, city along with your valid email id to connect for the interview.

Selected candidates get to feature in the **special live interaction on June 5** through a **zoom call**.

REMEMBER

- Last date for entries: **June 4 before 2 pm.**
- Only those students should participate who are free for a short interaction on **Saturday, June 5.**

For more on this, visit us at www.toistudent.com

CAPTAIN KOHLI'S quarantine life meals

KOHLI LOVES EGGS, SPINACH AND DOSA!

HEALTHY RECIPE TO UP PROTEIN INTAKE

Tangy Tasty Raw Mango Dal

Sportspersons love good old dal, which is a powerhouse of protein. Here's a dal recipe that you can have *a la* Virat Kohli to get your share of protein.

INGREDIENTS

- 1/2 teaspoon mustard seeds
- A pinch of heeng
- 4 curry leaves
- 150 gm toor dal
- 1 teaspoon salt
- 1/2 teaspoon cumin seeds
- 2 red chillies
- 1 medium

sliced raw mango ● A pinch of turmeric

HOW TO MAKE

Step 1: Steam cook toor dal and once it's done, keep it aside. Now, cut raw mango into small cubes or slices.

Step 2: Add mustard seeds, cumin seeds, heeng and red chillies followed by curry leaves. Then, take a pan and heat it on low flame. Add either one tablespoon of

ghee or one tablespoon of oil to this mix.

Step 3: As soon as the mustard seeds begin to crackle, add diced raw mango slices and mix well. You can add 50-75 ml of water for the mango to cook. After leaving the mango to cook for 3-5 minutes, add toor dal.

Step 4: Add turmeric and salt to taste. Allow the dal to cook for another 5 minutes on low flame. Now your mango dal is ready to be had along with rice or chapati. Enjoy. **TNN**

Cricketer Virat Kohli is very active on social media and keeps his fans entertained with his posts/stories. While interacting with fans recently on social media, Kohli revealed the secret of his good health!



Virtual Annual Day Celebrations

On 29th May during the lockdown induced by the Covid-19 Pandemic, Anjuman-I- Islam's Dr. Mohammad Ishaque Jamkhanawala Girls' High School and Junior College Of Science and Commerce had organized virtual annual day.

A virtual annual day celebration and prize distribution function was held live on their Anjuman Bandra YouTube Channel. The Program commenced with Qirat recited by Shaikh Zainab of class X which was followed by Tarana -e-Anjuman. Principal Saba Patel introduced the chief guest for the day -- Tazeen Siddique NASA Lead Space App Challenge Telangana managing director Mansha Educational Society, who has accounted many awards in her name Nationally, internationally and even in the field of education.

The president Dr. Zahir I. Kazi also graced the occasion by joining us virtually. After welcoming the guest and president Dr. Zahir I. Kazi, Saba Patel took everyone to a journey that has left a mark and all were facing new challenges. This was followed by a brief speech of Meenaz Baig, who highlighted about Quran classes during the pandemic by all school teachers and staff members.

The results of S.S.C and H.S.C were showcased by Shabana Coatwala. The detailed record of staff meetings was presented by supervisor, Dr. Arundhati Agnihotri. The series of webinars and in-house training and many more other activities was well elaborated by vice-



principal, Zohra Sakrekar. She also listed the webinars conducted by many elite members of the society.

Dr. Sanam Vaseem Shaikh gave an insight about the Digital Portal Platform and applications used

during online teaching and learning process. Firdous Shaikh gave thorough glance of the curricular and co-curricular activities conducted in school. During pandemic many remarkable days were also celebrated and many students took

part in them enthusiastically. Gazala Shaikh briefed about the concept of Mind Map among the students of Junior College. monthly activities conducted in Junior College were highlighted by Anjali Pendse. She also shared her views about online education and time management. Nilofer spoke about the National Vaccination Day. Rahila Mulla spoke about the charity work undertaken during Ramadans by eminent well-wishers. Safiya Farooqui spoke about the admission committee for the academic year. Moina highlighted the importance of their admin office, which worked throughout the year and maintained all the necessary records and correspondence with the Department of Education and Head Office of Anjuman-I-Islam.

Afsha Hetavkar updated the audience with comprehensive information of the proud moments and achievements accomplished by teaching staff and non-teaching staff and their children. Farheen Shaikh, librarian reminisced about the launch of "Anjuman YouTube Channel".

Dr. Arundhati Agnihotri acquainted the audience about the future endeavours of E-Magazine and initiating English Medium Pre-Primary Section. Tazeen Siddiqui was highly impressed by the hard work and dedication of each and every member of Anjuman-I-Islam, she also appreciated and acknowledged the hard work done by the students. Some of the prizes were announced by her for students.

CATEGORY 1 - Meritorious Students from Std. X and Std. XII (SCI & COM) (Academic Excellence Award)

From X:

- 1) Sakina Haseeb Siddiqui - X A 93.20%
- 2) Shabana Mohd Vakil Ansari - X B 93%
- 3) Danisha Khalil Shaikh - X A 92.2%

XII Science

- 1) Humera Anwar Khan - 81.23%
- 2) Nausheen K. Farooque Shaikh - 77.84%
- 3) Naheeda Afreen M.K. Anzar - 75.23%

XII Commerce

1. Nasreen M Shaikh- 88.62%
2. Gulafsha Nisar Shaikh- 85.08%
3. Rukhsar Chand Pasha Shaikh- 84.92%

CATEGORY 2

- Zestful and Active Student Award (Std. V to Std. XII)
- V-B Ansari Zuveriya Anwar Nakhwa
- VII-F Ansari Sarha Md Salim
- VIII-D Shah Ajra Abdul Hamid
- IX-A Fakhri Zunera Shoaib Ahmed
- X-B Shaikh Nahida Mohammad
- XI Sci - Shaikh Sidra Bano Nihaluddin
- XII-A Rathod Asbah Rizwan

CATEGORY 3

- Highest Online Attendance (Std. V to Std. XII)
- V-C Ansari Fatima Zohra 92.72%
- VI-F Aliya Ashfaq Shaikh 94.29%
- VII-B Alfisha Fazlurrehman

- 99.59%
- VIII-E Mantasha Parveen Dabir Ahmed Shaikh 98.37%
- IX-D Farhat Wali Mohammed 95.11%
- X-F Umme Salwa Abu Salhe 98%
- XI Commerce - A Sk Sana Mohammad Rizwan 98.79%
- XII-B Shama Rizwan Ahmed 91.38%

CATEGORY 4

- Best Student of the Year From Std X & Std. XII
- X-A Chougale Batul Muhammad Rafee
- XII Science- Shaikh Unaiza Mohd Alam

CATEGORY 5: Co-operative and Responsive Parent of the Year.

Jr College: Shaikh Mohd Nisar - XII SCI Parent of Shaikh Ifrah

Morning Shift: Shaikh Zainab Fatma Mohd Ajaz - XA Parent of Shaikh Zainab Fatma

Afternoon Shift: Shaikh Mohammed Ashfaq - VII A Parent of Alfiyq shaikh.

President Dr Zahir I. Kazi appreciated Teaching and Non-Teaching Staff by giving them Awards based on the voting done by all the Staff Members.

Winners are as follows:

- Teaching Staff**
1. Safiya Farooqui
 2. Asiya Shaikh
 3. Rahila Mulla

Non-Teaching Staff

Hamidat Sayyed

Helping Hand

Hajarunnisa Shaikh

ONLINE EXCHANGE PROGRAM

Exchange Programme is an arrangement in which students from different countries visit and meet each other to strengthen links between them. The Grade V students of N.L Dalmia High School got an opportunity to collaborate with the Snettisham Primary School, UK, for a cultural student exchange program. The conference was held on the 28th May, at 3:00 p.m. The topic of the exchange programme was Festivals and the event commenced with our vice principal Melita Coutinho welcoming everyone. It was followed by principal Seema Saini addressing students about the significance of such student exchange programme and broadening their perspective towards the culture and tradition of other countries across the globe. Next, they showcased the festive attires of the different states. Lastly, glimpses of a few known festivals were displayed along with their traditional dance performance by students.

The event continued with the programs presented by the Snettisham Primary School, where Carrie Smith introduced herself and the students. As it was the month of May, the students explained their traditions about 'May Day Celebrations' and displayed beautiful drawings by them.

Few students also spoke about their native flowers because May Day is about flowers and the spring time followed by other students reciting a beautiful poem. Lastly, the 'May Flower Crown' was presented to a student who excelled during the term.

There was a small prayer service followed by a short interactive session amongst the students of both the schools wherein students asked each other questions related to the festivals. The event concluded with vote of thanks from a student.

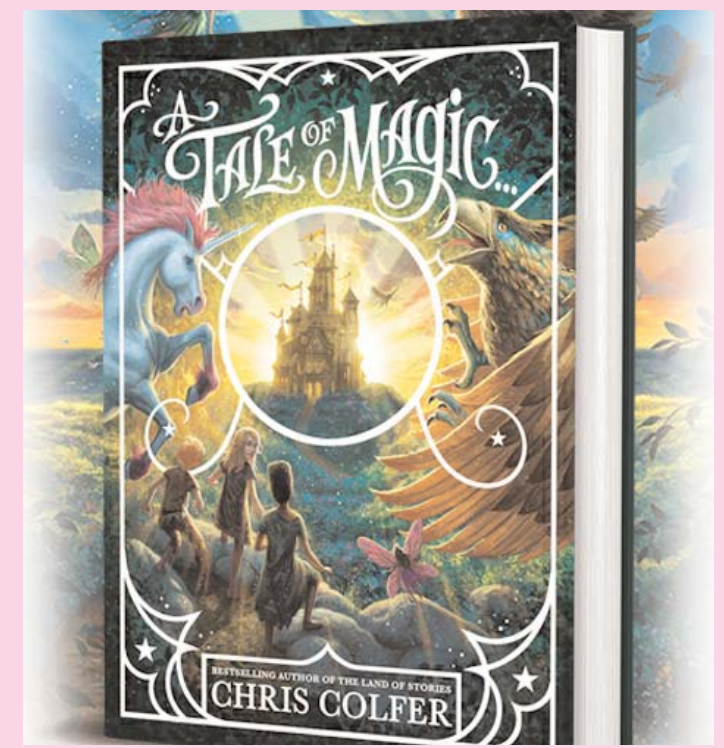
The event proved to be an enriching lifetime experience for students and teachers of both the schools.



BOOK: A TALE OF MAGIC - CHRIS COLFER

Fantasy fiction is commonly seen as a "fairy tale", but you'll change your mind when you read Chris Colfer's amazing sequel, A Tale of Magic. The plot revolves around Brystal Evergreen, a young girl who lives in a dystopian fantasy world where magic is outlawed and is ruled by a manipulative, cruel court of Justices. When Brystal meets Madame Weather berry and is invited to her Academy of Magic, things take a big turn when she discovers deep secrets about her teacher and the world she lived in. This book had me glued to the pages till the end. The plot twist at the ending had me screaming in awe, but also talked about harsh realities of life. Undoubtedly, this is an impressive, high stakes middle grade novel.

Kritisha Babu, Class IX, Lok Puram Public School



WEEKEND PLAN

Come weekend, and if you have no plans except binge watching on the internet; or Have got nothing to do amidst the lockdown? Don't fear because you are not alone but you can have the perfect solution!

This weekend arrange a virtual movie time with your family or friends along with some homemade popcorn and drinks! Try some cool chilling recipes amidst this summer.



Have a family game night this time. This weekend, try to strengthen relationships instead of just focusing on yourselves! After all, we still have a lot of time to stay in!

Noyonika Sharma, class X, Apeejay School, Nerul



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SLAM LEADERS PLEDGE RELOOK AT RULES

Naomi to work on making things better for players when time right

The leaders of the four Grand Slam tournaments reacted to tennis star Naomi Osaka's stunning withdrawal from the French Open by promising to address players' concerns about mental health. The pledge came in a statement signed by the same four tennis administrators who threatened the possibility of disqualification or suspension for Osaka on Sunday if she continued to skip news conferences.

Time away from court

■ The four-time major champion and No. 2-ranked player was fined \$15,000 when she didn't speak to reporters after her first-round victory at Roland Garros on Sunday. The next day, Osaka pulled out of the tournament entirely, saying she experiences "huge waves of anxiety" before meeting with the media and revealing she has "suffered long bouts of depression." Osaka, a 23-year-old who was born in Japan and moved with her family to the U.S. at age 3, said she would "take some time away from the court now, but when the time is right I really want to work with the Tour to discuss ways we can make things better for the players, press and fans."

Offer of support

■ Tennis players are required to attend news conferences if requested to do so; Grand Slam rules allow for fines up to \$20,000 if they don't

MEANINGFUL IMPROVEMENTS

"We intend to work alongside the players, the tours, the media and the broader tennis community to create meaningful improvements," a statement by the French, US and Australian Opens and Wimbledon said. On Tuesday, the four Slams said they "empathise with the unique pressures players face". However, they added: "Change should come through the lens of maintaining a fair playing field, regardless of ranking or status."

show up. "On behalf of the Grand Slams, we wish to offer Naomi Osaka our support and assistance in any way possible as she takes time away from the court. She is an exceptional athlete and we look forward to her return as soon as she deems appropriate," a statement from those in charge of the French Open, Wimbledon, U.S. Open and Australian Open said.

■ "Mental health is a very challenging issue, which deserves our utmost attention. It is both complex and personal, as what affects one individual does not necessarily affect another. We commend Naomi for sharing in her own words the pressures and anxieties she is feeling and we empathize with the unique pressures tennis players may face." French tennis federation president Gilles Moretton, All England Club chairman Ian Hewitt, US Tennis Association president Mike McNulty and Tennis Australia president Jayne Hrdlicka pledged to work with players, the tours and media "to improve the player experience at our tournaments" while making sure the athletes all are on a "fair playing field, regardless of ranking or status."

Providing qualitative environment for all

■ In a separate statement issued Tuesday to the AP via email, International Tennis Federation official Heather Bowler the sport will "review what needs to evolve" after Osaka "shone a light on mental health issues." "It's in all our interests to ensure that we continue to provide a respectful and qualitative environment that enables all stakeholders to do their job to their best ability, without impacting their health, and for the good of the sport," Bowler wrote. **AP**

Japan's Naomi Osaka reacts during her first round match against Romania's Patricia Maria



Photo: REUTERS

INDIA CAN REPEAT QATAR HEROICS IN WC QUALIFIERS: SANDHU

Gurpreet Singh Sandhu believes India is hungry for success; has the ability to beat Asian teams to eventually qualify for the Olympics

Gurpreet Singh Sandhu was simply unbeatable in the FIFA World Cup qualifier against Qatar at the Jassim Bin Hamad Stadium in Doha. The India goalkeeper came up with 11 saves to keep the rampaging Asian champions at bay on September 10, 2019. It was for the first time that Qatar dropped points against Asian opposition, and as the teams prepare to face off again on Thursday, Gurpreet believes they can continue to punch above the weight. "It's not impossible," Gurpreet told TOI. "If we have done it against Qatar (in the past), we can do again. We believe in our abilities. Everyone is hungry to play for the country again." India are returning to the quali-

fiers after 18 months. With the third-placed team assured of a direct spot in the third round of the Asian Cup 2023 qualifiers, Igor Stimac's side must win two of their three games.

Then there is the matter of wiping out memories of the embarrassing 0-6 defeat against UAE when the national team last made an appearance. In Gurpreet's eyes, there are other reasons too. "The situation (due to coronavirus pandemic) is not all that great right now. Everyone wants to have something good happening in their life and this will be our chance to provide that to the people of our country," said India's numero uno goalkeeper. Before the pandemic paralysed the world, India were on the road to recovery. The famous draw

against Qatar was preceded by an impressive showing, against Oman in Guwahati. "It's difficult to judge a team in the middle of a pandemic," said Gurpreet. "Before the pandemic, we had a clear roadmap. We transitioned into a good team, difficult to play against. Things were happening pretty well. To try and get hold of things is a challenge." The 29-year-old goalkeeper, only Indian to feature in the Europa League, European football's second-tier club competition, believes India's fourth position in the group, is a fair reflection of what they have done in the qualifiers. India face Asian champions Qatar on June 3, followed by Bangladesh (June 7) and Afghanistan (June 11). **AP**



Gurpreet Singh Sandhu

Photo: TOI

BEST PERFORMANCE BUT ANGRY ABOUT LOSS: PANGHAL

He is still a bit angry about that "unfair" loss in the finals but Olympic-bound Indian boxer Amit Panghal (52kg) on Wednesday described his silver-winning performance at the Asian Championships as the best of his career so far. The 25-year-old boxer from Haryana was the defending champion before he lost to old nemesis, Uzbekistan's reigning world and Olympic champion Shakhobiddin Zoirov in the final in Dubai. The result read 3-2 in favour of the Uzbek and the Indian team's protest, seeking a review, was rejected. "This is by far my best performance in the 52kg category. I should have won that final and I was angry



Amit Panghal

when I did not," Panghal, the reigning Asian Games champion. "I had given it my all and I felt I deserved to win but it's ok. The scoreline has narrowed down to 2-3, it was 0-5 earlier," he said referring to the loss to Zoirov in 2019. **PTI**

QUIZ TIME!

Q1: Who was the first player to score a double century as a night-watchman?

- a) Jason Gillespie ☐ b) Ashwin Ravichandran ☐
 c) Ishant Sharma ☐ d) Lasith Malinga ☐

Q2: At any one time, how many players on a cricket field wear gloves?

- a) Three ☐ b) Four ☐ c) Five ☐ d) Six ☐

Q3: The famous C.K. Naidu Trophy is associated with which sport?

- a) Badminton ☐ b) Hockey ☐
 c) Lawn Tennis ☐ d) Cricket ☐

Q4: Who is the first woman cricketer in the world to score 7000 runs in one day international?

- a) Mithali Raj, India ☐
 b) Charlotte Edwards, England ☐
 c) Belinda Clark, Australia ☐
 d) Karen Rolton, Australia ☐

Q5: In which athletics event is 45 metres the maximum permitted run up?

- a) Long Jump ☐ b) Shot Put ☐
 c) Pole Vault ☐ d) Gymnastics ☐

Q6: Which is the only London football club to win either the European Cup or the Champions League?

- a) Tottenham Hotspur ☐ b) Chelsea ☐
 c) Arsenal ☐ d) West Ham United ☐

Q7: Karnam Malleswari is the first and only Indian woman weightlifter to win an Olympic medal. In which games did she win it?



Photo: GETTY IMAGES

- a) Sydney 2000 ☐ b) London 2012 ☐
 c) Athens 2004 ☐ d) Atlanta 1996 ☐

Q8: Which circuit stages the Italian Formula 1 Grand Prix?

- a) Carlos ☐ b) Monza ☐
 c) Mugello ☐ d) None of the above ☐

Q9: What is the Australian men's hockey team called?

- a) Koalas ☐ b) Dingos ☐
 c) Kookaburras ☐ d) Cockatoos ☐

Q10: Who will be defending her French Open singles title this year?

- a) Sofia Kenin ☐ b) Ashleigh Barty ☐
 c) Simona Halep ☐ d) Iga Swiatek ☐

Q11: Which English Premier club lost their last game (at home), to miss out on the Champions League?

- a) West Ham United ☐ b) Leicester City ☐
 c) Chelsea ☐ d) Tottenham Hotspur ☐

Q12: Who has won the most singles titles, since 1968 (the start of the Open Era)?

- a) Steffi Graf ☐ b) Justine Henin ☐
 c) Serena Williams ☐ d) Chris Evert ☐

ANSWERS: 1. a Jason Gillespie
 2. a. Three (2 batsmen and 1 wicketkeeper)
 3. d. Cricket 4. a. Mithali Raj, India
 5. c. Pole Vault 6. b. Chelsea
 7. a. Sydney 2000 8. b. Monza
 9. c. Kookaburras 10. d. Iga Swiatek
 11. b. Leicester City 12. d. Chris Evert