



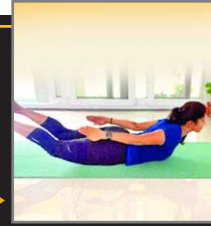
THE TIMES OF INDIA

www.toistudent.com
**TODAY'S
EDITION**

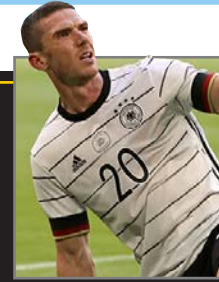
➤ Did you know art has the power to heal young minds?
➤ Learn more about Covid vaccination and digital divide
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➤ Euro 20: Germany bounce back with a win over Portugal
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STUDENT EDITION

MONDAY, JUNE 21, 2021


WEB EDITION
[CLICK HERE: PAGE 1 AND 2](#)

CBSE developing IT system to assist schools with tabulating class XII results

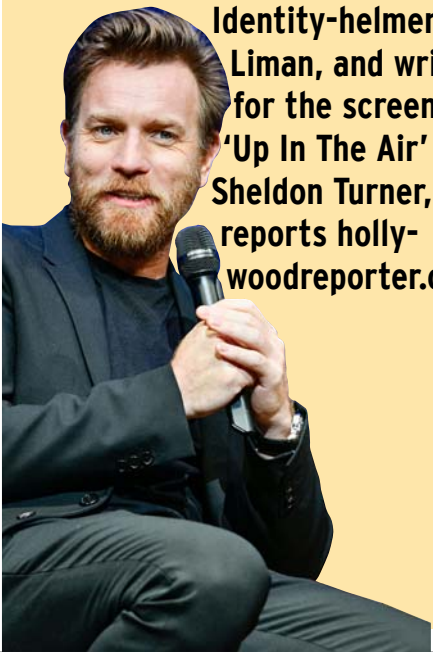


The Central Board of Secondary Education (CBSE) has developed an IT system to assist schools with tabulating class XII results by easing down calculation work and reducing time taken, a top official said on Friday. "This system will ease down the calculation work, reduce time taken and so many other hassles. This system will also pre-populate marks of class X of the students passed from CBSE. Efforts will also be made to take other boards' class X results data," the official said. "CBSE will continuously communicate with all the schools to ensure that without any problem, result is prepared by the schools. CBSE will also establish a help desk to assist the schools in preparation of result of both class X and class XII from next week," he added.

- According to the policy for class XII results, decided by a 13-member panel set up by the board, the theory paper evaluation formula is: 30 per cent weightage will be given to class X marks, 30 per cent to class XI marks and 40 per cent weightage to class XII marks obtained in unit test/mid-term/pre-board exams
- The CBSE scheme further elaborated that for class X, the 30 per cent marks based on average theory component of best three performing subjects out of main five subjects will be taken

Ewan McGregor to play George Mallory in 'Everest'

Hollywood star Ewan McGregor is all set to play the late British mountaineering legend, George Mallory, in the upcoming adventure drama 'Everest'. The film is directed by The Bourne Identity-helmer, Doug Liman, and written for the screen by 'Up In The Air' writer Sheldon Turner, reports hollywoodreporter.com.



Cheetahs to get reintroduced in India by the end of this year


**WILD
LIFE**

Cheetah, the world's fastest land animal, which was declared extinct in India in 1952, is expected to be re-introduced into the country in November this year at the Kuno National Park in Madhya Pradesh, state forest minister Vijay Shah has said. It will get eight cheetahs, five males, and three females from South Africa. The Supreme Court had earlier given its approval to introduce African cheetahs to a suitable habitat in India on an experimental basis. Officials from India will be sent to South Africa for sensitisation and training in June and July this year, and according to the plan, the transportation of the cheetahs will take place in October and November, he said.

WHY KUNO?

- Kuno, located in the Chambal region, is spread over an area of over 750 sq km, and has a conducive environment for the cheetahs
- The protected area, comprising a considerable population of four-horned antelopes, chinkara, nilgai, wild boar, spotted deer and sambar, has a good prey base for the cheetahs

The country's last spotted cheetah died in Chhattisgarh in 1947, and it was declared extinct in the country in 1952

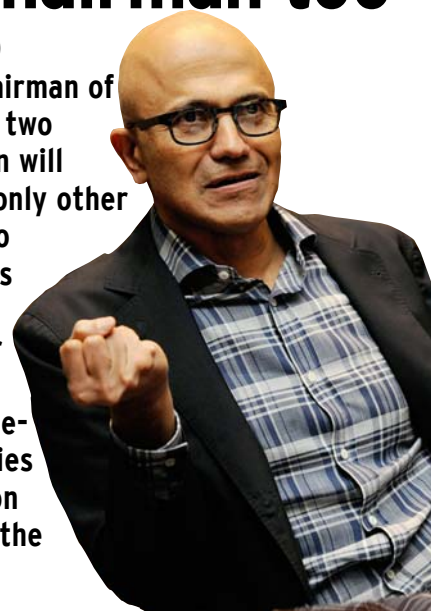


- | | |
|--|---|
| <p>■ 1. Where are most cheetahs found?</p> <p>A) Brazil
B) Africa
C) USA</p> | <p>■ 3. What is the average speed of a cheetah during a chase?</p> <p>A) 8 miles/hr
B) 40 miles/hour
C) 70 miles/hour</p> |
| <p>■ 2. What colour are cheetah cubs?</p> <p>A) Grey B) Tan
C) White</p> | |

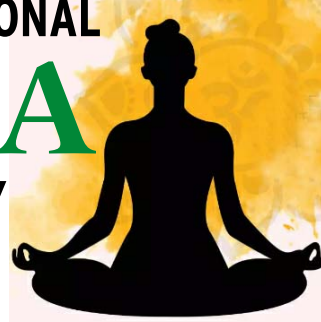
Answer: 1.B, 2.A, 3.B

CEO Satya Nadella steps in as Microsoft Chairman too

Microsoft has elected CEO Satya Nadella as the Chairman of the tech giant, a first in two decades, when Microsoft's chairman will also be its CEO. Bill Gates was the only other Chairman and CEO of Microsoft, who stepped down as CEO in 2000. In his role as the Chairman, Nadella will lead the work to set the agenda for the board, leveraging his deep understanding of the business to elevate the right strategic opportunities and identify key risks and mitigation approaches for the board's review, the company said.


**THIS DAY
THAT YEAR**
(JUNE 21)

INTERNATIONAL YOGA DAY



International Yoga Day is observed to highlight the importance of yoga and the pivotal role it plays in rejuvenating our mind and the body, leading to a healthier lifestyle. Believed to have been originated in India thousands of years ago, India, under the leadership of PM Narendra Modi, took the initiative to observe June 21 as Yoga Day, during his speech at the United Nations (UN) General Assembly, on September 27, 2014. According to the UN website, the theme for the International Yoga Day 2021 is 'Yoga for well-being', i.e. how the practice of yoga can promote the holistic health of every individual.

World Music Day


Also known as Fête de la Musique, the World Music Day celebrates and honour the musicians and singers. First celebrated in the year 1982 on the Solstice in France, this day is observed to provide a platform to amateur and professional musicians to showcase their talents to the world.

**FOR THE
RECORD**

Cristiano Ronaldo scripts footballing history at Euros, becomes all-time top scorer

Portugal captain Cristiano Ronaldo made history at the European Championships, as he became the all-time top scorer in the summer tournament after his record-shattering 10th and 11th finals goals in the opening Euro 2020 match against Hungary. Ronaldo's late brace also saw him moving onto 106 international goals, three shy of footballing immortality – Iranian striker Ali Daei's all-time record international goals tally of 109.

- Cristiano Ronaldo, who was playing his record fifth European Championship, overtook the previous mark of nine goals set by France's Michel Platini in Euro's all-time leading scorer list
- On the list of active players, only France's forward Antoine Griezmann comes close to the five-time Ballon d'Or winner, as he has scored six goals in the seven matches played at the Euros



Quote unquote



India is home to one of the world's largest start-up eco systems. Several unicorns have come up in the recent years. India offers what innovators and investors need. I invite the world to invest in India based on the five pillars of Talent, Market, Capital, Eco-system and, Culture of openness. Let us remember disruption does not mean despair, instead, the focus should be kept on the twin foundations of repair and prepare. This time last year, the world was still seeking a vaccine. Today, we have quite a few. Similarly, we have to continue repairing health infrastructure and our economies. We in India, implemented huge reforms across sectors, be it mining, space, banking, atomic energy and more. This goes on to show that India as a nation is adaptable and agile, even in the middle of the pandemic

PM Narendra Modi addressing the 5th edition of VivaTech, one of the largest digital and start-up events in Europe



5 BOOKS recommended by Bill Gates for summer 2021

Philanthropist Bill Gates shared his summer reading list for 2021. He says, “I find myself reaching for books about the complicated relationship between humanity and nature. Maybe it’s because everyone’s lives have been upended by Covid. Or because I’ve spent so much time this year talking about what we need to do to avoid climate disasters.”

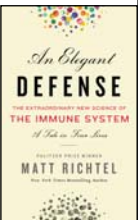
A PROMISED LAND by Barack Obama

A Promised Land’ is part one of a four-volume memoir by former US President Barack Obama about his early career till the mission to kill Osama bin Laden. Gates wrote that he likes books about American presidents, and especially loved this one for its honesty and great writing.



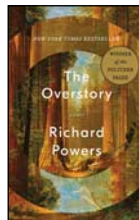
AN ELEGANT DEFENSE: THE EXTRAORDINARY... by Matt Richtel

Richtel wrote his book before the pandemic, but this exploration of the human immune system is nevertheless a valuable read that will help you understand what it takes to stop a pandemic. He keeps the subject accessible by focussing on four patients.



THE OVERSTORY by Richard Powers

This book got Richard Powers the 2019 Pulitzer Prize for Fiction. “This is one of the most unusual novels I’ve read in years... I was moved by each character’s passion for their cause and finished the book eager to learn more about trees,” Bill Gates said about the book.



UNDER A WHITE SKY... by Elizabeth Kolbert

Gates has called Kolbert’s book “an enjoyable read”. “Kolbert’s latest is the most straightforward examination of ‘humanity versus nature’ on this list. She writes about a number of the ways that people are intervening with nature, including gene drive and geoengineering,” he wrote.



LIGHTS OUT: PRIDE,... by Thomas Gryta & Ted Mann

The book delves into the mistakes made by General Electric’s leadership, which led to the company’s downfall. “If you’re in any kind of leadership role – whether at a company, a non-profit, or somewhere else – there’s a lot you can learn here,” Bill Gates said about the book.



BILL GATES READ RECENTLY

In late March 2021, Bill Gates did a Reddit AMA (Ask Me Anything), where he shared book names he recently read. “Barack Obama’s autobiography is good. ‘The Overstory’ is a great fiction book a friend got me to read,” he said.



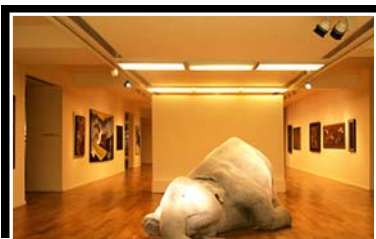
Heal young minds with Art

Pallavi.shankar@timesgroup.com

When times are tough, people seek refuge in art – to handle tough times, challenges, boredom. With a pandemic still on and affecting our lives, art can offer solace to a battered world, especially to children as they have been through what was unheard of and unimaginable...they lost social connecti-

Art galleries around the world have responded to the new reality of the Covid era with online viewing rooms. Students interested in art can explore a lot and learn a lot here

ty that is an inseparable part of a child’s growing up years. From the first wave to second wave, no physical school, and no play time with friends, they have had to live with these changes and uncertainties. Kiran Nadar, art patron and collector, and founder of The Kiran Nadar Museum of Art (KNMA), Delhi, in a conversation with Times NIE gives ideas and tips to kids on how to use art to cope better with pandemic-related crises and also to understand art for the wholeness it provides to life.



Q. What do you think is the future of art in the time of pandemic and can online art material help in keeping it alive?

A. Art museums and galleries have been very creative and have adapted to the new online world pretty well. The digitisation of art has helped museums expand their reach and cater to new audiences who may never have the chance to visit these places physically as they are located in different corners of the country. However, I think that nothing can replace the feeling of standing in front of a work of art and feeling it. The in-person experience will never become obsolete.

Q. How can art help children heal from the devastating social and psycho-

logical effects of the pandemic?
A. I think art has many facets that can help to calm the mind and enhance focus too. Whether it be appreciating a work of art, or creating a work of art, there are many elements that can have an almost meditative effect. Encouraging children to paint or draw their emotions can also be therapeutic. In the same manner, even something as simple as colouring books can be healing for children and parents alike.

Q. Are there ways in which children and teens can manage quarantine life with the help of art?

A. Some of virtual methods we used to stay relevant are as follows: through interesting activities like virtual tours, art puzzles, m i n d f u l n e s s through art workshops, solving virtual art-based jigsaw, game craft art, theatre workshops, storytelling sessions, a children’s film festival and DIY art series.

INTL MUSEUMS (Now Online)

- Musée du Louvre
- The New York Metropolitan Museum of Art
- Whitney Museum of American Art
- The British Museum
- Google Street Art Project

INDIAN MUSEUMS (Now Online)

- vadehraart.com
- indiaartfair.in
- dagworld.com
- knma.in
- sanchitart.in



Art Initiatives After Covid

■ The Sunaparanta Centre of Arts in Goa launched a Surviving SQ (Self-Quarantine) programme as curator Leandre D’Souza and programme patron Isheta Salgaocar thought that this period of self-isolation is ideal for art to blossom.

■ Hans-Ulrich Obrist, an eminent art curator in the UK, did a mammoth public art project (similar to what the then American president Franklin D Roosevelt set up during the Great Depression of the 1930s) in response to the current global crisis.

■ The Kiran Nadar Museum of Art (KNMA), Delhi, is driving dynamic outreach online programs to nurture a museum-visiting culture among India’s youth. Earlier such programs were done in person, and KNMA conducted art education programs in which around 90,000 school and college students participated.

■ Global Art fairs like Art Basel and Art Dubai went online a few months after Covid struck.

Nurturing creativity

Use the powerful medium of art to connect to your inner artist and to understand and appreciate art

Covid Vaccination: Digital Divide



Vaccination, according to scientists and medical professionals, is the best option for managing the Covid-19 pandemic. In India, citizens who want to get vaccinated must first register on the government’s CoWin app or website.

People may also register through the Aarogya Setu app, where they must give some basic information in order to be placed on the waiting list for getting the vaccine. Except for Aarogya Setu, there is no authorised smartphone app for registering for vaccinations in India. You can also use the Setu app to access the CoWin portal.

Each day, vaccination centres provide a limited number of on-the-spot registration slots.

Beneficiaries above the age of 45 can make appointments online or stroll into immunization clinics. Beneficiaries between the ages of 18 and 44, on the other hand, must register and schedule appointments online before visiting a government or private vaccination centre.

The vaccine will need to be administered to around 1.9 billion adults in India. While the government claims that 2.16 billion vaccinations would be accessible by the end of 2021, India’s daily vaccination rate has dropped to 1.6 million per day from 3.6 million in April—and with a population of about 1.4 billion, that means that about 230 individuals compete for a single shot. At the present pace

of vaccination, it will take 2.4 years to inoculate everyone, and epidemiologists predict the virus will change before then, maybe to withstand existing vaccinations.

Covid-19’s second wave has ravaged India’s most rural as well urban areas, with roughly



By HERRAH BHATIA
Class: XII-A (Arts)
School: Mayo College Girls School, Ajmer

30 million cases and 3.7 lakh fatalities registered so far. Due to vaccine hesitancy and a shortage of immunizations, just 3.6 percent of the population is completely immunised. Vaccinations are now available to all citizens above the age

The second wave ravaged India’s many rural as well as urban areas, with roughly 30 million cases and 3.7 lakh fatalities registered so far

of 18, however, due to a significant digital gap, the rural population, and the technologically illiterate have been have been at a significant disadvantage to avail the immunization programme.

The disparity between India’s reality and this strategy has led to criticism of the CoWin app’s effectiveness, especially for rural India.

Around 500 plus million Indians still use feature phones, which prevent them from using digital apps. Only 25% people in rural areas have a smartphone. So, the government should provide an alternative to the CoWin app/website to bridge the digital gap in the fight against Covid.

Pets help kids sleep better at night!

A new study published in the journal ‘Sleep’ has found out that co-sleeping with pets improves the quality of sleep in children. Researchers at Concordia’s Pediatric Public Health Psychology Lab (PPHP), Canada, revealed that the sleep quality of children sharing beds with their pets is much better than the ones who sleep alone. Sleeping with your pet can calm you down and give a greater sense of comfort and ease, especially among children. Here are some ways in which sleeping with pets benefits children.

Releases stress and increases feeling of safety

Children share a friendly bond with their pets that helps them relieve stress. Studies have shown that cuddling with the pets releases oxytocin in the body of the children that reduces stress and also



The sleep efficiency and routine of children sleeping with pets are much higher than the ones sleeping alone

enhances the happy hormones. Following this, the body lowers the release of stress chemical cortisol and helps children to have a good night’s sleep. Additionally, sharing a bed with a pet makes kids feel safe. Many children do get scared at night and believe that pets will fight off the monsters under their bed at night. Isn’t that really cute and harmless!

Improves sleep quality

A pet’s body warmth, heartbeat, and caring nature helps kids feel cosy and nice. This is why they tend to sleep soundly with their pets in bed. The sleep efficiency and routine of children sleeping with pets are much higher than the ones sleeping alone. While sharing a bed with pets, the brain promotes theta brainwaves that produce a calming effect in kids. So, bring on the pets in kids’ rooms – just make sure they are squeaky clean. TNN

Healthy Life

Lemon is known for being rich in vitamin C – the vitamin of immunity, good skin and robust health. The fruit also contains vitamins E, A, and some B vitamins as well. Here are five reasons why lemon should find a place in your daily diet.

Helps in the digestion process

Many people drink lemon water as soon as they wake up in the morning because it helps in the digestion process. It breaks down the food at a slower rate, which helps our body to absorb more nutrients. Also, the digestive fluids present in your stomach have the same acid level as a lemon. This helps your food to move smoothly and with ease through the digestive system. Lemon also helps ease constipation and other gut-related issues.

Strengthens the immune system

Lemon has anti-inflammatory proper-

5 Ways Lemon Can Heal Your Body



ties that encourage strong respiratory health. It has Vitamin C and potassium, which boosts the immune system and protects your brain from cellular damage. Also, it has anti-bacterial properties as it contains substances that help to fight off flu and cold viruses.

Defends body against free radicals

Free radicals are enemies of your body in the true sense because they are one of the causative factors for ageing. They may promote the development of cancer and cell death due to the oxidative damage they impose on the human body. Now, Vitamin C being one of the antioxidants present in lemons helps to ward off these free radicals and prevents cellular mutation. It also helps your body to heal faster and prevents acne, wrinkles and dark spots.

Revives healthy internal pH

Lemon is acidic in nature but when you eat/swallow it, the acids present in it gets broken down. It alkalizes your body by releasing a combination of minerals into your digestive system. You are more prone to disease if your blood is more acidic in nature. Lemon, on the other hand, lowers the risk of catching a disease or illness. Eat it, drink it and stay healthy.



THE EDUCATIONIST

'PANDEMIC MAY HAVE BEEN A BOON IN DISGUISE OPENING DOORS OF CREATIVITY'

Dr. Gool Ghadiali, headmistress of Gopal Sharma International School shares her insights with Shruthi Mahadevan

Q: What were the hardships you faced during the online mode of teaching?
The initial few months were tough. For instance- one device was shared by multiple siblings, few teachers were not tech savvy, even the parents were worried about their child's exposure to the screen for long hours.

Q: How was the learning gap bridged?
We started intensive training programs for teachers. The management provided the teachers with computers thus we were well equipped. Gradually, I took personal meetings with parents, helping them get comfortable. Our teachers took extra classes during the vacation period to train the students and parents, helping them familiarise with the necessary online platforms.



Dr. Gool Ghadiali, headmistress

Q: Were you able to include extra-curricular and the overall development of the children considering the situation was such?
All work and no play makes Jack a dull

boy. We included Art, Dance, Yoga, gymnastics, PT. The children were very happy to have an intermingled timetable. We are also planning an annual day celebration inclusive of dances, elocutions, debates. Festivals were celebrated online, a competition titled "show your pandemic attire" was also held.

Q: Considering the long period of education via the online platform, is there something that you wish to convey to the students?
I wish to convey to them that they have done very well so far and no amount of adversity has dampened their spirits. Gopal Sharma School will continue to grow. We are very proud of our students and our teachers for having joined hands to face this world pandemic with a smile.

CHILDHOOD IS PRECIOUS

The World Day against Child Labour, launched by ILO in 2002, is observed on 12th June with different themes around the world, to focus attention on the global extent of child labour and the efforts needed to eliminate it. Children around the world are routinely engaged in paid and unpaid forms of work and are involved in hazardous activities that may compromise their physical, mental, social or educational development. In the least developed countries, slightly more than one in four children (aged 5 to 17) are engaged in such labour that is considered detrimental to their health and development.

New Horizon Scholars School, Kaveras, Thane too has stepped up to spread awareness amongst children. A Special Assembly was organised by the school with students anchoring live for the session. The participants' magnificent speeches and heart-touching videos further emphasised that child labour requires immediate action to accelerate motivation



and collaborative partnerships at all levels to bring about a marked difference.

The event ended with the astounding words of the principal and regional director, Dr. Jyoti Nair who encouraged the students to initiate steps going forward and

make sure that the post-pandemic world is free from any kind of child labour.

If we are to teach real peace in this world, and if we are to carry on a real war against war, we shall have to begin with the children - Mahatma Gandhi

BRIDGE THE GAP

In today's challenging and crisis time. We need to be innovative, upgrade ourselves and our future generations. As Education is playing a vital role in the success of student's life.

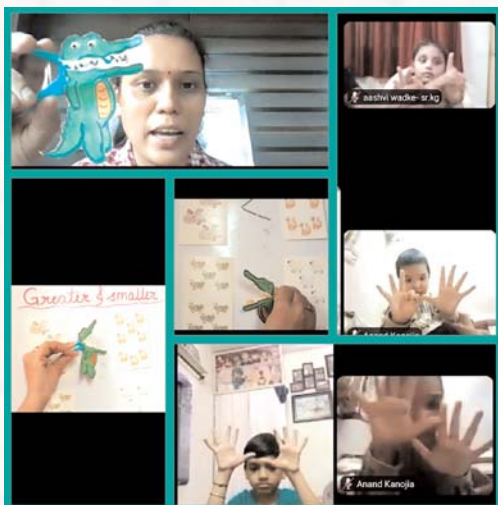
Since the COVID-19 pandemic has disrupted the normal lifestyle of people across the globe, the virtual world has come to the rescue. Amongst many institutions schools have also shifted their base to virtual platforms to conduct classes online.

Bridging the readiness gap of students and creating transition from pre-primary to first year of primary education is challenging. Presidency has executed a one month Bridge Program

for the students as a first mile stone development program with the key focus on orientation, motivation, creative thinking, self awareness and hands on activities.

We have covered up various concepts such as vowels, where students were able to differentiate between short vowel and long vowel sound, pre-number concept, blended sounds, storytelling and writing skills etc. Teachers have also emphasised on enhancing the reading skills of the students.

By this, Bridge Program we have tried to fill the educational gaps that have arisen in our students due to this pandemic situation.



Salabhasana

LOCUST POSE

Spinal health is vital. With online classes and restricted body movements, students and teachers often suffer from back pain and a weak spine. This asana promotes the correct curvature of the spine, improves the bond between strength and flexibility.

PRECAUTIONS

Practice of Salabhasana should be avoided by people suffering from high blood pressure, heart related issues, severe sciatica, acute back pain, hernia or stomach ulcers.

INSTRUCTIONS

1. Begin by lying on your stomach with your arms by your sides.
2. Inhale and slowly raise your head to look forward.
3. Lift both legs up, using the strength of your inner thighs.
4. Keep your chest lifted as you widen your collarbones.
5. Try to hold this position from 30 seconds to one minute.

SNEHAL GARG, Yoga facilitator at Birla Open Minds International School, Kollur, Hyderabad

BENEFITS

1. Salabhasana improves the core strength.
2. Stretches the spine and strengthens legs.
3. The asana also opens up the chest.
4. Stimulates the kidneys and thus improves overall digestion.

Yoga should be practiced under the supervision of a Yoga guru. The views expressed in the above article are those of the author and the newspaper takes no responsibility for it.

'Disability is not a burden'

In the recent past, DAV Public School, Airoli had organized an important session about inclusive education, during which subject expert, Ritika Sahni enlightened students about the importance of understanding disability and disabled students. Some students who witnessed this web session have presented their views:



I AM DIFFERENT SO ARE YOU

Sometime back our school organised a webinar for Std VI. The surprise came to us when we came to know the famous singer, composer and activist, Ritika Sahni joined the meeting. The objective of the webinar was to make children understand that disability should never be a burden. We should never make fun of those children rather help them. The films 'I am special so are you', 'Sabki hai dharti' and 'I am special' were shown by her. She recited a poem too- 'I am special and so are you. She even taught us sign language. She made us understand that we have two options if we are suffering from visual as well as hearing impairment. We can go for spectacles or Laser Surgery if we have problem in vision. If we have problem in hearing then option is hearing aids or Cochlear Implant. According to her the world will be dull if nature has created everyone the same - same in looks, accent, dress etc. She shared her experience of film making in different schools located in different places like Bandra, Shillong, Guwahati, Siliguri, Silchar etc. She is also a part of the team known as 'Trinayani'. She ended the webinar by showing us a video of unboxing a game kit made by Trinayani. It consists of six card games and an activity booklet. She can be reached at 'ritika@trinayani.org' or 'www.trinayani.org'. We learnt how to applaud in sign language. With this the webinar came to an end.

Syamantak Bhattacharjee, class VI

Trinayani - Towards inclusion: Disability awareness game kit

Disability awareness has always been a tricky issue to tackle, given the fact that people tend to be insensitive, knowingly or unknowingly. Well, Trinayani has developed an innovative way to create awareness with the help of a 'disability awareness game kit'. This kit is meant for children of ages 12 and above. The kit itself has 6 card games, an interactive story cum workbook and an informative answer booklet for those who are unfamiliar with the topic.

Each of the six card games deal with different stigmas or issues connected to disability awareness such as using the correct words or terms, breaking the barriers, knowing important facts and so on and so forth. This kit is an inventive and welcome step in the direction of disability awareness. One can hope and envision that small and ingenious steps like these will help curb the stigma and help us move forward with our specially-abled peers.

Aarya Bhanushali, class X, S.V.D.D. English Medium Secondary High School

Towards Inclusion Card Game Kit review

Understanding and accepting disability remains one of the India's most important tasks that is yet to be popularised. Trinayani's 'Towards Inclusion' Card Game Kit takes this

necessary step towards promoting the topic of inclusion among all folks, especially the youth.

The Towards Inclusion Game Kit consists of 6 card games that aim at destigmatising disability and creating awareness among people. Each of the six card games helps the players to familiarise with inclusion and disability. In addition to the card games, the kit also includes a story-cum-workbook and an Answer booklet containing information about the topic.

This Kit kills two birds with one stone by sensitising people of all ages about disability awareness and providing fun and entertainment among the family and peers. It will take a long time for people to normalise disability and inclusion. But this Kit will hopefully aid in achieving that goal.

Avani Pandit, class X, Apeejay School, Nerul, Navi Mumbai

The Normal Kids

The human spirit is of ability, perseverance and courage that no disability can steal away, but unfortunately the 'normal' humans often fail to understand this! Only the one who suffers is able to understand. Till date, I hadn't come across anything that could allow the 'normal' folks to realize what it feels like, being specially abled, but the Trinayani Kit is like a revolution in this regard. It not only allows you to spend quality time with your loved ones, but also helps you realize and respect the sufferings of others, which, for you might be a small thing, but for the one suffering, it will be like a silver lining in a dark cloud. Life is more about living together than just living. Your present situation doesn't determine your destination but it decides where you begin!

Garvit Rakesh Agarwal, class X, NL Dalmia High School, Thane

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- Know about new countries and cultures
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CHAMPIONS GERMANY BOUNCE BACK IN STYLE

Three-time European champions Germany shrugged off their opening game loss and announced their arrival as serious contenders at Euro 2020 with an emphatic 4-2 win over highly-rated Portugal in their Group F match on Saturday

Cristiano Ronaldo gave the defending champions a 15th minute lead but Germany went in at the break 2-1 up thanks to own goals from Ruben Dias and Raphael Guerreiro. The Germans turned on the style in the second half with goals from Kai Havertz and the impressive Robin Gosens making it 4-1 before Diogo Jota pulled a goal back for Portugal. The win moves Germany, who face Hungary in their final game, into second place in the group on three points, a point behind leaders France and level on points with the Portuguese. Hungary drew 1-1 with France earlier on Saturday.

Portugal picked an early lead

Germany, smarting from their opening defeat to the French, started with purpose and confidence and thought they had grabbed the lead in the fifth minute through Gosens but VAR ruled that Serge Gnabry had been in an off-side position. Against the run of play, Portugal grabbed the early lead, hitting the Germans on the break with Bernardo Silva picking out Jota on the left of the box and his low cross was tapped in from close range by Ronaldo. It was the Portugal skipper's third goal in two games and his first ever against Germany but Joachim Low's side kept their cool and continued to play positive football before eventually getting their reward. The Germans drew level in the 35th minute when Joshua Kim-

“The pressure is unchanged. In the first game we also had a certain amount of pressure because we started in a tournament as Germany. Everyone can deal with the pressure. The players know it, every coach knows it, I've known it for 15 years at tournaments like this.”
JOACHIM LÖW, Coach Germany

ich's cross from the right was volleyed at the back post by Gosens and flew into the net off the outstretched foot of Portugal defender Dias as he looked to stop Havertz converting. It was another own goal that gave Germany the lead - Kim-mich drove in a low ball from the right and Guerreiro's attempted clearance flew past his goalkeeper Rui Patricio.

Germany dominate second half

Portugal replaced Bernardo Silva with Renato Sanches at the break but Germany took a firm grip on the game with a third goal six minutes after the restart - a well-worked passing move ending with Havertz turning in a low ball from the left delivered by the in-

fluent Gosens. Germany were buzzing now and it was no surprise when they made it 4-1 on the hour with Gosens finishing off another well constructed attack, heading home a Kim-mich cross at the far post. Portugal struck back quickly though when a deep free-kick from Guerreiro looked to be heading out but Ronaldo acrobatically hooked the ball inside to Jota who slotted home. Sanches fired a warning of a potential comeback when he thundered a long distance drive against the woodwork but Germany's victory was never really in doubt.

Latest from Euro 2020

Wales can secure a place in the last-16 of Euro 2020 when they face Italy in Rome later, after Germany breathed life into their campaign with a win over holders Portugal. Saturday also saw world champions France held by Hungary in Budapest, while Spain played out a second draw in as many games, this time against Poland. Now it is on to the final round of group games and Wales stand on the brink of a return to the knockout phase. However, they must face an Italy side who are at home in Rome and have made arguably the biggest impression of any team so far at the tournament. Coming into the last day in Group A, Italy are already through with six points with Wales on four. Switzerland have one point before their game in Baku against Turkey, who have lost both outings so far. If Wales lose, the Swiss could yet finish above them by beating Turkey.

Robin Gosens

Photo: REUTERS

Kai Havertz

Photo: AP

SHAFALI VERMA CREATES HISTORY

India may have drawn their one-off women's Test away to England, but the match represented another landmark for teenage batting sensation Shafali Verma

The 17-year-old opener became the first Indian and the youngest woman from any country to surpass fifty in both innings of her debut Test with scores of 96 and 63. But it was the way Verma, named player of the match, made those runs that added to her reputation as one of the rising stars of women's cricket. Prior to the Test, former India women's captain Diana Edulji described Verma as being in the "mould" of Virender Sehwag, once a dashing India men's opener. But although already known for her exploits in the white-ball game, which have seen Verma signed by Birmingham Phoenix for this year's inaugural edition of English domestic cricket's The Hundred, she showed there was more to her game than big-hitting.

“The way she (Shafali Verma) changed her game and the kind of maturity she showed at this stage of her career, it's very positive for Indian cricket going forward. Her shots, in T20Is I've always watched them from the other end. It's amazing what she does. I hope she keeps going the way she is.”

SMRITHI MANDHANA, Indian Opener

Verma-Mandhana partnership

Blessed with good balance thanks to an uncomplicated technique that sees her head over the ball, which in turn helps with playing her shots as late as possible, Verma also demonstrated a maturity beyond her years in India's first women's Test since 2014. She started her innings in the style of a 'traditional' opener, respecting the new ball and picking off any loose deliveries. It was only after tea that Verma really went for her shots - including a superb lofted drive straight back over the head of England spearhead fast bowler Katherine Brunt - in a 152-ball innings featuring 13 fours and two sixes before, in sight of a century, a mistimed stroke off Kate Cross was caught at mid-off.

Shafali Verma

Photo: REUTERS

KOHLI CROSSES 7500 RUNS IN TESTS

It was on June 20, 2011, when India skipper Virat Kohli made his test debut against West Indies at Kingston, Jamaica. The right-handed batsman did not have a good show with the bat as he just managed to score 19 runs in the entire match. India eventually went on to win the match by 63 runs.

Since then, Kohli has left a huge mark on the game. He has so far played 92 Tests, has managed to score 27 centuries at an average of 52.37. Ranked number four in tests, Kohli on Saturday, reached the mark of 7,500 runs in the longest format of the game. He is the ninth-fastest batsman to cross the 7500 run mark in Test cricket. Among Indian cricketers, he is the fourth fastest to achieve this feat.

Photo: AP

QUIZ TIME!

Q1: Who will captain Team India for the ODI and T20 series against Sri Lanka?

- a) Sanju Samson ☐ b) Shikhar Dhawan ☐
 c) Devdutt Padikkal ☐ d) Hardik Pandya ☐

Q2: Which top seed tennis star faced a shocking second round defeat in Halle?

- a) Roger Federer ☐ b) Stefanos Tsitsipas ☐
 c) Alexander Zverev ☐ d) Novak Djokovic ☐

Q3: Which International men's cricketer reclaimed the

top spot in the ICC Test rankings?

- a) Steve Smith ☐ b) Virat Kohli ☐
 c) Kane Williamson ☐ d) Tim Paine ☐

Q4: Who has become the first-ever Indian Taekwondo athlete to qualify for Tokyo Paralympics?

- a) Gurmeet Singh ☐ b) Aruna Tanwar ☐
 c) Veena Arora ☐ d) Yamuna Kumar Paswan ☐

Q5: Which female player from Czech Republic recently won the women's singles title in French Open Tennis?

- a) Barbora Krejickova ☐ b) Bobby Adline ☐
 c) Lily Collins ☐ d) Sana Marin ☐

Q6: Which football club did defender Sergio Ramos recently quit after 16 years?

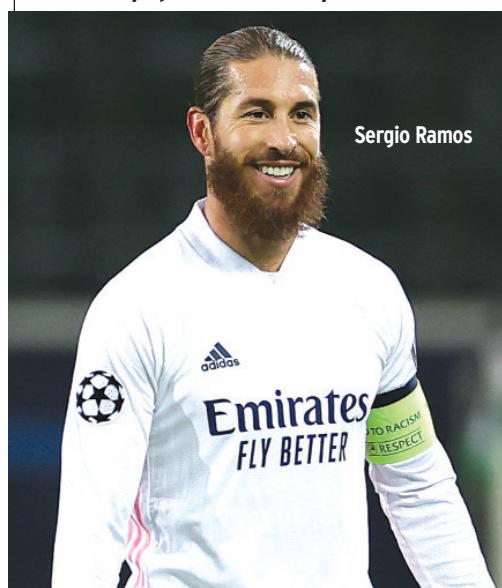


Photo: ANI

- a) Atletico Madrid ☐ b) Manchester City ☐
 c) Barcelona ☐ d) Real Madrid ☐

Q7: What is the rank of the Indian men's hockey team in the latest International Hockey Federation world rankings?

- a) First ☐ b) Third ☐ c) Fourth ☐ d) Second ☐

Q8: Which driver won the 2021 Monaco Grand Prix?

- a) Carlos Sainz Jr. ☐ b) Lewis Hamilton ☐
 c) Max Verstappen ☐ d) Lando Norris ☐

Q9: Which team has won the 2020-21 UEFA Women's Champions League?

- a) Chelsea ☐ b) Barcelona ☐
 c) La Liga ☐ d) Atletico Madrid ☐

Q10: Who is going to coach Team India during its Sri Lanka tour in July 2021?

- a) Virendra Sehwag ☐ b) VVS Lakshman ☐
 c) Rahul Dravid ☐ d) Sachin Tendulkar ☐

Q11: Who won the Betfred British Masters Title 2021?

- a) Richard Bland ☐ b) Shubendu Sharma ☐
 c) Andre Zverev ☐ d) Croat Niklus ☐

ANSWERS: 1. b. Shikhar Dhawan
 2. a. Roger Federer 3. a. Steve Smith
 4. b. Aruna Tanwar 5. a. Barbora Krejickova
 6. d. Real Madrid 7. c. Fourth
 8. c. Max Verstappen 9. b. Barcelona
 10. c. Rahul Dravid 11. a. Richard Bland