



THE TIMES OF INDIA

www.toistudent.com
**TODAY'S
EDITION**

➤ Read all about blind cricket tournament, and the challenges faced by these players

PAGE 2


➤ As demands for reopening of schools gain momentum, an educationist outlines the precautions schools need to take before calling students back to school

PAGE 3


➤ Ronaldo scores to give Man United hard-fought win against Norwich

PAGE 4

STUDENT EDITION
MONDAY, DECEMBER 13, 2021
**THE
NIE**
Newspaper in Education

THANK YOU,

TEACHERS



Dear students,

Check out our all-new print edition.

After 18 long months, The Times of India returns with the long-missed print edition of the Newspaper in Education (NIE). This Season of Joy, Times NIE makes a comeback with a refreshing AMOUNT OF CHANGES IN ITS ALL-NEW PRINT AVATAR. We hope you will continue to read our newspaper and share your valuable feedback, as you did with our digital edition that was launched during the pandemic period on April 30, 2020

BLACK BOX

X-PLAINED

IN THE NEWS FOR: The black box of the IAF chopper, carrying CDS Bipin Rawat and 11 other military personnel that crashed recently has been recovered. According to experts, it will help the investigative team to know about the final flight situation and other details.



WHAT: Also referred to as Flight Data Recorder, the black box is a vital electronic device that records 88 vital parameters about a flight, including airspeed, altitude, cockpit conversations, and air pressure, among others. When a crash happens, the black box is located on a priority basis to understand what actually caused the crash. A black

box is mandatory for all the commercial airliner and armed forces to preserve clues from cockpit sounds and data to help prevent future accidents.

WHAT'S INSIDE A BLACK BOX: Weighing around 4.5 kilos, it has four main parts: A chassis or interface designed to fix the device and facilitate recording and playback;

An underwater locator beacon; the core housing or 'Crash Survivable Memory Unit' made of stainless steel or titanium, and two recorders: a Cockpit Voice Recorder (CVR) for pilot voices or cockpit sounds and a Flight Data Recorder (FDR).

HOW IS RECORDING SOURCED: The protective material is peeled and cleaned by the technicians. They carefully clean connections to make sure that they do not accidentally erase data. The audio or data file are then downloaded and copied. The data is then decoded from raw files before being turned into graphs


**DID YOU
KNOW?**

Interestingly, the black box is neither black in colour nor box in shape. It is actually a compressor shaped device made in high-visibility orange colour. Though experts disagree on how the nickname originated, many historians attribute their invention to Australian scientist David Warren in the 1950s

Pop superstar Alicia Keys debuts new album 'Keys' live in Dubai


MUSIC

Superstar Alicia Keys on Friday debuted her new album live in front of a packed crowd at the world's fair in Dubai – a lively pop performance full of soaring vocals and piano solos. The 15-time Grammy Award-winning singer's sprawling double album, 'Keys', includes two versions of each song: 'Originals', produced by Keys, and 'Unlocked', produced by Keys and Michael Williams II, who goes by Mike Will Made-It. Her piano-driven 'Originals' consists of emotional, intimate soul tunes oozing with love and longing, while 'Unlocked' showcases upbeat, more clubby pop versions of the same tracks.

FACTOID

\$471,000

Price of a first edition of 'Harry Potter' that was sold in the United States recently. A world record price for a 20th century work of fiction, the hardback 1997 British edition of 'Harry Potter and the Philosopher's Stone', with a colour illustration on the cover, was described by Heritage Auctions as "magical, incredibly bright and so very near pristine." The Dallas-based auction house said only 500 copies with the specific binding were printed. The final price was more than six times the pre-sale estimate of \$70,000.



Previous auction prices for Harry Potter first editions have ranged from about \$110,000 to \$138,000.

British author JK Rowling went on to write six more books about the adventures of the orphaned boy wizard that have sold some 500 million copies worldwide in 80 languages, according to the US publisher Scholastic. The books were turned into eight films, which made \$7.8 billion at the global box office.

And the most-mispronounced WORDS OF 2021 ARE...

Cheugy is apparently a lot to chew on. Grammy Award-winning singer-songwriter Billie Eilish and Philadelphia Eagles center Jason Kelce have something in common – broadcasters butcher their names. And virtually everyone is having trouble with 'omicron'. All four made it onto this year's list of most-mispronounced words as compiled by the US Captioning Company, which captions and subtitles real-time events on TV and in courtrooms.

The list identifies the words that proved most challenging for newsreaders and people on television to pronounce this year

CHEUGY (CHOO-GEE): A trendy term popularised by Gen Z and used to mock an outdated and unfashionable aesthetic typically associated with Millennials, such as 'Live, Laugh, Love' signs

DALGONA (TAL-GOH-NAH): A Korean treat made with melted sugar and baking soda, popularised by Elon Musk, causing its value to dramatically increase

EILISH (EYE-LISH): The singer Billie Eilish, whose album 'Happier Than Ever' was released this year to critical acclaim and nomi-



nated for the Grammy Awards' Album of the Year

ETHEREUM (IH-THEE-REE-UM): Another cryptocurrency that skyrocketed in value this year amid the decentralised-currency boom


**THE
NIE**
Newspaper in Education

THE TIMES OF INDIA

MISSING THE POWER PACKED TOI STUDENT EDITION? Reaching your School Stands

Ask for your copy NOW!

For more details contact your Times NIE Teacher Coordinator



INSPIRATION

BLIND CRICKET BLOOMS DESPITE CHALLENGES

Pallavi.shankar@timesgroup.com

It's not often that you get to hear stories of blind cricket players – their dreams, aspirations, obstacles – even in a country like India where cricket is a national passion. Blind cricket hasn't got its due and it's time we talked about it. Times NIE spoke to two young players who have risen above their disability to learn and play a popular game at the professional level – here's what keeps them motivated to give their best to the sport they love



NEELESH YADAV, 18, class XII, Delhi



An active cricket player since the last 5 years, Neelesh was inspired to play professional cricket after 'watching' other students from his school play the much-watched game. His inspiration is Deepak Mallik, a senior cricket player who also competed in the recent 2021 Blind National Cricket tournament held in the Capital.

ACHIEVEMENTS: "I played for Delhi in the 2016 blind cricket trophy, and have also competed at the international level, against Nepal.

HOBBIES: "Travelling to new destinations and soaking in the ambience and cultural flavour of the place is what I truly enjoy."

HIS CRICKET HERO: "I am a huge fan of Virat Kohli because he bats very well and has the right professional aggression to lead and win."

IRFAN DIWAN, 17, class XII, Delhi



Irfan has been playing cricket since the last three years. He is great friends with Neelesh Yadav as they both stay in the same hostel and get to spend a lot of time together.

ACHIEVEMENTS: "I played international cricket in 2018, which was a great moment of my life."

HOBBIES: "My interest and pastime is also cricket."

HIS CRICKET HERO: "I admire MS Dhoni a lot. He is very cool headed and manages the team excellently, without getting stressed. I wish to do the same."

(Neelesh Yadav and Irfan Diwan are from the Government Secondary School for Blind Boys, Kingsway Camp, Delhi)

YOGESH TANEJA, 37 President of cricket association for the Blind in Delhi



"The biggest challenge that blind cricket faces is to get good sports grounds for matches in Delhi. Government hasn't allotted sports grounds for players with disabilities. We get a DDA sports complex for ₹12,000 per day – an amount which isn't easy for us to raise. There should be subsidies for blind players, easy and flexible rules for sports ground allotment and so on. We need more support to increase opportunities for blind players to utilise their capabilities to the fullest."

India
currently
holds the Blind
Cricket World Cup
T20 trophy, won
in 2018

GENDER PARITY ON THE CARDS

It's time for women players too to don the cricket cap for women's blind cricket soon. Chief Guest at the finals – Meenakshi Lekhi, Minister of State for External Affairs of India – while applauding the spirit of the players said, "I am excited about the Women's Blind National Tournament due to be held in Bangalore next year. Our government has been putting in tremendous efforts to bring in gender parity."

ABOUT THE BLIND CRICKET TOURNAMENT

- The recently concluded National Blind Cricket tournament in Delhi saw 400 visually impaired players play an overall of 67 T20 matches.
- Organised by The Cricket Association for the Blind in India (CABI) in association with the Samarathanam Trust for the Disabled, the final match was telecast on DD Sports and, also on the YouTube.
- While the state of Andhra Pradesh won the National Blind Cricket Final, all the players who got the opportunity to showcase their cricketing skills on the national stage are winners in their own right.
- This tournament is very significant in the sense that it helped in the selection of key players for the upcoming international championships.

ETIQUETTE



Personal grooming TIPS AND TRICKS EVERYONE SHOULD KNOW

Keeping your personal grooming and hygiene always on point is not a matter of gender, nor does it equate with caking your face with superficial makeup or wearing expensive perfume or designer clothes. Self-grooming simply means maintaining body hygiene, which will help you look presentable, healthy, and fit. Though it is said that beauty is in the eye of the beholder, does it mean that keeping yourself clean and fresh is not required? Absolutely not.

Remember, appropriate hygiene and grooming not only boosts your self-esteem and confidence but also ensures that you

don't have to feel embarrassed in front of your friends or social circle. And, if you don't find the notion of staying groomed for the outside world, do it for yourself as lack of hygiene can lead to numerous health issues like tooth decay, respiratory problems, and skin conditions.

However, given the hectic schedules and volatile lifestyle, people often neglect personal care and hygiene factors which sometimes lead to social self-consciousness or, worse, some disease. In this context, here we have curated a list of some must-know tips on personal care and hygiene that everyone should pay attention to:

FOR HEALTHY AND GLOWING SKIN: While cleaning your face twice a day with a mild face wash product is a no-brainer, it is crucial to drink plenty of water and take fresh fruits and vegetables to supply essential nutrients to your body. If you apply makeup, remove it before going to bed, and always apply sunscreen while stepping out of the house. In addition, do not compromise with your beauty sleep. Go for restful sleep for seven to eight hours, without disturbance. Also, always sleep on clean pillows, mattress, and comforter/blanket to avoid aggravating pimples, skin rashes, or respiratory issues.

FOR LUSCIOUS AND HEAVENLY HAIR: If you can't maintain your mane, keeping long hair is unnecessary. Choose a hairstyle that suits your face and lifestyle since you'll be the one regularly oiling and shampooing it. Secondly, shampoo and condition your hair with good quality products at least twice or thrice a week, depending on the grease or moisture content of your hair. Always use a proper combing accessory to avoid hair breakage, and oil your hair once a week to supply nutrients to your hair roots.

STAY FRESH TO SMELL GOOD: The first rule of good hygiene is the smell. Shower with a gentle and nice-smelling shower gel/soap. Steer clear of strong perfumes or deodorants as it can cause unnecessary discomfort to people around you. Use subtle fragrances or body mists – not the overpowering strong ones.

NAILS SPEAK VOLUMES: While shaking hands or simply having a conversation, inadvertently, people tend to notice your nails. Always keep your hand hygiene intact. Cut, file, and clean your nails regularly. The same goes for your toenails, which might be visible while wearing certain types of shoes. Clean hand and toenails every fortnight to keep them clean and healthy.



FITNESS

Yoga mistakes you may be making and how to avoid them

So you think you have your yoga routine down to pat? While it's a seemingly simple regimen, there may be mistakes that you may be making without even realising it. On International Yoga Day, here's looking at a few of them if you have decided to make the fitness mantra a regular part of your day

ONLINE CLASS? DON'T LOOK AT THE SCREEN SUDDENLY

With gyms and public classes shut, people are taking to online lessons, including for those in yoga. But when you have the laptop in front of you on the floor and have started to follow the oral instructions, don't suddenly stop in the middle of an asana and stretch your head or neck towards the screen. This may cause a catch or strain or risk of a sprain.

WEARING CLOTHES THAT ARE TOO TIGHT

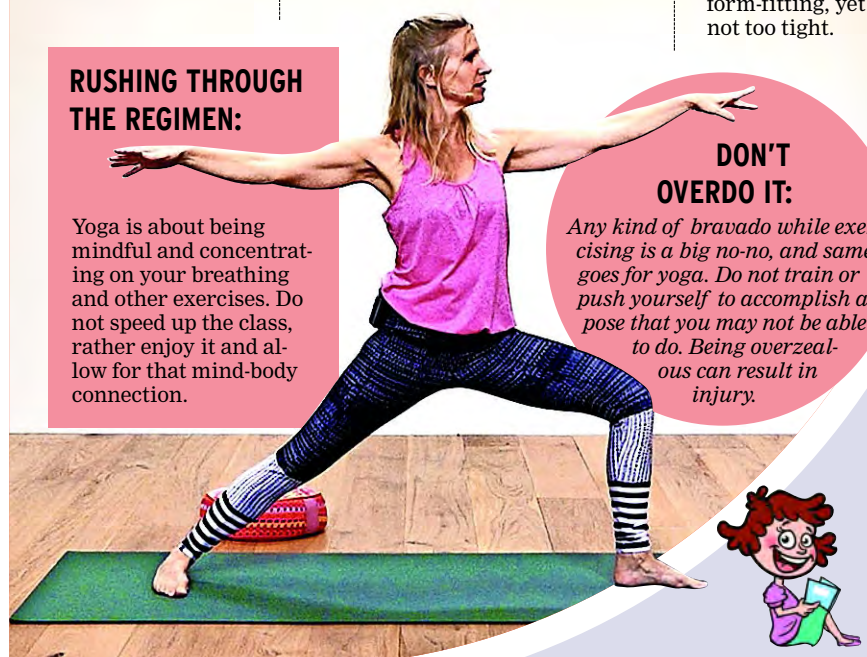
Yoga is all about movements that are free flowing, so anything that is figure-hugging or even too loose, will constrict that. Instead, just go for anything that is form-fitting, yet not too tight.

RUSHING THROUGH THE REGIMEN:

Yoga is about being mindful and concentrating on your breathing and other exercises. Do not speed up the class, rather enjoy it and allow for that mind-body connection.

DON'T OVERDO IT:

Any kind of bravado while exercising is a big no-no, and same goes for yoga. Do not train or push yourself to accomplish a pose that you may not be able to do. Being overzealous can result in injury.



BOOKS

CLASSIC LITERARY HEROINES WHO WON OUR HEARTS

Jo March from 'Little Women'



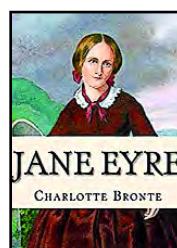
they will end up together. She is bold, outspoken, brave, daring, loyal, principled, and real.

Elizabeth Bennett from 'Pride & Prejudice'



No list of strong literary women characters is complete without the sassy and bold Elizabeth Bennett. She is strong, smart, and knows what she wants. Despite living in a world that just wasn't fair to women, Elizabeth never let that stop her from speaking her mind. Also, she is well-read and quick-witted, with a tongue that occasionally proves too sharp for her own good.

Jane Eyre from 'Jane Eyre'



How can we forget a character like her?

Literature has given us innumerable memorable characters that have either imbibed certain traits of these characters in our personalities or they have influenced our lives in different ways. On top of that, despite the time and irrespective of the social settings certain novels were written in, they managed to give us many heroines who stood out in their own special ways. Let's take a look at six such classic literary heroines who became iconic

Anne Shirley from 'Anne of Green Gables'

Anne was imaginative, ambitious, competitive, smart, loved reading and writing, and totally rocked the red hair and freckles (even though she despises her red hair and longs for smooth ivory skin and golden hair)! Also, she made the best of bad situations and was never afraid to speak her mind or stand up for herself.



Anna Karenina from 'Anna Karenina'

Anna is a beautiful, aristocratic, sharply intelligent, intensely charismatic woman. Nearly everyone – male, female, young, old – is very much attracted to her, and at the beginning of the novel, she is the brilliant centre of her society. However, her relentless pursuit of love and her extramarital affair with Vronsky cause her to be cast into social exile, which makes her an even more humane and relatable character.



Laura Ingalls from 'Little House on the Prairie'

Adventurous, athletic, and not quite as ladylike as her sisters or mother, Laura often struggles with her inability to fit into societal standards. While she never truly grows out of her tomboyish streak, Laura slowly blossoms into a young woman unashamed of who she is or where she came from. Also, for a girl in the 19th century, she was a huge badass!



Watch for AI and coding

Times NIE in association with iRobokid had organised an enlightening webinar for school principals on Dec 10. It focused on how AI and coding are going to be the fields of the future, Urvi Dhonde reports



For Gen Z, comprehending AI, machine learning and robotics has become as important as understanding the conventional subjects that are a part of the school curriculum. The webinar held by Times NIE

KEY POINTS

- Learning coding makes children better problem solvers and innovators
- Schools can easily adapt these programs in various formats, either a Lab / ECA or even a co-curricular module.
- STEM education helps students grow from simply being consumers of technology to producers of technology

on Coding and STEM education, helped debunk various myths around STEM and technology. The webinar, graced by two aficionados in the field of STEM, Vishal Shah and Ganesh Ramakrishnan, threw light on the seamless integration of STEM and coding into the school curriculum.

Prof. Ganesh Ramakrishnan, institute chair professor at the department of computer science at IIT Bombay, spoke about how STEM education helps students grow from simply being consumers of technology to producers of technology and allows them to see technology alternatives. He also emphasized the fact that it teaches them the importance of collaboration from a very young age.

Vishal Shah, CEO and co-founder of iRobokid, debunked various myths surrounding STEM education such as "STEM learning is only useful for students who wish to pursue a career in science", "children who learn coding tend to socialise less" etc. He nullified the latter by telling

the attendees that coding and robotics encourages students to collaborate with their peers and come up with new and innovative ideas and helps them communicate effectively.

Undoubtedly, all the attendees must have taken away something insightful from this informative webinar.

For details contact- Support@iRobokid.com

■ AI is very useful and has multiple applicabilities in various fields. It can become the core of every process driven field, and even ape human intelligence at a more advanced level – Prof Ganesh



■ STEM learning paves the way to a successful career, whether later, the student wishes to pursue, law, management or even medicine. Knowledge of STEM makes every student's analytical skills stronger – Vishal Shah



QUESTION HOUR

What is the right age for a child to start learning how to code?

Coding requires logical thinking. We recommend children to start learning coding third grade onwards basically, children aged 9 years or above.

How do we ensure that children develop an interest in the field of STEM?

We should encourage children to ask questions and exposure to STEM should be given to them from a young age.

Towards a better India...

Ek Bharat Shreshtha Bharat" was a programme announced by Prime Minister Narendra Modi, on 31st October, 2015, on the occasion of the 140th birth anniversary of Sardar Vallabhbhai Patel.

This programme was started with an aim and objective of increasing and enhancing interaction and understanding between the state and UTs of India.

This programme focuses on knowing about each other's culture and traditions, languages, practices of different states, thereby improving the bond with each other and strengthening the unity and integrity of India.

Keeping this objective in mind, CBSE school across India have taken part in this programme in various ways. They have organised competitions and other programs as well.

Each state and UT has been partnered with another, and Maharashtra's partner state is

Odisha.

Infant Jesus School also introduced this programme in school and conducted the programs virtually.

The classes were divided into groups with each having a theme and topic. The first competition was held on 9th October for std I & II with the title "A BLEND OF TWO CULTURES".

The topics given to std I & II were Fancy Dress

and Scrap Book Designing respectively. The tiny tots were dressed beautifully in Odiya attire, spoke in Odiya and gave wonderful performances.

The others designed the scrap books with Odisha's art, jewellery, dance and aspects of Odiya culture.

It was delight to see the children represent a different state and prove that "INDIA IS A LAND OF UNITY IN DIVERSITY".



Art teacher wins laurels

Shriram S Mahajan art teacher from Chembur Karnataka High School, Chembur, Mumbai has been felicitated with the prestigious 'State Level- innovative art teacher award - 2021.'

The award is given every year jointly by Bhagini Mandal Chopda, Dist. Jalgaon, Lalit Art Academy, Chopda, Dist. Jalgaon and The Maharashtra State Art teachers Association, to deserving candidates from all over Maharashtra.

The award was given on the occasion of 81st birth anniversary of former president National Women's Commission, New Delhi, social leader Dr. Sushilaben Shah. The award ceremony took place in Chopda, Dist. Jalgaon, Mahajan received the award from former president of Vidhan Sabha Arunbhai Gujrati, Urmilaben Gujrati, Prof. Sandeep Dongare, Dean JJ school of Art, Mumbai, Rajendra Mahajan, princi-



pal Lalit Art Academy. Mahajan was presented with a trophy, certificate, shawl, a bouquet and cash amount of 11,000 rupees during the award ceremony.

Mahajan has won several national and international awards, at present he holds three national and international records to his name.

"This award is a testimony to his achievements and dedication" with these words the organiser of the award ceremony principal of Lalit Art Academy, Rajendra Mahajan applauded the work and achievements of Shriram. The principal of Chembur Karnataka High school, Dr. Geetanjali Salian and the President of Chembur Karnataka Sangha, Advocate H K Sudhakara along with all the managing committee members praised and congratulated Mahajan for this achievement and wished him all the success for his future endeavours.

THE EDUCATIONIST

'REOPEN SCHOOLS WITH CAUTION'

Yes, schools should reopen safely says Dr Nicholas Correa, Director and Principal New Horizon Public School, Navi Mumbai

Schools should reopen now. All over the world, the threat of the new variant exists, yet schools are working. Learning gaps need to be reduced. It is only in India that schools and colleges have remained shut for nearly two consecutive years. It has already resulted in learning loss. The learning gaps should not increase. Students are showing depletion of social skills and ability to interact effectively in a group. They are also forgetting to write well. Penmanship has taken a beating, as most students have to submit all their work online – typed out. The teacher-student bond has ceased to exist, because their interaction is virtual and not real.

Real versus virtual the tug-of-war continues

Real world fun, like sharing, caring, enjoying with friends, hanging out has become a thing of the past. Says a school student, "I miss school days, playing simple pranks on my friends, sharing a hearty laugh with my classmates on hearing a joke and several



Dr Nicholas Correa, Director and Principal, NHPS

fun moments in school. The early morning rush to reach school in time, the winter breeze running chills down my spine – as I used to stand on the school ground for the morning Assembly. School picnics, the eager verbal combats with friends over a recent movie or a cricket match, all have been relegated to a far off past."

Covid 19 has crippled the education system, as also the economy.

The tag 'covid batch' has taken away all merit from studious children's work. It is time, these problems are fixed and schools

KEEP IN MIND

- Omicron doesn't change anything
- Till date, Omicron hasn't been found to be fatal among kids
- Follow protocols and reopen schools, colleges and workplaces



LESSONS LEARNT

- No calamity lasts forever
- A strong resolve to overcome every difficulty can make it happen
- Schools must follow all Covid19 protocols meticulously
- Use technology to your advantage
- We cannot lose to Covid 19

learn to adapt to Covid 19 protocols.

Variants may come and go, pandemics too will come and go – education and the consequent drive to excel should not be lost. It is going to be a challenge, but we must gear up to meet it. We need to overcome every difficulty. This is the time to 'walk the talk.'

Adversity is the best teacher

Covid 19 was indeed an unforeseen and unprecedented adversity which affected the whole world at once. It crippled government working, education and the economy at large. It is therefore time to overthrow this adversity and learn to rise above it.

Ways to prevent dropouts

According to various educationists and experts government has to ensure that each child, especially from vulnerable groups like: girls, tribal children, children from minority or migrating groups, etc., receive quality education as per India's commitment to Sustainable Development Goals:

* "Government and private entities should work together to identify children from highly vulnerable groups through rigorous monitoring, locating them, and ensuring that they are back in schools," opines Dr Sobhana Nair, educationist.

* School Management Committees (SMCs) can monitor these efforts in coordination with the

Panchayati Raj Institutions (PRI), block and district authorities, and encourage parents to keep children in school during regular meetings of SMC with parents, community and local authorities," feels Santosh Shinde, an authority with Maharashtra State Child Rights Commission (MSCRC).

* "Provide support to these children to address unique requirements such as financial aids, special academic support sessions, psychosocial support through counselors, etc," says Tanuja Donde, psychologist.

Lastly, provide teachers adequate training to adapt to the 'new normal.' Overall, it is the nation's collective responsibility to ensure all children receive quality education.

WE CALLED IT RAIN

The skies wept the day they enshrouded her 'No parent should have to bury their child', that's all I could

whisper. Her first heartbeat her laugh and her smile, all burnt away, in the smoke of her funeral pyre.

I saw her live and I watched her death. Dear child, I still hold you in every single breath.

Her memories don't go away and neither does the pain, I remember how the clouds wept that day and we called it rain.

RITIKA JYALA, 12th S1, DAV Public School, Nerul

Express YOURSELF

Becoming a poet wasn't my intention, I wrote to express myself, To relieve all the tension. But after I saw my friends, family's reaction, I saw them feeling proud, feeling happy, This gave me inspiration, motiva-

POEM

tion. So I tried, I tried to write my poems with absolute perfection, It became too much to handle, Too chaotic, too hectic for me, I worried so much, and was con-

stantly in distraught. Like being trampled under a stampede by my own thoughts, Under all this pressure, of being just perfect, I decided to walk by my sweet faith, I started to write whenever I want-

ed to, And not when others told me to. When I realised that I wrote for myself, not for others, Was the day I finally became a poet. I like to write every now and then, So, I always carry a notebook and a pen.

RADHIKA CHOPRA, class X, Fr. Agnel Multipurpose School, Vashi



ALLROUNDER CUP
EDUCATIONAL GAMES FOR CURIOUS BRAINS

PRESENTS

QUIZ WHIZ

THE ULTIMATE GK QUIZ FOR
CLASSES 1-8!

CLICK FOR FREE REGISTRATION

E-CERTIFICATES FOR ALL PARTICIPANTS

www.allroundercup.com 9686534166

PRIZES WORTH 10 LAKHS!

RONALDO EXTENDS UNBEATEN RUN

Gives Man United 1-0 win at last-placed Norwich to help team close in on top four

Cristiano Ronaldo's 13th goal of the season helped Manchester United close in on the English Premier League's top four with a hard-fought 1-0 win at last-placed Norwich on Saturday. The top three kept up the furious pace of their title race by picking up hard-fought wins, although all three needed second-half penalties to do so. Manchester City maintained its one-point lead after Raheem Sterling's 100th league goal on Saturday secured a 1-0 home win over Wolverhampton in the early kickoff, and chasing duo Liverpool and Chelsea responded with slim victories of their own.

LATE PENALTY

The Portugal international converted a penalty in the 75th minute to give Ralf Rangnick a second straight victory since taking over as interim manager. United's unbeaten run extended to six games following Ole Gunnar Solskjaer's sacking. Norwich pressured United for much of the second half but goalkeeper David de Gea pulled off key saves to keep the game scoreless until Ronaldo earned the penalty when he was dragged down in the area. Norwich goalkeeper Tim Krul had been busier before the break, saving a shot from Ronaldo from 12 yards and then using his fingertips to keep out Harry Maguire's header.

United to fifth place in the standings on 27 points from 16 games, behind fourth-placed West Ham United on goal difference, while Norwich stayed bottom on 10 points.

RANGNICK PLEASED

United's interim boss Ralf Rangnick was pleased with the outcome and a solid defensive performance but conceded that they needed to improve in every department. "From the start we controlled the game but didn't always have the best possible solutions," Rangnick told the BBC. "It's another clean sheet but still a lot of work to do. "The sec-

IBRA SAVES POINT FOR MILAN

Zlatan Ibrahimovic snatched a late point for AC Milan in Saturday's 1-1 draw at Udinese which gives the Serie A leaders' title rivals a chance to steal top spot, while Juventus drew 1-1 at Venezia to slip up in the Champions League race. Ibrahimovic struck with an acrobatic effort in the 92nd minute to claim a point for the Rossoneri. Napoli are a further point back and can move level on 39 with Milan before Inter kick off with a win over Empoli in Naples, with some of their key players including Andre-Frank Zambo Anguissa and Lorenzo Insigne back in the squad. Also waiting in the wings are Atalanta, who sit fourth but are only five points behind Milan ahead of their trip to Verona on Sunday afternoon. Juve meanwhile are sixth after being leapfrogged by Fiorentina -- 4-0 winners over Salernitana earlier in the day -- and are six points behind Atalanta, who sit in the final Champions League spot.



Photo: REUTERS

ond half I was not at all happy with the amount of corners that we gave away, but we got the three points. "Now we have two clean sheets which is good but we still need to improve on that away, especially against physical teams or teams that attack high like Norwich did. They didn't play like a bottom team."

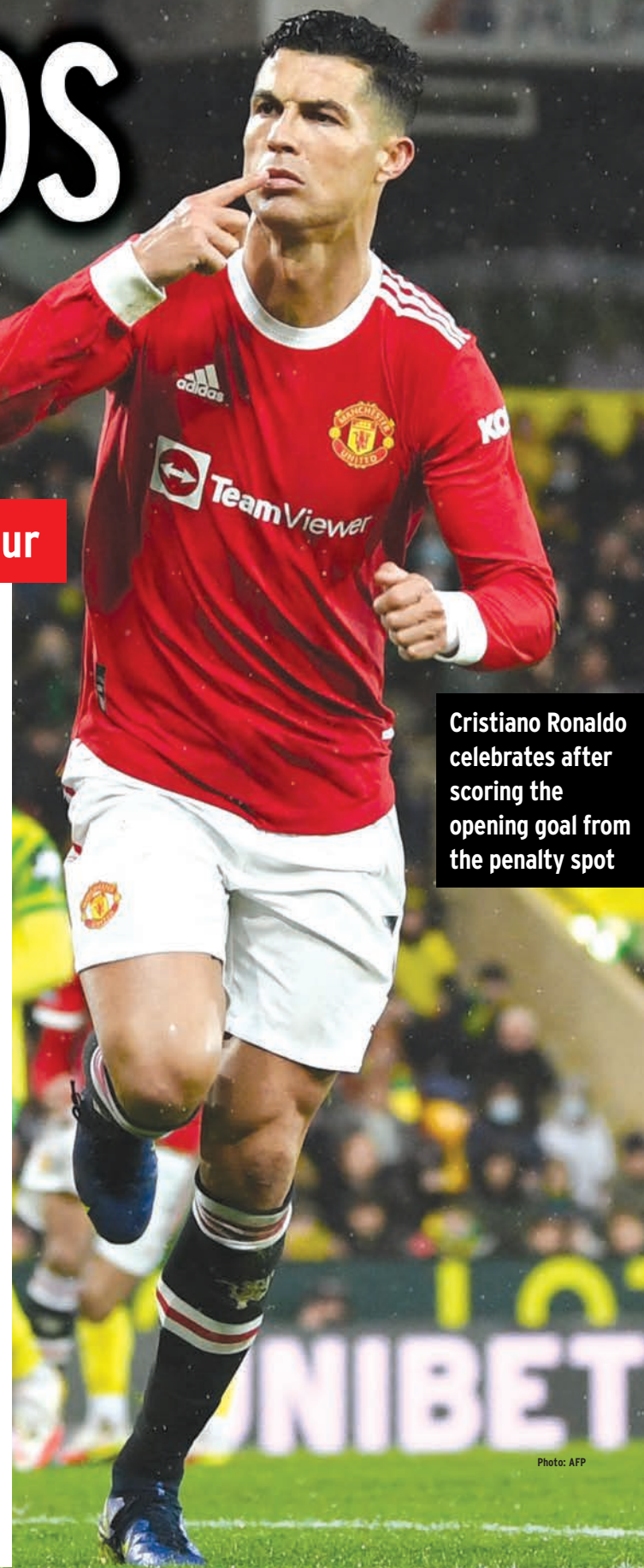
Rangnick's counterpart Dean Smith was pleased with Norwich's fighting spirit and contested referee Darren England's decision to award United the penalty. "We've just played two of the top six, we dominated at Tottenham but didn't take our chances and we've gone toe-to-toe today with one of the big guns and a dubious penalty won it for them," he said.

United lacked a cutting edge until Ronaldo drove in the spot-kick after he was hauled down by home defender Max Aarons. Ronaldo saw a shot beaten away by Tim Krul in the 37th minute and the home goalkeeper also tipped over a Harry Maguire header on the stroke of halftime after Alex Telles had hit the bar with a deflected free kick early on.

UNITED MADE TO STRUGGLE

United fizzled out in the second half and Norwich looked more likely to break the deadlock as David De Gea kept out a Teemu Pukki shot from the edge of the area before Ronaldo struck, sending Krul the wrong way. The home side piled on pressure in the closing stages and De Gea rescued United again when he clawed out an Ozan Kabak header before Eric Bailly deflected a Billy Gilmour shot with a last-gasp lunge.

United captain Harry Maguire praised De Gea and acknowledged United were not at their best, saying they needed consistency in grinding out results. "David De Gea did great today," the central defender told Sky Sports. "We've been very disappointed with our defensive record this year, we know we need to do better. "When you're playing every week, some performances aren't going to be at the highest level. You see the top teams do it, they don't play well every week but they still get the result." AGENCIES



Cristiano Ronaldo celebrates after scoring the opening goal from the penalty spot

Photo: AFP

AUSTRALIA brimming with confidence

Head to Adelaide after Gabba breakthroughs; selections doubts resolved

A revitalised Australia head to Adelaide brimful of confidence after dominating England in Brisbane and will feel confident a number of gnawing questions over selections have been put to bed.

Australia came into the Gabba match with queries over their middle order after Travis Head was dropped during the 2-1 series defeat against India during the last home summer and all-rounder Cameron Green failed to take a wicket.

Head's recall for the Ashes ahead of the more experienced Usman Khawaja proved polarising but the South Australian's sparkling 152 in the nine-wicket win at the Gabba has silenced debate over his place at number five in the batting order.

Number six Green was bowled for a duck failing to play a shot but his breakthrough, three-

wicket haul in Brisbane was a thrill for a team which has searched in vain for a genuine all-rounder since the 2015 retirement of Shane Watson.

Alex Carey, who replaced former skipper Tim Paine behind the stumps, slotted in with aplomb, taking a record eight catches for a debutant wicketkeeper.

A number of other jigsaw pieces fell into place for the Australians, with spinner Nathan Lyon and paceman Mitchell Starc returning to form after their tough series against India.

Good debut for Cummins

Paceman Cummins had a stellar debut as captain, his match-high seven-wicket haul allaying fears he might struggle to juggle leadership with his bowling duties. His willingness to defer some tactical decisions to vice-captain Steve Smith paid dividends, and resulted in the key wicket of Ben Stokes on day four when Smith urged Cummins to insert himself into the attack to break a budding partnership with Jos Buttler.

Australia may need to shake things up a little in Adelaide, with paceman Josh Hazlewood nursing a side strain and opener David Warner struggling with bruised ribs. Jhye Richardson is likely to play his third test in the pink ball clash at Adelaide Oval if Hazlewood is sidelined. Australia have won every day-night test they have played, including the last Ashes clash in Adelaide during the 2017/18 series. REUTERS

I was really happy that just about everyone fired. I thought the bowling unit together bowled really well and just about all the batters got going in the game.

New captain PAT CUMMINS

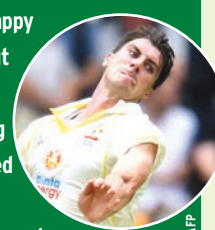


Photo: AFP

THE ASHES



INDIANS BAG 2 GOLDS, 4 SILVERS AT ASIAN ROWING CHAMPIONSHIP

Senior rower Arvind Singh bagged a gold in the lightweight men's single sculls event while his compatriots won three silvers as India signed off from the Asian Rowing Championship on a high note.

Arvind leapfrogged his opponents with a timing of 7:55.942s. Having finished 11th at the Tokyo Olympics along with Arjun Lal Jat in the men's lightweight double sculls, he beat his rivals from Uzbekistan, China, Vietnam, Indonesia and Thailand.

India drew curtains on the championship with three silver medals in the men's lightweight double sculls, men's quadruple sculls and in men's coxless four events.

Overall, India won two gold and four silver medals.

In lightweight men's double sculls, Ashish Phugat and



Arvind Singh

Photo: Media_SAI

Sukhjinder Singh won a silver with a timing of 7:12.568s, while in the men's quadruple sculls, Bittu Singh, Jakar Khan, Manjeet Kumar and Sukhmeet Singh finished second in a photo-finish clocking, 6:33:661s, losing the gold by 0.523 seconds.

Jasveer Singh, Punit Kumar, Gurmeet Singh and Charanjeet Singh clinched the other silver with timing of 6:51.661s in men's coxless final. PH

QUIZ TIME!

Q1: Which among these is the highest governing body of hockey?

- a) International Hockey Federation
- b) World Hockey Federation
- c) Federation of International Hockey
- d) International Hockey Association

Q2: Who is the first Indian triathlete to compete in Ultraman?

- a) Madhuriya Borah
- b) Anu Vaidyanathan
- c) Neeraj Chopra
- d) Arunaabh Shah

Q3: Prithi Singh cup is associated with ____

- a) Badminton
- b) Table Tennis
- c) Archery
- d) Polo

Q4: Indira gold cup is associated with ____

- a) Cricket
- b) Hockey
- c) Badminton
- d) Tennis

Q5: Which Indian player won the 2019 World Rapid Chess Championship, defeating China's Lei Tingjie?

- a) Bhakti Kulkarni
- b) Tania Sachdev
- c) Harika Dronavalli
- d) Koneru Humpy

Q6: Lewandowski set a new single-season scoring



Photo: REUTERS

record for the Bundesliga with ____ goals, one more than late Germany great Gerrard Müller.

- a) 33 b) 41 c) 34 d) 45

Q7: In which boxing championship are the boxers required to compete with each other bare-chested and without protective headgear?

- a) AIBA World Boxing championships
- b) AIBA World Series of Boxing
- c) Olympics
- d) Boxing World Cup

Q8: How many nations had participated in the

inaugural games of IAAF World Cross Country Championships which were held in Belgium?

- a) 21 b) 56 c) 84 d) 10

Q9: In which country, the first Youth Olympic Games was held?

- a) Singapore
- b) Japan
- c) South Korea
- d) China

ANSWERS: 1. a) International Hockey Federation
2. d) Arunaabh Shah 3. d) Polo
4. b) Hockey 5. d) Koneru Humpy
6. b) 41 7. b) AIBA World Series of Boxing
8. a) 21 9. a) Singapore