



THE TIMES OF INDIA

www.toistudent.com
**TODAY'S
EDITION**

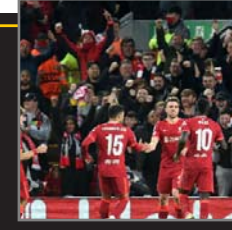
➤ When should a child's anxiety levels start worrying the elders, and what are the red flags...

PAGE 2


➤ Learn more about Decoupage art and create beautiful bottles to adorn your table

PAGE 3


➤ Atletico, Liverpool make it to knockouts in Champions League

PAGE 4

STUDENT EDITION
THURSDAY, DECEMBER 9, 2021

CLICK HERE: PAGE 1 AND 2

IAF CHOPPER WITH CDS RAWAT ON BOARD CRASHES

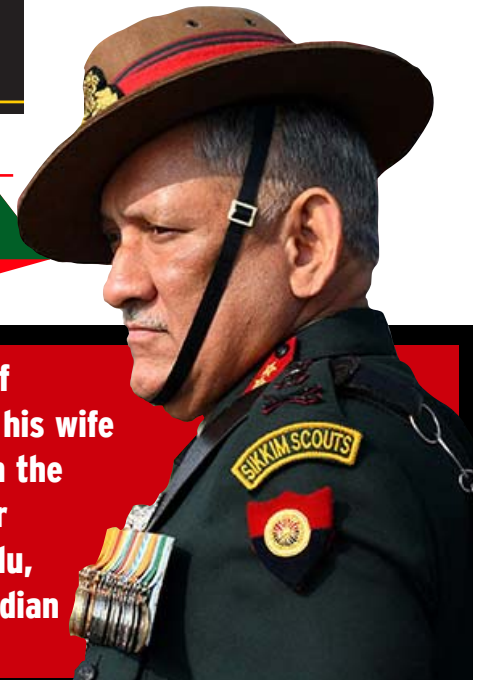
File photo/AFP



The copter carrying Chief of Defence Staff General Rawat and his entourage crashed in 'foggy conditions', killing the 13 people on board, the IAF said. One person survived the crash and is being treated at a hospital. "With deep regret, it has now been ascertained that Gen Bipin Rawat, Mrs Madhulika Rawat and 11 other persons on board have died in the unfortunate accident," the IAF said in a tweet.

Rawat was appointed in late 2019 to the newly-created office that serves as the primary military adviser to the government.

Chief of Defence Staff General Bipin Rawat, his wife and 11 others killed in the helicopter crash, near Coonoor, in Tamil Nadu, on Wednesday, the Indian Air Force confirms



1 Along with General Rawat, his wife Madhulika Rawat, Brigadier LS Lidder, Lieutenant Colonel Harjinder Singh, Naik Gursewak Singh, Naik Jitender Kumar, Naik Vivek Kumar, Naik B Sai Teja, Havaladar Satpal and pilots were travelling in the chopper.

2 The Indian Air Force said that a Court of Inquiry has been ordered to ascertain the cause of the accident.



3 Gen Rawat's insights, perspectives on strategic matters were exceptional. His passing away has saddened me deeply, said Prime Minister Narendra Modi. AGENCIES

■ Expressing deep anguish over Chief of Defence Staff Gen Bipin Rawat's death, Defence Minister Rajnath Singh said his untimely demise is an irreparable loss to the armed forces and the country. Earlier, Singh visited the residence of Rawat and spoke to his daughter.



■ Singh said General Rawat had served the country with exceptional courage and diligence. "As the first Chief of Defence Staff, he had prepared plans for jointness of our armed forces," he said. "My heart goes out to the families of those who lost their loved ones," he added.

#techtrends this week

Instagram Says Parental Controls Will Arrive in March



Instagram will introduce its first parental controls in March as it faces pressure to do more to shield its young users from harmful content and keep them from overusing the product. Adam Mosseri, head of the app inside Meta, the parent company of Instagram and Facebook, said in a blog post that parents would be able to see how long their teenagers have spent time on social media and limit the usage. Teenagers will also be able to tell their parents if they have reported someone for a violation of Instagram's policies. Mosseri said Instagram is developing a slate of other tweaks for child safety. Its users will no longer be able to tag or mention teenagers who don't follow them.

WhatsApp enables disappearing messages by default for new chats

WhatsApp on Monday announced that its users will now have the option to turn on disappearing messages by default for all new chats. Meta-owned platform said that it is adding two new durations for disappearing messages: 24 hours and 90 days, as well as the existing option of 7 days. "When enabled, all new one-on-one chats you or another person start will be set to disappear at your chosen duration, and we've added a new option when creating a group chat that lets you turn it on for groups you create," WhatsApp said in a statement.

TOP 3 NEWSMAKERS

BULLY OR A BOSS LADY?

Kamala Harris branded a 'bully' who inflicts 'soul destroying criticism' on staff: The Post



US Vice President Kamala Harris has been branded a 'bully' who inflicted 'constant-soul destroying criticism' on her office staff in a damaging expose by a liberal newspaper, 'Daily Mail' reported. 'The Washington Post' piece - a result of interviews with 18 people connected to the Vice President of the United States - also alleges that she'd fail to read briefings they'd prepared, only to turn on them if she was subsequently criticised for being unprepared, the report said. The claims from staff who worked for Harris were published amid confirmed departures of two high level staffers, with two others who are said to be heading for the door too. "It's clear that you're not working with somebody who is willing to do the prep and the work," a former colleague told the 'Washington Post'.

BHAJJI AS IPL STAFF?

He is expected to officially announce his retirement from competitive cricket soon

Former India off-spinner Harbhajan Singh will be seen in a different avatar during next year's Indian Premier League as a key member of the support staff in one of the high-profile franchises. The 41-year-old is expected to officially announce his retirement from competitive cricket some time next week and after that he will decide on one the offers he has got to be a part of the support staff of at least a couple of franchises. "The role could be that of a consultant, mentor or part of the advisory group but the franchise with which he is talking are keen to use his vast experience. He will take active part in also helping the franchise decide on their auction picks," an IPL source privy to the development told PTI on conditions of anonymity.



Merkel Bows Out After 16 Yrs

It's the 'end of an era' as the German woman leader served alongside four US presidents, four French presidents, five British prime ministers and eight Italian premiers



Angela Merkel was assured of a place in the history books as soon as she became Germany's first female chancellor on Nov 22, 2005.

Over the next 16 years, she was credited with raising Germany's profile and influence, working to hold a tenuous European Union managing a string

While Merkel lacks a spectacular signature achievement, the centre-right Democrat came to be viewed as an indispensable crisis manager and defender of Western values in turbulent times

of crises and being a role model for women.

Now that near-record tenure is ending with her

leaving office at age 67 to praise from abroad and enduring popularity at home. Her designated successor, Olaf Scholz, took charge on Wednesday.

Merkel, a former scientist who grew up in communist East Germany, is bowing out about a week short of the record for longevity held by her one-time mentor, Helmut Kohl, who reunited Germany during his 1982-1998 tenure. AP

Santa Pause

Sammy hanging up red suit after bringing joy to kids for 54 years!



He's been a professional Santa Claus for over 50 years, after initially being encouraged to dress up as St Nick by his mother. But now the time has come for Sammy Lee from East Belfast to hang up his famous red velvet suit for the last time this Christmas and pass it on to the next generation. The 74-year-old grandad has been spreading Christmas cheer throughout his local community for 54 years as a real-life Santa. Sadly, health problems mean Sammy will have to give up his cherished role after decades of bringing smiles to many faces, both young and old. Father-of-three, Sammy told the 'Daily Mirror' how his long-time and popular tradition all began. He said: "It started out as a wee gesture but then I got hooked seeing all the kids faces and the joy you'd bring to them. I was 20 at the time of the first year and playing in a resident showband at Starlight." Sammy's festive antics down the years haven't just been restricted to generations of family and friends as he has also made regular appearances in local schools and at Christmas charity events. "It all started from there and soon I was visiting the relatives every year, dressed up as Santa," added Sammy.

When should your child's anxiety worry you?

Anxiety is a word that you often hear in relation to mental health, and when it is associated with your teen you feel your stomach dropping and your thoughts racing



WHAT EXACTLY IS ANXIETY?

Anxiety is an unpleasant emotion that we all experience at times. It's a useful emotion to have as it prepares us for upcoming stressful events and also for otherwise dangerous situations. It is associated with faster heartbeat, excessive thinking, sweating, breathlessness, even nausea. However, there is, for each of us, a unique threshold for managing anxiety in a healthy way beyond which it becomes distress.

WHICH SYMPTOMS IN YOUR CHILD SHOULD ALERT YOU?

When you see your teen consistently panic or show avoidant behaviour at the thought of e.g. going to school or meeting friends, doing some task or even engaging obsessively perhaps in cleaning a space - it's time to sit your child down and have a direct focused conversation about what is bothering him/her. This also applies to situations of them blanking out before an exam or displaying any 'too much' behaviour like sleeplessness, emotional

outbursts, migraine or stomach ailments. When anxiety escalates even beyond these symptoms and reaches the point of thoughts of self-harm, then caregivers need to seek immediate professional support. This behaviour is also displayed through drastic shifts in food habits like counting calories to avoid weight gain or binge eating (e.g. Alisha's binge-eating and purging in 'The Midnight Years').

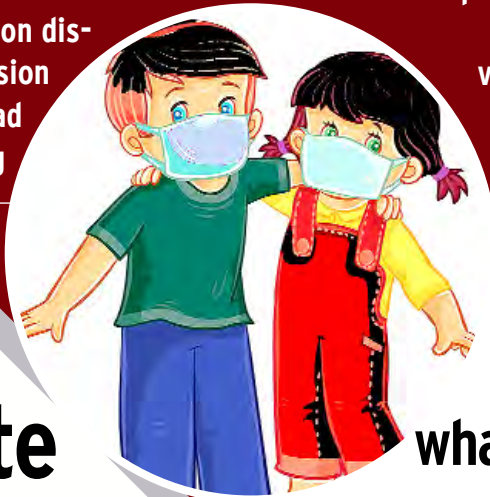


Jane De Suza (R) and Sangita Unni (L) are co-authors of 'The Midnight Years', published by Hachette India

HOW CAN PARENTS HELP?

Consciously and proactively building a safe environment where all stakeholders could have an open honest emotional conversation i.e. talk about their day, share happy and challenging moments and attempt to resolve challenges, becomes a step towards supporting your children's emotional needs. Often, as parents, we try to problem-solve, judge or minimise their experience when children share challenges, while all your child may be looking for is compassion, connection and empathy with their loved ones in a safe space. Negative emotions such as anxiety are okay and important to go through - it helps build resilience. However, when anxiety disrupts your child's daily life and functionality, then do treat it as a cause for concern and explore avenues of support.

"Is this the onset of the dreaded third wave we all have been fearing?" asks Shalini Srivastava, mother of two teens. "Yes, the one which will infect the kids," asks another. This is a common discussion thread among



all parents' groups across India. At a time when schools have finally started to open for physical classes, the news of the latest 'variant of concern' Omicron in India, is making parents panic, more so because while all of them are vaccinated, their children are still waiting for a Covid vaccine.

Dr S SENTHIL KUMAR, Consultant

Pediatric Intensive Care Unit, Meenakshi Mission Hospital & Research Centre, Madurai explains, "All viruses have a natural capacity to evolve continuously by making minor changes in their structure and functions by gene modifications known commonly as mutations. These mutations may be insignificant or significant enough for the virus to behave as a new variant with different properties. Sometimes these mutations can even make the virus less potent than the original virus. Alpha and Delta variants were the initial mutated variants, which were responsible for the previous waves of Covid. So, Omicron (B.1.1.529) is one such recently mutated variant of the



Dr C JAYAKUMAR, Professor & Head, General Pediatrics, Amrita Hospital, adds

We don't know much about this variant yet. From the information that we have, it is far more dangerous than the last two Covid variants. How this is going to cause pneumonia and other dangerous complications are yet to be discovered. So, till the time we get the correct picture of the nature of this virus, it is our duty that we protect ourselves and follow the guidelines issued by respective state and central governments. It is also very important to get both doses of the vaccine, the government soon can advise for booster doses also to be safe from the adverse effects. Certain vaccines are superior in preventing this Omicron variant, but we scientists and researchers are not yet sure about this fully and the

In the absence of Covid-19 vaccine for children in India, what should parents know about

OMICRON



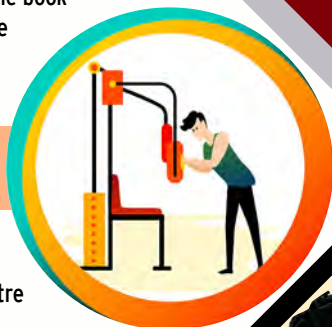
Manner Matters

Gym etiquette everyone should know

Whether you are an avid gym-goer or a newcomer, there are some common gym manners you should know before you step into a gym. Gyms don't always hand over a rule book when you join it, but you are expected to apply some common sense on your own. Here is a list of seven annoying habits people demonstrate in this space

NOT PUTTING EQUIPMENT BACK IN ITS DESIGNATED SPACE

➤ This is the most common mistake many people make. They use the equipment and leave a disorganised mess behind them for the fitness centre employees to clean it. Whenever you use any gym equipment, put it back in the right place.



DROP WEIGHTS LOUDLY

No matter how long you have been working for or how exhausted your muscles are, you should never drop your weight on the ground loudly. Letting your weight bang loudly on the ground can disturb others. Moreover, it may lead to accidents. Slow down and place the weights gently.



TALK OVER THE PHONE LOUDLY

You are surrounded by people in the gym and you need to be mindful about it. Talking loudly on the phone is a big no-no. Nobody wants to be a part of your conversation. You should keep your phone on silent when you are in the gym. But if there is an important call and you need to take it at all costs then go out of the gym.

SOCIALISING A LOT

A gym is a place to work out, so one should concentrate on the same. While it might be fun to chat a bit with your friend exercising in the same gym, try to keep it minimal. If you stand in the middle of the gym and indulge in a long enough conversation, this will only disturb others.

SIT DOWN ON MACHINE WITHOUT USING IT

While it is important to take a short break between two repetitions, you should not stretch that rest period of 30 seconds to 10 minutes. Most of the people do intense exercise for 1 minute and then scroll through Instagram for 10 minutes before starting the next one. This attitude is not right. If your idea of a break is 10 minutes long then give someone else the chance to use the machine.

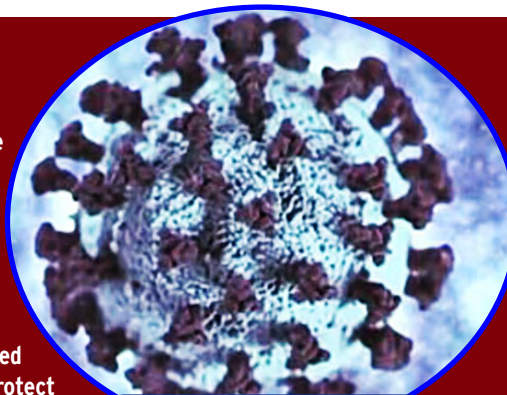
EATING IN THE WORKOUT AREA

The urge to have something to eat post-workout session is quite obvious, but do not do it in the gym. Everybody wants their surroundings to be clean and if you chow down in the gym you might be making the area untidy. It is also not safe to have food in the gym due to safety factors in the ongoing Covid era.

Dr S Senthil Kumar says,

"From our experience from the previous two Covid waves, we know that children are not at higher risk and also the disease is usually mild when compared to adults. It's high time the public resorts to strict adherence of anti Covid measures in public spaces to prevent further lockdowns.

We need to wait for the nature of the progression of the virus to get a clear picture. But with aggressive vaccination coverage, the possibility of a third wave may either be delayed or even mitigated." The only way to protect yourself right now is to use a mask, which is more important now than ever before and the mask may be our vaccine for this Omicron variant, till the time our researchers and experts find out a way.



ARE CHILDREN AT HIGHER RISK FROM THIS VARIANT?



Dr Jayakumar adds,

"Advise your children strictly and educate them about the importance of wearing masks. Hand washing is also very important. And we have to avoid all crowding as Omicron is said to spread very fast through the air. All crowding has to be avoided. Children should take food in the class itself rather than in open spaces or in canteens. And the only thing we can focus on doing right now is to educate our kids on the virus and make them understand the importance of safety protocols to follow when they are in school."

alright. From conversations on mental health, queer identities, being a certain way, un-gendered clothing, breaking male-female stereotypes, social media has space for all. By being around people of their age, or surrounded by positive stories, kids get a chance to accept themselves, and strengthen the communication they have with their families.

IT CAN HELP THEM EXPRESS THEMSELVES BETTER

Back in the day, debates, speeches, events were considered the 'only' ways for a child to showcase their inner creativity and talent, even in a limited realm. With the advancement of social media, kids today have a lot more scope to present and even hone their talent, express themselves in a way they deem fit, and even work around with a wider audience. Podcasts, fandoms, creative communities and many online courses grant kids the freedom to express themselves freely, as they like.

WHEN SHOULD YOU GIVE KIDS CELLULAR ACCESS?

Even with all the positive benefits, do remember that social media and phone use for the kids can be a tricky road to navigate, for there can be just as many negatives. With the times changing, kids today have access to phones a lot earlier than their seniors. Again, while it's a purely personal decision to make, it's important to assess your child's maturity, cognitive skills, sensitivity and problem-solving skills before giving them access. Coach them right, explain them the rules and children should also be taught about the ill-effects of excessive screen time to make gadget use safer.

SHOULD YOU MONITOR THEIR ONLINE PRESENCE?

This, again, can be a difficult decision to make. The important thing to keep in mind is trust. Snooping in on your kids' phone can also affect your relationship with them. A wiser stance would be to work out a deal where you allow them the freedom to have a separate online presence, not frequently check or snoop, but also be in the know of the online friends they talk to, the content they share online. Have a freewheeling chat with them to follow social media protocols, keep some sites off-limits, and tell them to be safe on the internet. For your own reassurance, consider using parental locks, or restricting usage where necessary.

4 brilliant ways social media use can benefit your kids

Facebook, Instagram SnapChat, Twitter or TikTok, kids today have a lot more options to connect with people than the previous generation. We often bat an eye when we think of letting kids be on social media.

While it's something that has become common today, parents are often sceptical about granting children phone access or letting them be on social media. Given the spurt of online trolling and abuse, social

media use amongst younger kids should be with precautions. However, if used correctly, social media can indeed act as a great tool in shaping your child's personality, hone skills and offer a lot of benefits.

IT HELPS THEM FORM GOOD FRIENDSHIPS

Friendships and peer relationships are important during the growing up years. While online abuse and cyberbullying can be associated with social media usage, getting connected online can actually be a good way for your children to form friendships, beyond the physical realm. It can also be a great way to make connections, if your child suffers from social anxiety and has trouble making friends IRL. As long as they continue to use social media for good, these platforms can be a great getaway for them to connect and know about different cultures, people, and build on a broader perspective.

SOCIAL MEDIA GIVES THEM ACCESS TO REAL ISSUES

If you are on social media, you would realise that the real issues and news often break



out of the digital space and getting online can actually offer children a good level of awareness and knowledge by exposing them to issues that matter and social networks from all across the world. For kids who are growing up in a digitally progressive world, being on social media can make them true citizens of the world. Kids and teenagers today are actually using these platforms to raise positive thoughts, counter bullying and raise awareness on issues that really matter.

IT CAN PROVIDE THEM SUPPORT

One of the greatest wins from being present on social media can be the acceptance and validation it can bring, and offer a sense of belonging. Believe it or not, while social media can be terrifyingly isolating at times and make one susceptible to pressures, it can also be the open space growing kids need and get to understand that what they are going through is

Balance academics and sports

A felicitation ceremony was held in Oxford Public School, Kandivali west to laud the efforts of achievers in the skipping jump rope competition organised by Oxford Public School and conducted by Fit Cart Gym and fitness centre on 2nd October 2021. Chief guest Reshma Bhoir applauded the efforts of the students by presenting them with medals and certificates. Oxford Public School, aims to give students a window to the wider world. School principal Jyotsna Roberts has a vision for setting up a school that would ensure that the students develop the skills to balance academics and sports. Students felt motivated and encouraged and graced the sportsmanship.



A FINE DISPLAY OF ART WORKS



An art exhibition was organised by Saraswati Purushuttam Memorial Trust, at Nehru Centra, Mumbai. 18 students from Holy Angels' School, Dombivali participated therein under the guidance of Ketan Waghmare, art teacher

DECOUPAGE BOTTLES

Decoupage art is very simple. One can use material easily available at home to create some elegant pieces.

METHOD

- Take glass bottles, clean and dry them
- Apply a few coats of white paint and let it dry.
- Cover it with a coat of mod podge to act as an adhesive.
- Stick decoupage tissue paper on it. Let it dry for a few hours.

MATERIALS NEEDED

- Glass bottles
- White paint
- Mod podge
- Decoupage tissue paper

- Paint the top and other portions not covered by the tissue with acrylic paint and a sponge brush.
- You can add stamps of different types to give it a personalized touch.
- Embellish with lace, rope, flowers or other decorative items.

It is really fun making these bottles and I plan to do more of them in the future.

Vedika Lodha, class IX, DPS East, Bengaluru



DO IT YOURSELF

BOOK: AS GOOD AS DEAD BY HOLLY JACKSON

The final novel in the trilogy following 'A Good Girl's Guide to Murder' and 'Good Girl, Bad Blood' by the bestselling author Holly Jackson; 'As Good As Dead' is the final nail in the coffin of Pip's story. Still haunted by the memories of her last case, Pip is severely traumatized as her sleep is robbed of her and so is her trust in the justice system. She feels hollow and lost from inside, no matter how much everyone tries to bring her back. When things finally started to settle down even a bit, Pip starts getting regular messages over various social media platforms from an anonymous person stating the same, 'Who will look for you when you are the one who disappears?' Soon events follow which leads Pip to the realization: she has a stalker who is now coming for her. Pip decides to solve the case of her stalker for the last time as she realizes that the only way to escape her past is by solving a clear cut case, a case which targets her. Pip soon discovers a connection between her stalker and an already imprisoned Ser-

ial Killer, which means it cannot be him... or is there more to the story than she can see this time? The case follows along as Pip realizes that it is not

a new road, but a full circle to where it all began and she has to solve this case to find herself back; but if she fails, the cost may be even more than she can ever pay back...

With this final trilogy, this book brings us back to where it all began but this time finally unraveling each and every little secret. Every unanswered question is answered as we finally realize nobody is as they seem to be and everyone has a different side lurking inside them. The beautifully crafted trilogy finally ends with a bittersweet ending which would surely linger in the reader's mind for long and I recommend the trilogy to everyone who is ready to face the truth of the real world outside...

Noyonika Sharma, class XI, Apeejay School, Nerul



REVIEW



This world turned upside down

(This story is from the point of an actress)

This was my first photo shoot and suffice to say, I was excited. I could see a tent-like structure (a light tent as I would be told) in the room. There were lights positioned strategically around the light tent. The photographer gave me instructions on standing inside the tent for the best effect. I gave him my best smile and the camera flashed as it captured my different poses.

"Last shot, ma'am," the photographer said. "Finally," I thought. Not that I hated being photographed but my back was killing me now. The camera flashed in my eyes, I shut them and I felt dizzy. Almost as if I was travelling in a car at 1000 miles/hour if it was possible. After the unusually bright glare was gone, I managed to open my eyes and what I saw was astonishing to say the least.

The room was very different. I couldn't wrap my head around the fact as to how or why did the room change in the spur of the moment. I



stepped out of the tent and saw how exactly the room was different. The room was painted in contrasting hues from the original one; almost like a photonegative version which mind-bending. It was almost as if this world was my world that had been turned upside down literally.

Aarya Bhanushali, class X, S.V.D.D. English Medium Secondary High School



SILENT WAYS

Not really long ago was it
When we walked ourselves
down this same old road
Not words were exchanged
but the silent readings
Of the eyes we silently did
and smiled
For it was something just
we knew how we could do
But even I never knew how
we ever did that
It was just how we both
ever worked

Yet we were the only ones
who enjoyed the terrible
peace and quiet
For the birds and winds and
flowers and bees just
buzzed along everyday
Filling in the stillness we
both faced along
But they didn't see maybe
that it was what we ever
did
It was not the spaces
empty which they tried to
fill
It were the emotions
sparking which only we
could feel
We walked down everyday
And everyday was just the
same
Yet the nature never gave
up

NOYONIKA SHARMA, class XI, Apeejay School, Nerul



On filling in the sounds as
our empty silences echoed
silently
But something changed one
day
While the silence remained
the same you were out of
my sight
Wondering the reason of
your absence
So the silence reigned
again
And the same birds and
winds and flowers and bees
swayed again to the silent
music they discovered in
my puzzlement
Today again it happened
As you are again invisible
in my eyes
But now something tells me
inside

That I have seen you
already for the last time
And as the realization sinks
in
My heart yearns to see you
one last time
For I realize it was not the
silence between us
But you being there was
what I enjoyed
Yet I know deep inside that
I have had my last chance
As I have to now walk alone
with just me in this silence
While everything around
me goes on the same
Something in my life just
never changed
As I now walk alone and
silently down the road with
the silent melancholy of my
echoing thoughts of you...

AN ABECEDARIAN POEM

An abecedarian poem I began to
write,
But what it was, I did not have a
clue
Checked on google, and under-
stood the meaning
Difficult it seemed, not gonna
lie,
Experience will be new, so, why
not give it a try?
For my poem I decided a theme,
Got some words and though of
some rhymes,
High time it was for me to
shine.
Interesting how the words came

together,
Just so easily, I arranged them
in order.
Kitkat I ate along with some
cake,
Long time it had been, so I took
a short break.
Many lines were completed by
me,
Now only 13 lines were left, to
finish the poetry.
Oh! How happy to finish the
poem I was!
Proud of the outcome, despite
the flaws.
Quarter to 11 was the time,

Realized that I had started writ-
ing at 9
Sleepy I felt after writing this
poetry, because,
Time consuming this was, really.
Unlike any other competition
that I've come across,
Very interesting this challenge
was.
Writing this poem was way too
much fun,
X factor you also have, So,
You also give it a try, cause
that's how we learn,
Zealously, enthusiastically, pick
up a pen and give it a go!

RADHIKA CHOPRA, class X, Fr. Agnel Multipurpose School, Vashi

Coding Camp

LEARN Coding

DEVELOP Apps & Games

ARTIFICIAL Intelligence

MACHINE Learning

and much more.....

SKILL YOUR CHILD FOR THE DIGITAL FUTURE

Cost 1800/- for 1 Month

20 LIVE CLASSES

BONUS Certificate in Coding

Use Coupon Code "TOINIE" 15% DISCOUNT

+91 9501542223 www.leapwaters.com/coding-camps/

CUMMINS SHINES, ENGLAND CRUMBLE

Rain-hit opening day sees England out for 147

It is a dream start. It was not a bad toss to lose. Starc started off nicely, all bowlers did their job and to keep England under 150 is something to be proud of. It was nice to take a fiver. Pumped for Mitchell Starc, it was an exciting way to start the series. When you think first ball of an Ashes series, your mind goes to Steve Harmison, hopefully this will be the new memory now

Aus captain,
PAT CUMMINS

Pat Cummins took a five-wicket haul in a dream start to his Australia captaincy as England were skittled for 147 by tea at the Gabba before rain brought the opening day of the Ashes to an early close. Australia's first fast-bowling skipper in 65 years, Cummins shone on a golden day for the home side that began with Mitchell Starc removing Rory Burns with the first ball after Joe Root sent his team in to bat on a grassy wicket.

The play ended with Cummins (5-38) leading his team off the ground to a standing ovation, holding the Kookaburra ball aloft in celebration of his first 'five-fer' against the English. "It's been a good start to my captaincy stint," said the 28-year-old quick. "I'm really proud of not only how everyone bowled but I thought everyone stayed really composed."

The rain capped a gloomy day for England at their traditional house of pain, but they may end up praying for more of it to avert defeat. Their sole victory on Wednesday was when Root called the toss correctly, but his faith in England's batting was forlorn in the face of a fearsome pace on a muggy, overcast morning.

POOR START FOR ENG

Burns became the first player dismissed with the opening delivery of an Ashes in 85 years when Starc bowled him down the leg-side. It was an ugly dismissal for the Surrey man, who crab-walked across his stumps and trudged off with his sixth duck of the year, an all-time record for opening batsmen. Root was out for a duck by a pearl of a delivery from the big quick, with David Warner leaping wide for a superb catch in the slips.

Within half an hour he had been

joined in the dressing room by David Malan (6) and Root as the metronomic Josh Hazlewood struck twice. Malan dangled his bat out to catch an edge and gave debut wicketkeeper Alex Carey his first test dismissal.

Cummins introduced himself after the morning drinks break, dismissing England's danger man Ben Stokes (5) with a brutish ball

THE ASHES



Photo: AFP



Mitchell Starc

Photo: AP



Josh Hazlewood

that induced a nick to a diving Marnus Labuschagne. The captain then had opener Haseeb Hameed out for 25 in similar fashion straight after lunch, leaving England 60 for five.

An aggressive Jos Buttler (39) and Ollie Pope combined to rally England but Starc broke their 52-run stand with a sizzling delivery that caught Buttler's edge and sailed to Carey. Young all-rounder Cameron Green celebrated his first test wicket when Pope (35) sent a panicky pull which Hazlewood pouched brilliantly in the deep.

Cummins cleaned up the tail to complete an inspirational performance, some 10 years on from his test debut as an 18-year-old, when he took a seven-wicket match haul at the Wanderers to help beat South Africa.

VETERANS WILL BE MISSED

With England resting both Stuart Broad and James Anderson, the first time the veteran seamers have both missed a test together in five years, it will be up to the inexperienced Ollie Robinson and Mark Wood to lead the pace attack on a wicket that tends to quicken on days two and three.

The last time England played without both Broad and Anderson, they lost to Bangladesh on the 2016 tour.

England fans may wake up to a feeling of déjà vu, given the team's record at the Gabba, where they have lost six of the last eight tests. But Pope insisted the team could still work their way back into the game. "I think we've got the skill set in our bowlers to drag this back," said the middle order batsman. We're going to keep fighting. We don't know how (the wicket) is going to react tomorrow." REUTERS

LIVERPOOL MAKES PERFECT 6

Wins 2-1 at AC Milan to get on top of group stage in CL

Liverpool made it a perfect six in the Champions League group stage by winning 2-1 at AC Milan as the Italian team's return to Europe's premier club competition came to a swift end on Tuesday.

Milan needed a victory to have any chance of qualifying for the knockout stage in its first appearance in the competition since the 2013-14 season and things appeared to be going to plan when Fikayo Tomori scored in the first half. But Mohamed Salah kept up his impressive scoring streak and fired Liverpool level seven minutes later. And a Tomori howler gifted Divock Origi and

Honestly I don't feel pride a lot in football because most of the time I expect good things to happen. But tonight fills me with a lot of pride. It's not a prize (winning all six) and you win something. I'd have taken each point tally to go to the next round but 18 is the best so we take that as well.

Liverpool manager JURGEN KLOPP



Mohamed Salah

Photo: AFP

Liverpool the winner in the 55th minute.

That saw Liverpool become part of an elite list of clubs to qualify for the knockout stage with a perfect record, and the first English team to do so. Milan, a seven-time European champion, finished bottom of the group.

Both teams in Milan were without a number of first-choice players: the Rossoneri because of an ever-lengthening injury list and Liverpool through choice, with manager Jurgen Klopp making eight changes to the team that beat Wolverhampton 1-0 on Saturday.

It was Salah's 11th goal in 11 Champions League matches. The Egypt forward also became the first player to score 20 goals for Liverpool in five successive seasons since Ian Rush in the 1980s.

Cautious start

Liverpool dominated possession from the outset in Milan but it was a cautious start from both teams with chances few and far between. Milan upped the pressure but never really threatened and its winless streak in the Champions League continued. AP

ATLETICO REACH KNOCKOUTS

Make last ditch comeback with 3-1 win at Porto

Atletico Madrid found a way to win again in the Champions League when it needed the most. After three straight losses, Atletico made an improbable comeback with a last-round 3-1 win over Porto to advance to the knockout stage of the European competition on Tuesday.

Antoine Griezmann and Angel Correa scored second-half goals for Atletico, which had entered the final round in last place in Group B and could only advance with a win and some help from already qualified Liverpool. Atletico finishing with seven points and Porto with five points, one more than Milan.

"This match and this group-stage campaign sums up just what Atletico is all about," Griezmann said. "We are a true group and we need everyone to do their bit to get to where we want to. We never stop believing."

Tense match

Diego Simeone's team had lost its last three Champions League games



Antoine Griezmann

Photo: AFP

against Liverpool twice and to Milan _ and was facing its second group-stage elimination in nine seasons. It was a tense match in Portugal, with both teams having players sent off after altercations three minutes apart in the second half.

Atletico's Yanick Carrasco saw a red card after shoving Porto's Otavio to the ground in the 67th, then Wendell was shown his red after pushing an Atletico player away with his arm. Wendell had entered the match seven minutes earlier. Porto also had reserve goalkeeper Agustin Marchesin sent off for complaining from the bench. AGENCIES

OTHER MATCHES

- ◆ Manchester City suffered a 1-2 defeat against RB Leipzig, but is still in the top position in Group A.
- ◆ Borussia Dortmund thrashed Besiktas 5-0
- ◆ Real Madrid defeated Inter Milan 2-0.
- ◆ Ajax defeated Sporting FC 4-2
- ◆ Paris Saint-Germain defeated Club Brugge 4-1

QUIZ TIME!

Q1: Which among the following sports has the largest number of participants in teams of either side?

- a) Rugby
- b) Water polo
- c) Baseball
- d) Soccer

Q2: Which of these games was previously known as Mintonette?

- a) Football
- b) Baseball
- c) Volleyball
- d) Handball

Q3: When did the World Chess Championship begin officially?

- a) 1946 b) 1925 c) 1899 d) 1886

Q4: When was the Olympic Motto introduced?

- a) 1920 b) 1914 c) 1924 d) 1928

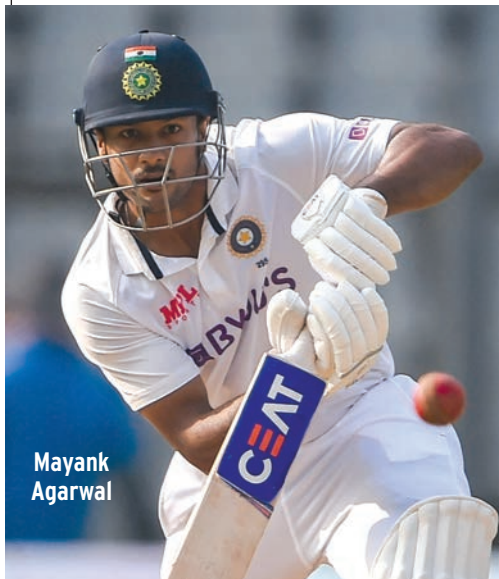
Q5: Who was the first president of FIFA?

- a) Sepp Blatter
- b) Robert Guerin
- c) Daniel Woolfall
- d) Carl Hirschmann

Q6: Mayank Agarwal scored his maiden Test century

against which country?

- a) Bangladesh b) West Indies
- c) New Zealand d) England



Mayank Agarwal

Photo: AFP

Q7: Which country hosted the 2016 Summer Olympic Games?

- a) China
- b) Brazil
- c) United States of America
- d) Japan

Q8: How many team members are there on each side of a Kabaddi match?

- a) 5 b) 7 c) 9 d) 11

Q9: What is the name of ice hockey designed for players who have a physical disability?

- a) Sledge Hockey
- b) Bandy
- c) Roller Hockey
- d) Rink Hockey

Q10: In which year was hockey introduced for the first time in the Commonwealth Games?

- a) 1995 b) 1996 c) 1997 d) 1998

ANSWERS: 1. a. Rugby 2. c. Volleyball
3. d. 1886 4. c. 1924 5. b. Robert Guerin
6. c. New Zealand 7. b. Brazil
8. b. 7 9. a. Sledge Hockey 10. d. 1998