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STUDENT EDITION
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WEB EDITION

MS DHONI RETIRES FROM INTERNATIONAL CRICKET

MAHI WAY: From railway tkt collector to CAPTAIN COOL



WHEN MS DHONI smashed the six that won the World Cup for India in 2011, it instantly became an iconic moment in cricket and established the man, who started out as a railway ticket collector, as one of the game's greats. Hard-hitting, unruffled even under pressure, the record of 'Captain Cool', and India's most

His countless endorsement deals and TV ads not only made him a sports superstar to rival Sachin Tendulkar but also put him in the Forbes list of the world's richest athletes. In 2015, his income was estimated to be \$31 million

successful captain, will be virtually impossible to beat. Holding the inaugural World T20 trophy in Johannesburg in 2007, and leading India to victory in the WC final against Sri Lanka at Mumbai's Wankhede stadium will remain etched amongst the most memorable Dhoni moments.

HERE'S WHY DHONI IS CAPTAIN COOL

- Dhoni was one of the country's most successful captains, before stepping down as the skipper of the limited-over teams in 2017
- Under his stewardship, India won the T20 World Cup in 2007, the 50-over World Cup in 2011, and the Champions Trophy in 2013
- The team also reached the top of the Test rankings in 2009 under his leadership

REACTIONS GALORE

What you've done for the country will always remain in everyone's heart. But the mutual respect and warmth, I've received from you will always stay in mine. The world has seen achievements, I've seen the person. I tip my hat to you @msdhoni

VIRAT KOHLI, Indian captain

Your contribution to Indian cricket has been immense, @msdhoni. Winning the 2011 World Cup together has been the best moment of my life. Wishing you and your family all the very best for your 2nd innings

SACHIN TENDULKAR, former Indian captain

Major announcements made by PM Modi on I-Day



1 EVERY INDIAN TO HAVE A DIGITAL HEALTH ID: PM Modi has unveiled an ambitious National Digital Health Mission, under which every Indian will get a health ID that will ease access to the medical services. The health ID will contain information about your medical data, prescriptions and diagnostic reports, and summaries of the previous discharge from the hospitals for ailments. The mission is expected to bring efficiency and transparency in the healthcare services in the country.

2 NEW CYBER SECURITY POLICY TO BE UNVEILED SOON: The draft of the National Cyber Security Strategy 2020 that envisages creating a secure cyberspace in India is ready, and is likely to be finalised this year. The government recently banned several Chinese apps to protect the personal data of Indian users.

3 SCHEMES FOR WOMEN: PM Modi talked about government's scheme to provide

sanitary napkins at ₹ 1. He said the government is deliberating on what should be the minimum age of marriage for women and has set up a committee to look into the matter. The minimum age of marriage for women is 18 years and 21 for men. PM Modi also talked about the economic empowerment of women.

4 ALL VILLAGES TO BE CONNECTED WITH OPTICAL FIBRE IN NEXT 1,000 DAYS: PM Modi announced that the task to connect India's over six lakh villages with optical fibre network will be completed in the next 1,000 days.

5 ₹100 LAKH CRORE TO BE SPENT ON INFRASTRUCTURE PROJECTS: PM Modi said that a plan has been prepared to connect the whole country with multi-model connectivity infrastructure. Nearly 7,000 projects in different sectors have been identified. In a way, it will be a new revolution in the infrastructure sector.

UNIVERSITY OF OXFORD LAUNCHES 'TEN-MINUTE BOOK CLUB'

The University of Oxford has launched a digital book club called 'Ten-Minute Book Club'

HOW DOES IT WORK: According to the website, every Friday, Oxford academics will choose and post a free literary excerpt that can be read in 10 minutes. Each extract is paired with free resources and an introduction by an expert suggesting themes or contexts to think about as you read.



HOW CAN YOU USE IT? Read yourself or have a discussion with family, friends, colleagues, or anyone else you'd like to connect with. Expect to be exposed to a mixture of classic well-known literature and outstanding works from the 19th and early 20th centuries.

WHAT'S ON THIS WEEK? This week you can read an extract from the 19th century sociologist, author and critic W.E.B Du Bois' book, 'The Souls of Black Folk', which was published in 1903.

Access: <https://english.web.ox.ac.uk/ten-minute-book-club/du-bois-souls-of-black-folk>

MOTIVATE YOURSELF

FEELING DOWN?

Take inspiration from Amy Morin, a psychotherapist and TEDx speaker, who has written a book called '13 Things Mentally Strong People Don't Do.' She says, "Mentally strong people don't sit around feeling sorry about their circumstances or how others have treated them. Instead, they take responsibility for their role in life and understand that life isn't always easy or fair." You too can take the lead by sharing your views. To start with, do send your views on:

- 1 Does technology make one feel more alone?
- 2 Has social media/selfie-culture added to humanity's narcissism?
- 3 Have you ever tried deleting your social media account? How was the experience of walking away?
- 4 Has technology and online learning added to your learning experience?
- 5 What is better when it comes to learning a second language? Apps or classes with a teacher.

Send your articles at toinie175@gmail.com

IIT, Bombay graduates develop android app for online learning on 2G service

Two graduates of the Indian Institute of Technology, IIT, Bombay, have developed an android application for online learning for students. Called, 'Wise App', it will help students for online learning on the 2G service. The application is user-friendly, free of cost, and comes without any advertisements. Mubeen Masudi and Bilal Abidi,



INNOVATION



the developers of the app said, "Wise App, which works on 2G, enables teachers to schedule and conduct live classes on ZOOM without having to share meeting IDs and passwords. Additionally, it enables the teachers to send and receive assignments, facilitate discussions, share material, and receive automated attendance reports, all at one place."

It took two months for Abidi to develop the app. The app was launched in Google Playstore last week

IN THE RECORD BOOK

WOMAN SPELLS 56 WORDS BACKWARDS IN ONE MINUTE



GinzamA yllaiciffO! Read that backwards. A woman's unusual talent of spelling backwards has earned her a place in the Guinness World Records. Pam Onnen, from Hastings in Minnesota, spelt 56 words backwards in just a minute. The Guinness World Records shared a video of Onnen spelling 56 words backwards from a randomised list in a duration of one minute. The video also featured her reciting the English alphabet backwards.

The previous record of most words spelled backwards in one minute was 17



SHARON STONE'S MEMOIR TO HIT BOOKSHELVES IN MARCH 2021

Actor Sharon Stone's memoir, 'The Beauty of Living Twice' will be released in March 2021. The 62-year-old actor shared the news in a post on Twitter, where she also unveiled the book's cover. The book will be published by Alfred A Knopf. The memoir will be released simultaneously in hardcover and as an ebook. Stone will also narrate the book for its audible edition.

BOOK

NEWS IN BRIEF

CLICK HERE FOR MORE

MILEY CYRUS RELEASES SELF-DIRECTED MUSIC VIDEO 'MIDNIGHT SKY'

After creating a buzz in the social media for the past few weeks, singer Miley Cyrus has released her highly-anticipated single, 'Midnight Sky'. According to Billboard, the song is the first single from her upcoming album, 'She Is Miley Cyrus'. The 27-year-old musician made the official announcement on Twitter, sharing a brief clip of the music video that has been directed by her.

- Clocking in at three-minute and 42-seconds, the official music video is all glitzy-glamour and colourful.
- The musician shines in the video as she is seen decked in neon and shimmery body fit attire, teamed up with crystal-covered long black gloves.
- However, Cyrus is yet to announce an official release date for 'She Is Miley Cyrus'

CLIMATE CHANGE, NOT HUMANS LED TO THE EXTINCTION OF THE WOOLLY RHINO

Awoolly brown rhinoceros that weighed two tons, once roamed in northeastern Siberia, before mysteriously disappearing around 14,000 years ago. Was its demise caused by humans, or the warming climate of the time? A new study by scientists say the population of the animal, also known by its scientific name, *Coelodonta antiquitatis*, remained stable for millennia as they lived alongside humans, before dropping sharply towards the end of the last ice age.

ENVIRONMENT



➤ Humans arrived in this part of Siberia 30,000 years ago. Though they hunted the rhinos, the animal's population remained steady for 12,000 more years, until an abrupt period of warming, known as the Bolling-Allerod

FACTOID \$1.5 MN

Price of a Covid mask that is being created by Israeli jewellers for an unnamed US-based client. "Made out of 18-carat gold and studded with 3,600 black and white diamonds, the mask will be fitted with an N99 filter to offer a high level of protection," says Isaac Levy, owner of the Yvel jewellery brand that is making the mask. He described the client as a Chinese art collector living in the US. The mask, which a team of around 25 artisans is working on, might be viewed as a vulgar display of wealth during hard economic times, but for Levy, it is above all a work of art



FREQUENT LAUGHTER HELPS BUST STRESS

HEALTH

A new study has suggested that people who laugh frequently in their everyday lives may be better equipped to deal with stressful events, although this does not seem to apply to the intensity of laughter. The study emphasised that the number of laughs in a day affects the quality of a person's life positively rather than the amount of time that was spent laughing away to happiness.

Let's have a laughing session. Take at least 5-10 minutes from your daily routine and laugh with your friends, elders, especially your grandparents. You can share your laughing tips with us at

toinie175@gmail.com



DID YOU KNOW? It's hard to catch your breath, when you laugh, because your diaphragm spasms. This is precisely why your laughter sounds like 'ha-ha-ha' or 'ho-ho-ho' or 'he-he-he'

SCHOOLS CELEBRATE VIRTUAL GOKULASHTAMI



New Horizon Scholars School, Thane

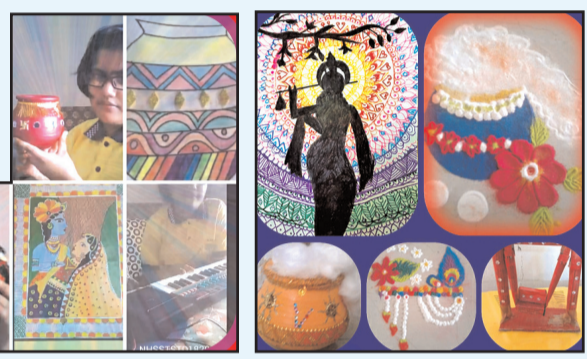
॥ वसुदेव-सुतं देवं कंस-चाणूर-मर्दनम्
देवकी-परमानन्दं कृष्णं वन्दे जगद् गुरुम् ॥

Salutations to Sri Krishna, the Jagadguru (the master of universe); son of Vasudeva; the destroyer of Kansa and Chanura; and He who brought immense joy to mother Devaki. Gokulashtami or Janmashtami is an annual Hindu festival celebrated on the eighth day of the Krishna Paksha in Shrivana.

Dahi Handi is celebrated on the day after Krishna Janmashtami, the term means 'earthen or clay pot of yogurt'.

In the words of Lord Krishna "Whatever happened was good. What's happening is going well. Whatever will happen will also be good. Do not worry about the future. Live in the present." And true to the spirit of the thought, the students of New Horizon Scholars School, Thane, celebrated this festival during the pandemic too, the birthday of Lord Krishna was celebrated in a unique way while they were at home. The little Govindas/Kanhas were dressed in multicolored vibrant dresses and took part in a Quiz competition. The innocent smiles of the boys displaying their drawings of the flutes

and flutes made out of paper mache showed their love for Lord Krishna. They also made idols of Lord Krishna by using clay. The girls dressed in the gorgeous and pretty attires resembled little Goddesses...dancing to the tunes of the music from the flute. Story telling and music were a few of those creative forms of art through which the students expressed themselves and this festival, this highlighted the very fact that, sanctity is in innocence, spirituality is in true love and devotion reaches God unconditionally. In the words of regional director Dr. Jyoti Nair, "Celebrating festivals is an integral part of the teaching process which develops cultural peace and religious harmony. Nothing can be purer than the spirits and the hearts of these children who are the direct descendants of Lord Krishna."



N.R.Bhagat School & Junior College, Nerul

NRB English School and Junior college -Nerul had organised online drawing/sketching /handwriting and Power Point presentation competitions for students on the auspicious occasion of Janmashtami.

Students came up with their creative ideas and talents as they sketched and painted Lord Krishna in their own ways.

The virtual platform gave them the opportunity to be creative, imaginative in their own ways and enabled them to bring out the message that Lord Krishna talks about through PowerPoint presentations and hand writing competitions too.

Shaheen of class 12 said that she was very happy to have researched about the birth and purpose of incarnation of the Lord Krishna by creating a PowerPoint and sharing it with her classmates in the virtual class.

Participants who spent the 2-3 hours that morning in making their portraits said that it was a real joyful experience for each of them.

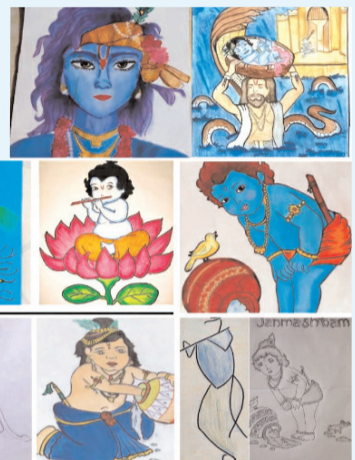
Khushboo of class 10 said that she had been drawing in the past too but drawing Lord Krishna on this auspicious day was indeed a real blessing.

Muskan Shaikh a participant in the handwriting competition said she enjoyed being a part of the competition because she learnt two good val-

ues which were neatness and being attentive. She also stated that "I do write neatly but today I was more cautious as it was a competition and will henceforth be very neat and tidy in what I do."

Teacher coordinator Ashwini Desai opined that through this activity they were able to bring out the student's talent on one hand and also instill faith and devotion which she feels is very important as it will help them grow as individuals.

Principal Bhuvanewari Rajshakar in her message to the faculty and students said that the lord gave them the message of being dutiful to

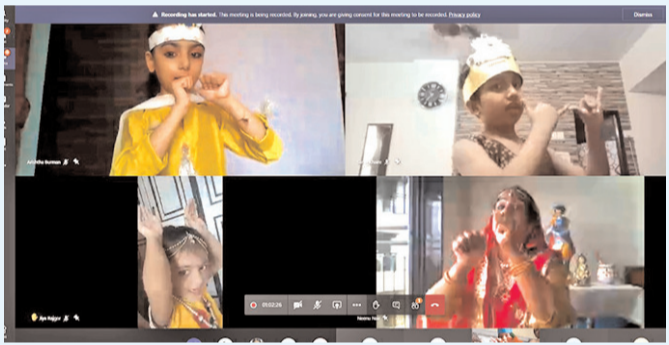


be successful. So she urged the students to just follow this simple mantra in life. Chairman Sri.N.R.Bhagat greeted the faculty members, parents and students on this joyous day and congratulated all the participants for their wonderful talent and encouraged them to keep nurturing the same.



B.K. Birla Public School, Kalyan

The tiny tots of B.K. Birla Public School, Kalyan celebrated Krishna Janmashtami in a vibrant and joyful way on Tuesday, 11th August. The virtual celebration enabled the school to impart the value of caring and sharing, team spirit and helping one another through various well-planned activities. The teachers and students along with their parents and grandparents geared up to make it a successful event. Each child was dressed in the best of attire to resemble naughty Krishna and beautiful Radha. The program concluded with a mesmerizing live virtual dance performance by the teachers and the students on the song 'Choti Choti Gayya'.



Director's Day

Keeping the trend alive on 26th July 2020, Rizvi Springfield High School (C.B.S.E) celebrated Director's Day, the birthday of the Director Advocate Rubina Akhtar Hassan Rizvi. Lockdown was not a barrier for Rizviites as they celebrated the birthday of their director virtually making the celebration unique and special. Students with their parents made an effort in preparing beautiful bouquet and cards at home. Different activities were conducted during virtual classes to send the birthday wishes to the director. Based on the activities done by the students, a short video was prepared. Zest and

zeal of the students were conveyed to her through the speeches and videos prepared by the students.

Both, the students and parents thoroughly enjoyed being a part of the celebration. They were appreciated for their hard work and efforts.

Director's Day celebration created a feeling of love, affection and gratitude not only among the students but also their parents.



Magical Mandalas

Witty International School, Borivli conducted a virtual workshop on mandalas and meditative art forms. Students loved the drawing class as they delved into the ancient art of self-expression to create their own personal Mandala, and explore the sacred circle of symbols and patterns - so beautiful and easy to create - that no previous art experience was required!

Expert, Netra Joshi stated, "The very act of creating a mandala can lead us to many blessings, such as the experience of wholeness and inner clarity and possibilities! The artistic process embraces the joy of colour and imaginative mark making."

With the guidance of artist and instructor Netra Joshi, Wittians made a finished piece of art to hang on their own wall!

WITTY Mandala Art Workshop

The Sanskrit word Mandala means "Magic Circle"

Benefits of Mandala Art

1. Stimulate creative thinking & problem solving
2. Relieve tension, fear & worry
3. Build self confidence
4. Boost power of concentration

Learnings from Workshop

Basic techniques to draw Mandala patterns & sequences

Mrs. Netra Joshi, Mandala Art - Artist

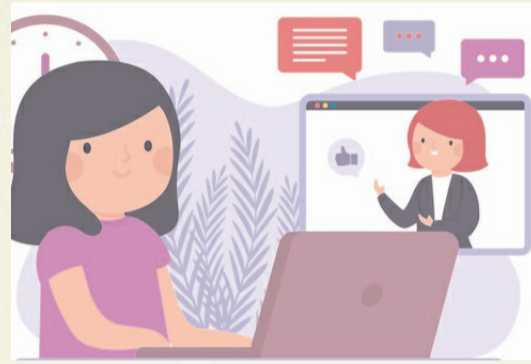


ONLINE TEACHING

'Pain that hurts the most, teaches a lot.' This quote is very applicable in today's time. These unprecedented times have taken a toll on the economy and health and has brought the entire world to a standstill. Nevertheless, this pandemic has been an eye opener in terms of making us tolerant, resilient and patient. As teachers, it has taught us to accept new e-challenges by exploring new techniques required for online teaching. We as teachers, under the able guidance of our stalwart administrators, decided to take steps to reach out to students with the help of online teaching.

ACADEMIC PLAN FOR BOARD STUDENTS:

- Commencing online classes from April.
- Recapitulating concepts covered in previous grades.
- Using PowerPoint presentations to cover new topics.
- Reducing time duration of classes to reduce burden on students.
- Showing videos, images on the screen to clarify and simplify concepts in subjects such as Physics, Chemistry, Biology, Environmental management, Business studies.
- Preparing balance sheets in the subject, accountancy in a given span of time.
- Allotting topics to students to present the concept studied to develop grasping skills and reducing monotony in teaching.
- Encouraging students to read e books, newspapers to develop their vocabulary.
- Assigning some topics to develop their creativity and skills in writing.
- Sharing links via mails to carry out research and solve topography sheets in geography and tasks in information technology.
- Mailing informative worksheets, assignment sheets, resource material, topic wise past paper questions to students.
- Conducting doubt solving sessions by having online discussions in the group.
- Using new techniques and applications like Googlemeet, jam



board, One note to explain concepts in mathematics where in the teacher can use a board virtually to simplify concepts.

■ Conducting online oral assessments to check understanding and grasping of concepts.

BOARD YEAR: Students face their fears amidst uncertainty: As there is no personal touch in a virtual classroom, a teacher has to be the guiding force and must try to figure out the fears in the minds of students. This can be done by:

- assigning time slots individually where the teacher is able to interact with every student online.
- identifying a problem- a teacher can plan programs to eliminate any sort of negative feeling by showing inspirational videos, motivational speeches, TED talks to students to prove how uncertainty is to be accepted as a challenge.
- talking and guiding parents regularly about taking care of their ward's physical and mental health as they are at home.
- helping them to handle emotions of students.
- arranging online counseling sessions for students to cope up with anxiety and fear to handle uncertainty.
- conducting online psychometric tests to check fear levels in students.

TIPS TO BOOST CONFIDENCE IN STUDENTS:

- Can be done by:
- helping them to plan their day's schedule.
- an offline timetable for the students to help them handle this situation.
- providing opportunities for students to express in online class sessions.
- involving students to present some topics which will enable them to grasp the topics taught and boost their confidence.
- identifying any kind of talent in students for example singing, painting, dancing, roleplay and asking them to present it online and share it with their friends.
- making the subject interesting by changing methodologies like teaching by using mind maps for retention.
- speaking to students regularly about diet, exercise, water intake, taking supplementary vitamins which will help them reduce their stress.
- giving them positive words of assurance to develop their confidence.

Dr. S. Radhakrishnan International School, Malad

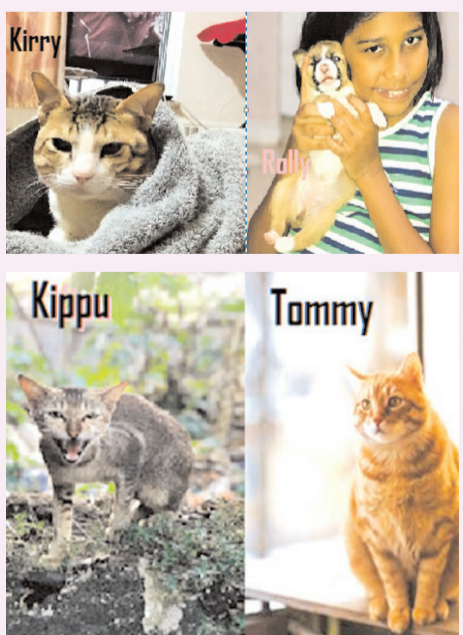
STUDENTS' PEN

A CAT'S DIARY THE LOCKDOWN VERSION

Hello, I am Kirry "the tom cat" and my friends are Tommy Billa, Kipu Billa, and Rolly Barker. During the pandemic, the N95 masks had shortage in the city, but we intruders knew that Kukku Kaka's medical godown has a huge stock there; he was stuck in Dubai due to the lockdown. So, we all had an emergency meeting and next day Rolly barker barked to fetch attention of the people towards the godown. Kali pehalwan threw a flying plastic bottle at Rolly Barker like a missile, which he survived. As we all know that good things find a way out, they found it too. Tommy Billa questioned the other cats as to why the army of rats were out in the open now instead of running away at the site of them. They said that for a noble cause, their army of rats were instructed to break into the godown and deliver masks to each and every family by midnight and guess what, THEY MADE IT!

We all are a part of this ecosystem & together should make it a good place to live in. We might not know the contribution of these tiny innocent creatures to ecology, together they all make it a unique habitable ecosystem.

Anushka Kaminkar, class VI, DPS, Panvel



PSYCHOLOGICAL CRISIS OF COVID 19

P V RIYA, CLASS IX, BOMBAY CAMBRIDGE SCHOOL, ANDHERI,

"An ounce of Prevention is worth a pound of Suffering"

As the COVID 19 Pandemic has swept the world from every nook and corner. There is always a concern of apprehension, stress, anxiety in every individual's mind about all the uncertain things that has hit us so far. As a responsible citizen, it is our responsibility to try and respond to every measure taken by the government. World Health Organisation (WHO) has taken the impact of the crises on people's mental health seriously and is also monitoring the situation together with national authorities while providing necessary guidelines to the public. It is very important to socialize through means of e communication like video calls, webinars etc. through which we get social support that is the most important part in today's situation: It is also true that our anxiety, fear should be understood and not ignored by the society as well as the government.

Every individual has that fear of society and their loved ones being a victim, this was sure to happen because we had never dreamt of falling in such a situation al-

though there is a difference in the way people react. We have been hearing so many cases of depression, suicides which is painful and it is also never an alternative. Children have been facing anxiety because schools are closed so they can no longer mingle in the environment, meet friends which is an essential element contributing to one's mental health and well being. So, it is important to overcome the stigma of mental health. Also we should continue to follow the Indian culture of handling anxiety, apprehension by yoga, meditation,



healthy appetite and also join online laughter clubs, social online meets to distract ourselves from negativity.

Last but not the least we should all owe our deepest gratitude to all the Doctors, Nurses, Police Men, shopkeepers, Para medical staff, health workers and every single individual who are involved to make our nation "Corona free" and I also urge you to Stay home Stay Safe and Healthy. So let's do our bit, as Team works will make our Dream work. A Dream of zero deaths, zero positive case and 100% recovery.



GREAT MORNING

TANMAY PATIL, CLASS IX, SWAMI VIVEKANAND HIGH SCHOOL, CHEMBUR



What is a great morning? Why is it called a great morning. We usually say good morning but I'd like to change the monotony of a good morning and say great morning. Every day I wish everyone a great morning because I don't just want to be good, I want to be great. The purpose of wishing everyone a good morning is that it makes us aware of the good things in life, it reminds us that we should always be good to each other, we should always have an optimistic approach towards life.

I aspire to be successful as a great personality. Every day saying great morning trains my mind to be great, it alerts my mind when I see distractions like the mobile phone or the television and orders my body to stay healthy and positive the whole day.

Do you know what Muhammad Ali the great boxing champion said in his interview? He said that every competitor, every rival does the same thing. It is only hard work, hard work and hard work. A person present in the interview stood up from there and questioned him by asking "What makes you different from them?". He answered by saying that, "They all do the same things that I do except one thing, before entering the ring, I repeat this mantra at least a 100 times to myself that I am great! I am the best! This trains my mind to become focused; it makes me energized and confident that no one can defeat me."

This shocked the world. Just one word 'great' can change a person's way of life. So, I request everyone to say 'GREAT MORNING.' This can make up your future and it will help you to climb the highest ladder in the world.