



# THE TIMES OF INDIA

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**TODAY'S EDITION**

➤ What are you going to accomplish this week?  
➤ Craft activities for you to try  
**PAGE 2**



➤ Students and educationists express their views on various issues  
**PAGE 3**



➤ A report card of IPL 2020 costliest picks  
➤ Take a quiz on Dhoni  
**PAGE 4**



**STUDENT EDITION**

MONDAY, OCTOBER 19, 2020



**WEB EDITION**

**CLICK HERE: PAGE 1 AND 2**

## 1 VINISHA UMASHANKAR

**CLASS:** IX  
**SCHOOL:** SKP VANITHA INTERNATIONAL SCHOOL, TIRUVANNAMALAI, TAMIL NADU  
**MY INSPIRATION:** CV RAMAN

**THE IDEA:** The idea of a solar ironing cart crossed my mind one-and-a-half years ago when I came across an ironing man, who visited our street daily, and dumped the burnt charcoal on to a nearby land. A landfill had become a hazard. Looking at the growing landfill, I realised the need to come up with a



sustainable solution quickly. My idea was to change the source of the fuel for the ironing cart so that it is not harmful to the environment.

**THE EXECUTION:** Apart from reading books on the topic, I discussed it with my father, who suggested me the possibility of using solar energy to generate electricity by placing it on the roof of the cart. India has hot climate and therefore, it supports the running of the device. Living in a small town, it was difficult for me to get the resources to build the ironing cart. So, first, I had to find resource materials online for theoretical research. I created a technical paper with diagrams on how each part would function and then submitted it to the National Innovation Foundation India, Gujarat, who made a prototype of it. I won the APJ Abdul Kalam Ignite award for this project.

Best ideas for innovation are found where there are problems. Observe your surrounding carefully, identify the problem and find the solution

Three Indian children have made it to the finals of the Children's Climate Prize 2020 to be held in Stockholm on November 18. In an exclusive to Times NIE, the trio shared their ideas, dreams and hopes...

# Meet the Green-o-vators

**CLASS:** VIII  
**SCHOOL:** BHAVAN'S VIDYA MANDIR, GIRI NAGAR, KOCHI, KERALA  
**MY INSPIRATION:** MY PARENTS, TEACHERS AND MY PRINCIPAL

**THE IDEA:** During one of my trips to Karnataka, I noticed that a lot of people, especially in small towns, are still using the 'chulha', which pollutes the environment and is also harmful to humans. Asked why they weren't using gas stoves, people said it was too expensive for them. This led me to think of an innovation that would make their lives easier. With the help of my teacher at the school's Atal Tinkering Lab, sponsored by Niti Aayog, and

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Share your eco projects at [toinie175@gmail.com](mailto:toinie175@gmail.com)



## 2 DHRUV SANJAY

teammates, I came up with an affordable pollution-free solar-powered stove.

**THE EXECUTION:** Owing to the Covid situation, getting parts for our device was very difficult. We had to wait for two months to get all the parts. Some parts were available at the Atal Tinkering Labs, but most had to be bought online.

Even if you have a simple idea, keep working on it, keep researching. You might just find the right time and opportunity to build it too

## 3 AADYA JOSHI

**GRADE:** XII  
**SCHOOL:** AMERICAN SCHOOL, MUMBAI  
**MY INSPIRATION:** JANE GOODALL

**THE IDEA:** I would often pass a junkyard in my neighbourhood, which was filled with abandoned cars and tons of garbage. One day, I decided to clean up the junkyard and spoke to the police official in-charge. So, in the summer after grade IX, I undertook a project that involved cleaning and greening of a dump yard near a local police station. While trying to fig-



ure out what to plant there, I learnt about the importance of native plants, and how they were more resilient and better suited to their local environment than non-native plants. Thus, I came up with the Right Green Project.

**THE EXECUTION:** While I started cleaning up the neighbourhood, and was about to plant trees, I realised that people are not aware of the importance of native trees—that are locally-grown in a particular region, and the native insects have specialised capability to digest the leaves of native plants that they co-live with. The non-presence of native plants in a particular region disturb the food chain, leading to an imbalanced ecosystem. I founded the Right Green Project, where I hold workshops called 'superhero programme' for schoolkids to make them aware of native plants and their importance.

Most adults tend to dismiss your idea thinking that you are a child, so don't let that deter your spirit. Keep working on your idea, till you live it

(As told to MALINI MENON)

## Spotlight

**NEET TOPPERS 2020**

### SOYEB AFTAB AND AKANKSHA SINGH

Soyeb Aftab from Odisha and Akanksha Singh from Kushinagar have topped the All India medical entrance tests, securing AIR 1 and AIR 2 respectively. Both of them have secured 720 out of 720 marks in the



examination. Aftab said that Covid-19 pandemic came as a blessing in disguise for him, and he put it to good use to concentrate more on his studies. "I used smartphone normally, as there was no study pressure. But I concentrated more on studies that helped me score big," Soyeb said as he advised aspiring candidates to use smartphones only to enhance their knowledge of their subjects.

### KAGISO RABADA OVERTAKES SUNIL NARINE AND LASITH MALINGA, BECOMES FASTEST TO 50 IPL WICKETS

Kagiso Rabada set a new Indian Premier League (IPL) record for the fastest bowler to pick up 50 wickets. The Delhi Capitals' bowler, who has now picked up a wicket in 23 successive IPL matches, reached the landmark in his 27th match in the tournament on Saturday in Sharjah.



Kagiso Rabada has broken Sunil Narine's record as the West Indies and Kolkata Knight Riders spinner had set the record achieving the landmark in 32 matches. Lasith Malinga is the third-fastest man to get to 50 wickets as he had gotten there in 33 matches. Imran Tahir (35) and Mitchell McClenaghan (36) complete the top 5 of the elite list

## VIEWPOINT

### KOHLI BATS FOR CAPTAINS' CALL ON WIDE BALL REVIEW IN T20S

India's skipper Virat Kohli has suggested that captains in T20 cricket should be given the authority to review both wide balls and waist-high full-toss from on-field umpires. "As a captain, I would like to have the ability to review a wide which could be a wrong call or a waist-high full toss, which could be a wrong call," Kohli told KL Rahul during an Instagram chat session recently. "Historically, we've seen how these small things can affect the game in a fast-paced T20 format and high-profile tournaments like IPL," he added.

#### THE CONTEXT

Kohli's comments came in the aftermath of a controversy involving MS Dhoni during Chennai Super Kings' match against SunRisers Hyderabad in the ongoing edition of the Indian Premier League (IPL). During the 19th over of SRH's chase of 168 on Tuesday evening, both Dhoni and bowler Shardul Thakur expressed their disappointment after umpire Paul Reiffel stretched his arms to signal a wide being faced by Rashid Khan. Following Dhoni's miffed gesture, the umpire changed his mind and decided not to call the wide. Reiffel put his arms down looking at CSK captain's reaction, and declared it as a fair delivery



Photo: ANI

**Q** Should captains be given the authority to review wide ball decisions?

Share your views at [toinie175@gmail.com](mailto:toinie175@gmail.com)  
You can also post your comments at [toistudent.com](http://toistudent.com)

## LIFE IS LIKE BUILDING A SPIDER WEB: ETHAN HAWKE

Hollywood star Ethan Hawke has compared living life to building a spider web, saying each moment, success and challenges are connected to each other beautifully. "Life is a lot like building a spider web. You kind of jump from one corner to the next," Hawke said in an interview, while looking back at his journey from a child actor to a star.

#### CELEB TALK

Hawke's tryst with Hollywood started as a baby-faced child in 'Explorers', in 1985. He went on to make a breakthrough with his appearance in 1989 with 'Dead Poets Society'. After a multi-decade journey, Hawke has evolved as an Oscar-nominated leading star, critical writer and director passionate about the stories he wants to tell. Some of his performances that are carved in public memory include the narcotics officer in 'Training Day', the hopeless romantic in the 'Before Sunrise' franchise, among others



Photo: Getty Images

## NEW SPELLING ALGORITHM TO REDUCE MISSPELLINGS IN GOOGLE SEARCH

One in 10 queries on Google Search are misspelled and the tech giant has now introduced a new spelling algorithm that uses a deep neural net to improve the ability to decipher misspellings, in under three milliseconds. According to Google, this single algorithm makes a greater improvement to spelling than all of its improvements over the last five years.

#### TECH BUZZ

Google has invested deeply in language understanding research, and last year, it introduced how Bidirectional Encoder Representations from Transformers (BERT) language understanding systems are helping to deliver more relevant results in Google Search. Google recently made a breakthrough in ranking and is now able to not just index web pages but individual passages from the pages.



## NEWS IN BRIEF

CLICK HERE FOR MORE

### MOON ONCE SHARED MAGNETIC FIELD WITH EARTH, PROTECTING ATMOSPHERE

Scientists have long known about the Earth's magnetic field, which causes the beautifully-coloured aurorae in the Arctic and Antarctic. Thanks to the studies of samples of the lunar surface from the Apollo missions, scientists figured out that the Moon once had a magnetosphere too. The new study simulated how the magnetic fields of the Earth and Moon behaved about four billion years ago. At certain times, the Moon's magnetosphere would have served as a barrier to the harsh solar radiation raining down on the Earth-Moon system, the scientists wrote. That is because, according to the model, the magnetospheres of the Moon and the Earth would have been magnetically-connected in the polar regions of each object. Over time, as the Moon's interior cooled, our nearest neighbour lost its magnetosphere, and eventually its atmosphere



The Moon played a huge role in the evolution of life on the Earth, as a new study suggests that our natural satellite once had a magnetic field that helped shield our

home planet from harmful solar radiation during a critical early time. The shared magnetic field situation, with the Earth and Moon's magnetospheres joined, could have persisted from 4.1 to 3.5 billion years ago, according to NASA.

#### SPACE DID YOU KNOW?

## Which BIRD flew non-stop from ALASKA TO NEW ZEALAND in 11 days recently? GODWIT

1 The bar-tailed Godwit bird has been tracked for flying 'non-stop' from Alaska to New Zealand, which is roughly around 12,000 km, for 11 days-setting a new world record for the longest 'non-stop' flight by a bird.

2 The bird started off from south-west Alaska and reached Auckland in New Zealand 11 days later. It flew at speeds, which were up to 55 mph.

3 According to scientists, with a standard weight of the tiny bird being between 190 g and 400 g, it



doubles its size before a long flight and has the ability to shrink its internal organs to lighten its load, which could result in its speed increasing during a flight this long.

4 With the help of a 5g satellite tag attached to the bird's lower back, the scientists were able to track its exact location during his flight from one continent to the other. The bird crossed the Aleutian Islands, Hawaii, Fiji and New Caledonia to reach NZ.

According to scientists, the Godwit bird is touted to have the makings of a 'jet fighter'. They are designed like a jet fighter. Long, pointed wings and a really sleek design, which gives them a lot of aerodynamic potentials, they say

#### Quiz

#### DID YOU KNOW?

TIPS AND TRICKS TO MAKE THIS WEEK YOUR BESTEST YET

# WHAT ARE YOU GOING TO ACCOMPLISH THIS WEEK?



**MAKE LISTS**

Your inner chaos loves disorganisation. So a manageable to-do list will increase your happiness every time you check off an item. PLUS it'll help you find solace as a routine can be quite an anchor in this pandemic life.



**DANCE**

Seriously, just play some beats and dance five minutes into waking up. Listening to upbeat music releases chemicals that act as mood-boosters and ups your happiness levels. Shake off the sleepiness with fun music and dance.

**HUG IT OUT**

The science says that we need at least five proper hugs a day to be happy. That means using both arms, and a little heartfelt squeeze.

**KEEP A GRATITUDE JOURNAL**

Buy a new notebook and write a list of what you're grateful for, or what you're looking forward to each week. Writing down these positive thoughts will lead to increased positivity.

**BE HERE NOW**

Mindfulness can alleviate boredom and plug you into a greater state of fulfillment. Sit at your table and think about what you can see, smell, taste, hear and touch.

**EXHALE**

Deepen your breath, pay attention to your exhales. This will reduce anxiety.

**Wake up at 5 am**

In 'The 5 Am Club' author Robin Sharma stresses on the importance of waking up early, and using the first hour for yourself. He says, "Waking up at 5 am is the mother of all habits. Even Gandhi got up early, the monks get up early, a lot of the great artists get up early. Why? Because it is the quietest time of the day. You can do your best thinking." Once you wake up, use '20/20/20'

The point is to encourage yourself to be more realistic about how much can be done while minimising distractions.

**Frame your thoughts**

One of the biggest reasons people fail to keep goals is because they're not specific enough, says psychotherapist Jonathan Alpert. For example, resolving to 'exercise more' or 'lose weight' are easy ways to set yourself up for failure, as they lack ways to mark progress and are unlikely to keep you motivated for long. Instead, try making your goal specific, like running a particular 5km you have circled on the calendar or losing 10 pounds by a certain date. Having a timeline is helpful. So, think of short-term, medium-term, and long-term benchmarks that will let you know you are on track to achieving your goal. You should have a clear idea of what you need to do this week. TNN

Having a timeline is helpful. So, think of short-term, medium-term, and long-term benchmarks



formula to get going. Divide the first hour in slots 20 minutes each and use it to 1) sweat as in do some physical activity/exercise to get the dopamine rush; 2) reflect through meditation or journaling 3) and read or watch a useful video or listen to a podcast.

**Find your highlight of the day**

Jake Knapp and John Zeratsky, authors of 'Make Time,' a guide to productivity recommend starting with a 'highlight' every day. This 'highlight' is the most important thing you want to tackle in day. It could be a software update or cooking dinner for your family or anything.



**TRIVIA**

George Orwell's '1984,' the political novel, which has become a bestseller again during the Trump administration, reflects the British author's reading of - James Burnham's 'The Managerial Revolution' and Halford Mackinder's 'Democratic Ideals and Reality...' Orwell's son, Richard Blair, said his father was "the most voracious reader" who "absorbed enormous amounts of books".



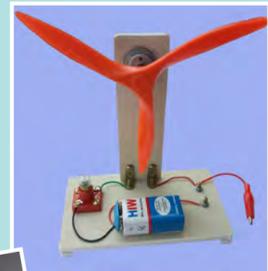
Photo: GETTY IMAGES

# Must Try Craft Activities

There is only so much screen time that is good for young children. Mobile games, cartoons on television and online classes can keep a child only passively engaged. What's been missing during long months of lockdown is active involvement that unleashes their imagination and fosters creativity. These are a few innovative activities that you could try... They are fun to do and great to use too!

**Bring alive science projects**

Learn how to make miniature models of motorcycles and windmills out of Lego pieces, wooden sticks and cardboard and any other material you may find at home. Plant seeds in a contain-



er that you can later decorate and watch the saplings grow by watering them daily. Make your own kaleidoscopes, telescopes and pin box cameras, which will help you understand the laws of physics better. Cardboard, glass pieces, mirrors and a little glue is all you need.

**Bringing stories alive with puppets**

Talking of stories, puppets (either with strings) or finger puppets can be a great way to bring alive history books or literature. You can enact entire story books by creating characters cut out from cardboard, or cloth dolls stuffed with rags, their faces painted with fabric colours and dresses cut out of used clothes. You can even fashion trinkets and accessories like swords.

**DIY this Diwali**

This festive season, you do not need to step out of home for shopping for lanterns, diyas and torans. Instead, get your supplies like colourful card paper, glitter paper, paints, crepe paper and festoons to brighten up your home. Fashion your own lanterns to hang in windows and paint and decorate the earthen diyas. Create innovative festoons using scissors and glue to hang up in the balconies and thresholds this Diwali. Bring in your own personality to your rooms this festive season through family message boards and home-made gifts or Diwali greeting cards for family and friends. It will be gratifying and a lot of fun too.

**Art from waste**

Kids over the world have been inspired by the young Greta Thunberg's drive for saving the planet, and you start to recycle and repurpose as well.

A creative way of doing this is to save used plastic bottles for making plant holders, used cartons for making stationery racks and picture frames from pistachio shells and create toy animals using cylinders of used toilet rolls. Use wrapping paper, ribbons and strings to decorate the art. Learn to make a dream-catcher out of old coat hangers and some string that's decorated with colourful glitter.



**Emotional Wellbeing**

# 4 tips for good mental health in pandemic

Before we wait for our emotional stress and pandemic-induced angst to turn into a bigger pandemic, there are urgent steps to be taken to be kinder to ourselves and make this difficult phase a little less stressful. Here are some measures which could help.

**Tune out the bad news**

Doomsurfing is bound to make us feel panicky. Bad news, events about trauma can also add to our stress. While we do know that the state of affairs isn't going to change quickly for the foreseeable future, limiting your exposure to bad news can help centre your mind.

**Covid anxiety can be contagious**

Anxiety can quickly spread, much like the virus and as human beings, we are designed to worry too much. The only doable thing right now is control how you react to a certain situation. It is all the more important to realise that we have no option but to embrace uncertainty and explore options within the confines. For those with pre-existing mental illnesses, the time can be even more confusing and debilitating. Even if you do feel

okay, consider checking in with a specialised counsellor or therapist, who could help you deal with the bad times and not stress out.

**Take strategic time-outs**

Positivity, as much as it helps, cannot be practised every time and is easier said than done. We are way beyond the time when the situation seemed like doomsday and for all we know, it will continue to be the new normal sphere for the time being. A good way to do that would be to adopt strategic time-out goals. Feel angry and frustrated? Allocate 15 minutes from your schedule for the same.

**Write down and validate your feelings**

It is okay to react in a certain way after receiving bad news. Denying yourself negative emotions can give you more stress than possible, according to a study conducted by a California-based university. Allow yourself some time to breathe and react. This will help you deal with the terrible news at hand. Instead of biting your nails over what is happening, think of the worse things which could have happened. Remember, no matter how bad it is, it's not the end of the world.



**QUIZ TIME (BOOKS)**

**Q.1) In the 'Harry Potter' series, what is the full name of Harry Potter's favourite headmaster?**  
A. Albus Wulfric Percival Dumberton B. Albus Percival Wulfric Brian Dumbledore C. Brian Percival Dumbledore D. Albus Dumberton Wulfric

**Q.2) Who wrote the 'Mortal city' series?**  
A. Cassandra Clare B. J K Rowling

**Q.3) Who has written the 'Panchatantra'?**  
A. Sarojini Naidu B. Ruskin Bond C. Vishnu Sharma D. R K Narayan

**Q.4) Who has written 'Malgudi Days'?**  
C. John Eliot D. Robert Wadlow

**A. R K Narayan**  
B. Ruskin Bond  
C. Rabindranath Tagore  
D. Jyotiba Phule

**Q.5) For which book did Rabindranath Tagore win the Nobel Prize?**  
A. Pushpak B. Geetanjali C. Saraswathichandra D. Harishchandra

**ANSWERS**

1. B) Albus Percival Wulfric Brian Dumbledore 2. A) Cassandra Clare 3. C) Vishnu Sharma 4. (A) R K Narayan 5. (B) Geetanjali



THE EDUCATIONIST

Online education is here to stay...

Vinita Raj is the principal of Sacred Heart, Kalyan. She discusses transition in education and more with Sakshi Kadam

Challenges of online teaching

Initially, we had difficulty with online teaching, however, two years back we had started with a tablet program, named "Learning anytime, anywhere". The tab had cybersecurity features installed and thus, cyberbullying was not an issue. Thanks to this, a transition to online classes wasn't extremely difficult.

Exams for primary school children

Assessments, in some form, are crucial to any learning and educational

The quality of education in India is improving day by day. Following what you are passionate about is extremely important for a student to prosper in a field



Vinita Raj, Principal

process. Oral assessments, quizzes, conversational assessments are some ways in which students can be assessed.

Quality of education in India

The quality of education in India is improving day by day. Most big cor-

porations and services around the world have Indians leading the way. Rote-learning as a method of learning and teaching is slowly withering out, and understanding concepts and theories are making its way in. Teachers are now adopting process-oriented teaching methods. We have aptitude tests from age 10. We also have electives to help students understand what they like and dislike.

Following your dreams

Following what you are passionate about is extremely important for a student to prosper in a field. Aptitude tests and electives help students narrow down their interests and pursue them accordingly.

Today, parents should also be introspective and should support their child's dreams. When students start working in the field they like, making a living doesn't seem too hard.

Virtual career guidance session

Dr. S. Radhakrishnan International School, Malad recently conducted an online career awareness programme. The school has been conducting this programme for students of class 10, for the last 22 years. This year, for the first time, the event was conducted virtually, in two segments.

The first segment was a local one, for students from Dr. S. Radhakrishnan International School Malad. School alumni were available to answer any queries students may have had regarding entrance exams, life in college, handling peer pressure in college, importance of extracurricular activities in school and benefits of it during college, and university admissions. Our students were quite excited to meet the alumni, who are now pursuing careers



in the fields of education, medicine, business management, accountancy, and flying.

The second segment, an interactive session, had both students and parents

participating. The panel comprised of distinguished panelists from 21 different fields, from India and abroad. The panelists cleared students' doubts about various career options.

Developing multidisciplinary learning

HISTEAM - an online event combining History with STEAM i.e. Science, Technology, Engineering, Arts and Math - was the buzz word throughout the entire month of August amongst the student community and the faculty members alike.

This event organised by the CNM School aimed at inspiring all involved to undertake a critical analysis of various phenomena, inventions and discoveries via in-depth research and a kaleidoscopic integration of multidisciplinary ingredients.

Std. I students gathered information about distinguished historical characters who made scientific contributions and enacted them.

Std. II students explored various STEM inventions and discoveries highlighting the circumstances and social milieu during those times and moving on to the STEM aspects.



Students of Std. III worked on 'Embracing changes through the centuries' and presented it as E-booklets and E-posters.

Std. IV thoroughly relished 'Culinary Tales', the history of the cuisines and the STEM concepts behind flameless cooking and cuisines.

'Armaments - The art of Defence' was the action field for Std. V students where they showcased the history of weapons across eras coming to the present Rafale jets through E-booklets and projects.

This exciting amalgamation of learning, unlearning, relearning through a series of events and presentations can be aptly summed up in the words of our class V student who said, "I thoroughly enjoyed the presentation on the Rafale jets."

The HI STEAM event successfully put the spotlight on multidisciplinary, fun-filled and collaborative aspects of the teaching-learning activity.

Cure Your Wavering Mind

MEHAK MULCHANDANI, TEACHER, SRI MA BALNIKETAN, THANE



Mehak Mulchandani, teacher

To get the best from life, you must be completely present and mindful in every minute of every hour of every day. "Real generosity towards the future consists in giving all to what is present." Yet, on most days, our minds are in ten different places at any one time. Rather than enjoying the walk to work, we wonder what the boss will say to us when we get to the office or how our children will do at

to place without any pause for peace.

By developing present moment awareness and an abundance of mental focus, you will not only feel much calmer in your life, you will also unlock the fullness of your mind's potential. When too many distractions compete for your attention, the power of your mind is dissipated in all those different directions rather than concentrated on one point like the rays of a laser beam.

TEACHER'S PEN

school today. Our minds are like scampering puppies or, as they say in rushing from place

The good news is that you can practice becoming more attentive to the present and develop this skill within short period of time.

A Dramatic Rendition of Poems

"Words mean more than what is set down on paper. It takes the human voice to infuse them with deeper meaning." Maya Angelou.

A poem is a form of expression, which often reflects life in motion with its rhythm and rhyme. The hidden meanings in the verse, cajole the mind to interpret and read between the lines. Considering the magic that a student can manifest through the words and imagery of a poem, the Diamond Jubilee High School, Mumbai managed by the Aga Khan Education Service, India conducted a Poetry Dramatization Competition for the students of Grades 3 to 5. It sought to provide students with the opportunity to enhance their comprehension skills, sharpen their memory, improve their phonemic awareness, as well as create a platform for the students to express themselves through the eyes of poetry.

As the day of the competition arrived, the students were excited and put on a spirited performance. Amaan Ghare, who won the first place in Grade 5, remarked, "I am thankful for getting an opportunity to participate in the competition. My poem about Mahatma Gandhi inspired me." Parents also lauded the opportunity provided by the school as well as

Intra-House Poetry Dramatization Competition (Primary Session)



WINNERS

the efforts of the students, and shared the excitement the competition generated at home. A parent, Samina Petiwala, said, "The poetry dramatization was a fabulous event. It gave my kids the opportunity to perform and explore their talent on a different platform. It was fun, not just for the kids, but for the parents too!"

GRANDPARENTS DAY CELEBRATION

Narayana e Techno School, Kalyan

Grandparents are our heritage and an essential members of our families and communities. That is why a special day national grandparents day is set aside every year to honour them and this is the special day for us to spend time with our dear grandparent and have fun together. Grandparents day is observed to honour and respect grandparents, it is an opportunity to thank them for the society and the guidance to the new generation.

Narayana e techno school kalyan branch celebrated virtual grandparents day with an initiative taken by Principal Ms. Savita Rathi and teachers with a threefold purpose to honour our grandparents, to give us the chance to show our love and affection, to help our children become aware of the strength, information and guidance our grandparents can offer to us. The programme started with a welcome note by principal Savita Rathi. Students along with their



grandparents were present to evidence the wonderful short programme. Students performed dance, songs, poetries for their grandparents.

Ryan International School, Chembur

Grand parents are like a grand angel with silver in their hair and gold in their heart. To show the bond between Grandparents and grandchildren, Ryan International School, Chembur celebrated Grandparents Day on 3rd October Virtual.

In a year where corona virus and the subsequent lockdown has kept so many families apart, Grandparents have been suffering from not seeing or being able to hug their grandchildren. So to bring a smile on their face the students had Retro Show - Old is Gold. Students had lovely messages which showed their gratitude.



Express YOURSELF

DEPRESSION: A REMEDY

The world is dominated by sadness and mental health issues. What is the reason for people to be so very dejected in their life that they often decide to end it?

A question arises: how does one resist, or cure, depression? How does one stay out of reach of the long, black arms of sadness and faithlessness? Two things: acceptance and faith.

Acceptance includes comprehending the fact that life is neither easy nor fair. Finding faith is no easy process. One needs to



try out innumerable things to witness something that has the potential to get them jumping out of bed each morning. By finding a passion and working with it, a realisation will begin to dawn upon them: that there are better things to do, than constantly wallowing in sadness. This faith doesn't have to be something grand... it can simply

be a wishful longing and belief in happier days to come. Hope fuels the survival of mankind. As long as the tiniest flame of hope burns on and on, the cessation of our lives comes to a halt. And the fuel to keep this flame aglow is courage. We need to have the belief, in our own selves, that good days shall follow if we allow them to.

PIA OZA, class IX, SSPM's Sri Sri Ravishankar Vidya Mandir, Borivali East

HEART OF A POET

Look through the eyes of a poet  
When you want to turn the ugly beautiful  
When you lust for a deeper sight  
Rather than see the way all should.  
Feel with the heart of a poet  
When affection turns mundane  
When you want to turn a drop of love  
Into a thunderstorm of rain.  
Speak through the mouth of a poet  
If magic must be spelled  
And more passion is needed  
To reach Heaven by raising Hell.  
But never hate like a poet  
For all reason will be blind  
And even a saint will turn to the Devil  
When you hate like a poet, you'll find.

KRISHNA SRIVATS, class IX, Sri Sri Ravishankar Vidya Mandir, Mulund

CLEAN CITY, GREEN CITY

In celebration of Nai Talim Week 2020, University of Mumbai-Thane Sub Campus and MES's Pillai College of Education and Research conducted 'Swachhta Diwas Celebration' for students of Chembur English High School.

The objective of this initiative was to highlight on the Life of Mahatma Gandhi and the philosophy that our young students need to imbibe in their lives. With this aim various activities such as bag making, Yoga, Health guide and sanitisation, Storytelling Competition

on Gandhian values, mask making, kitchen gardening. These activities are planned for students from V to IX.

Slogan writing competition and Knowing our Mahatma Quiz



was also done with the students. Annamma Paul - Principal, Chembur English High school congratulated the efforts of the students and teachers of PCER, Chembur and emphasized the importance of Clean City Green City.

Dr. Reni Francis quoted the words of Gandhiji 'the future depends on what you do today' and told the students that our actions today will lead for a bright and beautiful future tomorrow. She thanked Dr. Sunita Magre, I/C Director Thane Sub Campus- University of Mumbai and the Management of Mahatma Education Society for their support and encouragement. The programme ended with a motivational song and vote of thanks.

# DO BIG BUCKS EQUAL BIG PERFORMANCE?

Glenn Maxwell has been one of the biggest let-downs in IPL 2020. The Australian all-rounder was bought by KXIP for a huge sum of ₹10.75 crore in IPL 2020 auction. But, Maxwell isn't the only big name who has failed to perform till now. Many players who were bought for huge price have failed to live up to the expectations while a number of uncapped players have stepped up. Today, we will take a look at the costliest players and their performance in IPL 2020

## PAT CUMMINS



Batsman or a bowler? A look at Pat Cummins' stats in IPL 2020 will suggest that he is a proper batsman who can bowl fast. In eight matches, Cummins has scored 126 runs – more than Dinesh Karthik, Nitish Rana, Andre Russell – and has just managed two wickets in 29 overs. The costliest pick in IPL 2020 auction, Cummins has failed to live up to the expectations. He has now spent 250 runs at 8.62, averaging 125.00. He isn't expected to be retained by KKR after the season.

₹15.5 crore

## CHRIS MORRIS



For a while now viewers have been surprised to see franchises going behind Chris Morris. He is regarded as a fine all-rounder but was never expected to draw a big amount. The bidding process concluded when RCB bought him for ₹10 crore. Bought at a sky-rocketing amount, Morris has stepped up in four matches he has played so far. The South African all-rounder picked up three big wickets on his RCB debut against CSK and followed it up with two scalps against KKR. He went wicketless against KXIP but gave the finishing touch by scoring an unbeaten 25 off just 8 balls. On Saturday against RR, Morris was the pick of RCB bowlers as he returned with figures of 4-26 from his four overs.

₹10 crore

## SHELDON COTTRELL



Six matches, 20 overs and only six salutes. Yes, that's his story so far. Bought by KXIP for ₹8.5 crore, Cottrell only picked up six wickets before being dropped from the playing XI. KXIP have now moved on from him and Cottrell isn't expected to return into the playing XI. He has spent 176 runs in six matches and hit rock bottom after being smashed for five sixes in an over by Rahul Tewatia.

₹8.5 crore

## Nathan Coulter-Nile



Expected to share the new ball from game 1, Nathan Coulter-Nile missed the first seven matches due to an injury picked before the start of the tournament. The Oz speedster kept waiting for his chance and was included in the playing XI only after the team management rested James Pattinson. The fifth most expensive buy had a forgettable MI comeback and went for 51 runs in four overs to claim the wicket of KKR batsman Nitish Rana. He could be dropped if Pattinson is recalled.

₹8 crore

## 'Need to win remaining games to qualify for play-offs'

After suffering a seven-wicket defeat against Royal Challengers Bangalore (RCB), Rajasthan Royals skipper Steve Smith feels that the side has to win their remaining five games to qualify for the play-offs in the Indian Premier League (IPL). When asked about the reason behind sending Robin

Uthappa, who scored 41 off 22, in the opening Smith replied, "We wanted to have more experience in the middle with Jos. Jos is an amazing opener but he is also one of the best at the back end. Just give us more balance to the side. Robin has done a lot of opening and I thought he played particularly well. He got the team off to a good start and that was the reason behind it."

"I think we need to win our last five games to get to the play-offs. I think we are doing a lot of things pretty well and maybe just doing that for a little bit longer and backing ourselves in difficult situations. I think that is going to be important for us."

Steve Smith, RR skipper



Axar Patel has been a 'great asset' for us

Shikhar Dhawan

## Real Madrid slump to defeat by minnows Cadiz



Spanish champions Real Madrid suffered a shock 1-0 loss at home to promoted Cadiz on Saturday, their first La Liga defeat in over seven months. Honduran forward Anthony Lozano put Cadiz ahead in the 16th minute, darting between Madrid defenders Sergio Ramos and Raphael Varane to meet a cushioned header from Alvaro Negredo and lifting the ball over keeper Thibaut Courtois into the net.

## TEST YOUR KNOWLEDGE

### CRICKET QUIZ | Mahendra Singh Dhoni

**Q1:** MS Dhoni made a surprise Test retirement call at the age of 33. Where did he play his final Test?

- a) SCG, Sydney
- b) WACA stadium, Perth
- c) MCG, Melbourne
- d) Adelaide Oval, Adelaide

**Q2:** When did MS Dhoni play his first ODI?

- a) 2002
- b) 2003
- c) 2005
- d) 2004

**Q3:** When did he play his first Test match?

- a) 2005
- b) 2002
- c) 2004
- d) 2001

**Q4:** In which year was MS Dhoni appointed ODI captain?

- a) 2002
- b) 2007
- c) 2003
- d) 2008

**Q5:** What was MS Dhoni's score in his 5th One Day International against Pakistan?

- a) 183\*
- b) 134
- c) 126
- d) 148

**Q6:** At which venue did MS Dhoni made his daunting 183 not out?

- a) Jaipur
- b) Hyderabad
- c) Ahmedabad
- d) Kolkata

**Q7:** In which year did Dhoni register his first Test century?

- a) 2004
- b) 2005
- c) 2006
- d) 2007



**Q8:** After the 1983 World Cup, in which year did India win the ODI World Cup again?

- a) 2007
- b) 2009
- c) 2010
- d) 2011

**Q9:** What was the gift MS Dhoni gave Sourav Ganguly on the last day of the Border-Gavaskar Trophy's 4th test match in Nagpur?

- a) Ganguly was kept in his favourite fielding position
- b) Ganguly was given new car
- c) Ganguly was given ten glasses of wine
- d) Ganguly was given captaincy by MS Dhoni for that final day

**Q10:** In the Indian Premier League, MS Dhoni captains which team?

- a) Rajasthan Royals
- b) Delhi Daredevils
- c) Deccan Chargers
- d) Chennai Super Kings

**Q11:** Following India's World Cup triumph, who said, "I would go to war with Dhoni by my side." in an interview?

- a) Virat Kohli
- b) Ravi Shastri
- c) Sourav Ganguly
- d) Gary Kirsten

**Q12:** Where did MS Dhoni make his Test captaincy debut?

- a) Delhi
- b) Mohali
- c) Kanpur
- d) Nagpur

**Q13:** Who is MS Dhoni's only ODI wicket?

- a) Marlon Samuels
- b) Travis Dowlin
- c) Kevin Pietersen
- d) Daren Sammy

**ANSWERS:** 1 c) MCG, Melbourne 2 d) 2004 3 a) 2005 4 b) 2007 5 d) 148 6 a) Jaipur 7 c) 2006 8 d) 2011 9 d) Ganguly was given the captaincy by MS Dhoni for that final day 10 d) Chennai Super Kings 11 d) Gary Kirsten 12 c) Kanpur 13 b) Travis Dowlin