



THE TIMES OF INDIA

www.toistudent.com

TODAY'S EDITION

- ▶ How to kick-start your day the right way?
 - ▶ Learn to make book cookies
- PAGE 2



- ▶ Students and educationists express their views on various issues
- PAGE 3



- ▶ Top overseas players, who are yet to shine
 - ▶ Enjoy cricket quiz
- PAGE 4



Photo: Getty Images

STUDENT EDITION

MONDAY, OCTOBER 12, 2020



WEB EDITION

[CLICK HERE: PAGE 1 AND 2](#)

World Food Programme wins Nobel Peace Prize

The 2020 Nobel Peace Prize has been awarded to the United Nations agency for its efforts to combat hunger and improve conditions for peace in areas affected by conflict. The pandemic has further boosted the agency's relevance, and strengthened the reasons for awarding the prize, including the need for "multilateralism" in a time of global crisis. "Until the day we have a medical vaccine, food is the best vaccine against chaos..." the Nobel committee said in its citation.



▶ The Rome-based World Food Programme (WFP) estimates that it helps about 97 million people a year in 88 countries. According to the WFP, one in nine people still do not have enough to eat globally

- ▶ Around 211 individuals and 107 organisations were nominated for the prize this year
- ▶ While the other Nobel prize laureates are announced in Stockholm, the peace prize is awarded in the Norwegian capital, Oslo

One hundred Nobel peace prizes have been awarded since 1901 to individuals and 24 organisations



Three Indian students have made it to the final list of the Children's Climate Prize 2020 to be held on November 18

A 'Green' thumbs up for INDIAN TRIO

malini.menon@timesgroup.com

Vinisha Umashankar, 13; Aadya Joshi, 17 and Dhruv Sanjay, 13, are among the seven finalists competing for the Children's Climate Prize 2020. Two out of these seven would ultimately be declared the winners and awarded SEK 100,000 (Swedish Krona) and a medal on November 18 via a digital broadcast from Stockholm.

The award honours young innovators and pioneers in the area of climate.

CHILDREN'S CLIMATE PRIZE 2020

- ▶ USA, India and Mexico dominate the finalists' list this year
- ▶ More than 70 nominations were received from 24 countries; from these,
- the jury and its advisory board have selected seven finalists
- ▶ The winners will be announced on November 2, 2020; the prize will be awarded on November 18



TIMES NIE EXCLUSIVE

MEET THE CHANGEMAKERS

VINISHA UMASHANKAR, 13

(SOLAR IRONING CART: The making of a sustainable ironing cart)

Around 10 million ironing carts that are running on the streets of India, burn about 50 million kg of charcoal every day, contributing to climate change. Vinisha created a solar-powered ironing cart, an innovation that is safer and more sustainable

DHRUV SANJAY, 13

(3E STECHULIKA: Sustainable cooking equipment)

Dhruv Sanjay and his team developed a pollution-free solar-powered stove that could be a solution to phase out the outdated cooking equipment, eradicating the risk of having respiratory diseases from polluted air

AADYA JOSHI, 17

(CHANGEMAKER PRIZE: (THE RIGHT GREEN: Know how about biodiversity restoration)

Aadya Joshi founded 'The Right Green' and developed a database including



over 2,000 plants from different eco-regions of India. The vision is to empower and enable communities to restore healthy ecosystems

Looking for pieces of Venus? Try the Moon

A growing body of research suggests that planet Venus may have had an Earth-like environment billions of years ago, with water and a thin atmosphere. Yet testing such theories is difficult without geological samples to examine. The solution, according to Yale astronomers Samuel Cabot and Gregory Laughlin, may be closer than anyone realised.

Cabot and Laughlin say pieces of Venus, perhaps billions of them, are likely to have crashed on the Moon. The researchers said, asteroids and comets slamming into Venus may have dislodged as many as 10 billion rocks, and sent them into an orbit that intersected with Earth and Earth's Moon. "Some of these rocks eventually landed on the Moon as Venusian meteorites," said Cabot, a Yale graduate student and lead author of the study.

Cabot said catastrophic impacts, such as these happen rarely, every hundred million years or so, and occurred more frequently billions of years ago.

- ▶ According to researchers, the Moon offers safe keeping for these ancient rocks
- ▶ They have offered two theories on

why samples of Venus can be found on Moon: First, asteroids hitting Venus are usually going faster than those that hit Earth, launching even

more material. Second, a huge fraction of the ejected material from Venus may have come close to the Earth and the Moon



SPACE

JAPAN AIRLINES GOES GENDER-NEUTRAL

Japan Airlines has stopped using gendered terms like "ladies and gentlemen" during its inflight and airport announcements, the company said recently. They have started using "gender-friendly" expressions instead, such as "passengers" and "everyone". This, however, applies only to English-language announcements, as the phrases used in Japanese are already gender-neutral.



THE TIMES OF INDIA

presents

SCHOOL SUPER LEAGUE

Powered by
THE TIMES OF INDIA
TIMES NIE

In association with
BYJU'S



Do you want to be India's next Quiz Whiz?

Challenge yourself and participate in
India's Largest Quiz Contest

Exciting prizes await the winners



Winners of DSSL will win a fully paid trip to NASA



Category toppers of Round 1 from every school will win a 1-year BYJU'S subscription

For more details, contact Times NIE Teacher Coordinator.

TODDLER ON RECORD BOOKS FOR EXTRAORDINARY MEMORY SKILLS

At only 21 months, a toddler from Hyderabad, Aadith Vishwanath Gourishetty, has bagged five records, including one in the 'World Book of Records' on account of his sharp memory skills. According to reports, Gourishetty has bagged the World Book of Records, India Book of Records, Telugu Book of Records, and two more National Records for his exceptional memory skills.



According to the World Book of Records, Aadith is adept at recognising objects, along with an awe-inspiring memory to recognise countries' flags, car



logos, pictorial objects, and vehicles from shadows, mapping the professionals with tools, reciting, and identifying alphabets

Facebook launches 'Emotional Health' for your well-being



To help people cope with growing mental health issues during the pandemic, Facebook has introduced 'Emotional Health', a centralised resource centre on the main app with tips and information from leading experts. The resource will be available globally, with locally-relevant information from mental health officials.

1 Facebook also launched a WHO 'Digital Stress Management Guide', which provides easy-to-follow techniques designed to reduce stress and promote mental well-being

2 It is available on the WHO Health Alert chatbot on WhatsApp

3 The social network has also announced a sticker pack on Messenger designed with the WHO to facilitate conversations around mental health

Kick-start Your Day The Right Way

Plan the night before

Put down just 1-3 of the most important things you want to get done on a to-do list. By keeping the list very limited it becomes easier to actually get the most important thing(s) done. And to not start procrastinating by doing a few of the less important and often easier tasks that you know you always used to add to a longer to-do list.



Prepare the night before

Reduce the stress during your morning by getting the simple de-

- tails out of the way the night before.
- SO:**
- ▶ Pack your bag.
- ▶ Pack your and pencil case.

Keep a simple reminder on your bedside table

What you see during your first minutes after you are awake can have quite the effect on the morning and as an extension of that the whole day. Things you could put on that 'positivity note' are:

ONE OF YOUR FAVOURITE QUOTES

A powerful and timeless quote is one of the easiest ways to charge the mind with positive emotions and to find a helpful perspective. So write down one of the own favourite quotes. Also remember the quote when you go about the chores for the day.

Get some positive information into your mind over breakfast

Start your day with something that does not depress you or makes you feel powerless to change your life or the world in some small or bigger way. Add inspiration and optimism like this:

- ▶ Reading one or a couple of new posts from positive, funny or uplifting blogs or websites.
- ▶ Listening to a podcast that boosts your motivation.
- ▶ Reading a chapter from a book that inspires you.
- ▶ Watching a motivating or uplifting video on YouTube.

Make your

Home Healthier

From stocking up on house plants to hoovering cuddly toys, making some tiny tweaks to your living environment could cut stress and boost well-being. Here, we reveal some simple ways to help you turn those familiar four walls into a health-boosting sanctuary.

SOUND OF SILENCE

Noise pollution isn't just an irritant, it can impact health too. A 2011 study by the World Health Organization showed that prolonged exposure to excess noise not only increased stress levels and lowered concentration, but also led to a higher risk of heart disease. Soundproofing experts say excessive noise levels are a "proven health hazard". To dampen



sound, invest in some thick curtains and soft furnishings in plush fabrics such as suede and chenille. Use rugs on hard flooring and place wall hangings or upholstered furniture against walls that are shared with neighbours or face roads with heavy traffic.

LIGHT IT UP

One of the key elements in feng shui is letting natural light flow around your home – and for good reason. Natural light can improve mood, concentration and even sleep quality. To maximise natural light in a room, try hanging a mirror opposite the window. This will reflect and double the sunshine coming in. Also set up your workspace as close to the window as possible to take advantage of the light, and give your eyes a screen break by looking outside.

ALLERGEN ALERT

Even the cleanest homes can be full of allergens such as dust, which can set off sneezing, runny noses and rashes. Experts suggest to vacuum floors and clean surfaces regularly, as this minimises the amount of dust in the air. Vacuum your beds and fabrics to help remove dust and pet allergen particles. Keep toys in a cupboard to prevent the build-up of allergens (it may help to vacuum the toys too). And if you have pets, keep them off sofas and beds as much as possible. Ensure that they are really well groomed to minimise pet allergens.

BREATHE EASY

The air inside our homes often contains more pollutants than outside, thanks to chemicals released by everything from cleaning products to cooking. But investing in house plants can help redress the balance. Plants are brilliant anti-pollutants. They increase oxygen levels and have been shown to reduce cold-related illnesses.

PEACE LILIES are one of the best plants for removing indoor pollution, as they purify the air by absorbing pollutants through leaves and roots.

Meanwhile, Boston ferns are ideal for bathrooms as they improve humidity. Aloe vera purifies the air of formaldehyde and benzene – chemicals commonly found in household cleaning products. And snake plants are recognised by NASA for removing toxins and releasing oxygen at night, helping you breathe easier – so this one is definitely right for your bedside table.

COLOUR BOOST

"Colours don't just change the look of a room, they can affect health too. Many of us don't realise the impact colour has on our mood," says Dr Neerina Ramlakhan, psychologist and sleep expert. A study by Minnesota State University found the colour red increases the body's stress response, while green and white calm it. Soft green is a restful, restorative colour. Another study found that soft pink was also a restful colour. Use only a couple of colours per room and choose accessories in shades you find calming, such as green and white.



Photo: THINKSTOCK

Go slow

When you start your day slowly and keep doing things at a slow pace then it becomes easier to keep the stress away. It becomes easier to focus on what you are doing and keep your priorities in mind. When you go slow, you stay in the present moment more of the time and so less negative feelings come your way. And you appreciate the everyday things in life more because your attention is focused outward and not aimlessly inward towards what happened in the past or may happen in the future. When you start your day slowly, you sometimes get worried that this slow pace will mean that you get less done during the day. But at the end of the day you will discover that you actually got more done.



Build a right think string

Doing what you deep down think is the right thing will make you feel good. It will boost your self-esteem and put a spring in your step for an hour or more. One way that you would like to do that is by creating a right think string.

HERE'S WHAT YOU DO:

- ▶ Do something that you deep down think is the right thing. Do it right now.
- ▶ Give a genuine compliment to someone at school or in your home.
- ▶ Help someone who seems lost with directions.
- ▶ Unclutter your workspace for two minutes.
- ▶ Go and work out.
- ▶ Then add another thing that you think is the right thing to do.
- ▶ Have an apple instead of an unhealthy snack.



- ▶ Awesome!
- ▶ Well done!
- ▶ That was a good thing to do.
- ▶ That was fun! (and then smile).
- ▶ This boosts the positive mood within and ups the motivation to add another thing to your string.
- ▶ If you break the string, no worries. Don't beat yourself up.
- ▶ Take a deep breath and then start a new string instead.

HOW TO

- ▶ After you have added a right thing to your string – no matter how small it is – make sure to take a few seconds to pause and to appreciate the good thing you did.

THESE ARE THINGS YOU COULD SAY TO YOURSELF:



Checking email or Facebook passes pretty quickly.

When the worst is over then go easy on yourself instead of trying to push yourself hard. Tell yourself that you will only work for 1-3 minutes on this important task. Then you can stop

if you like. But you may not want to do that once you have gotten started. This will set the tone for you for the rest of the day. Because getting started is most often the hardest part.

Credit: www.positivityblog.com

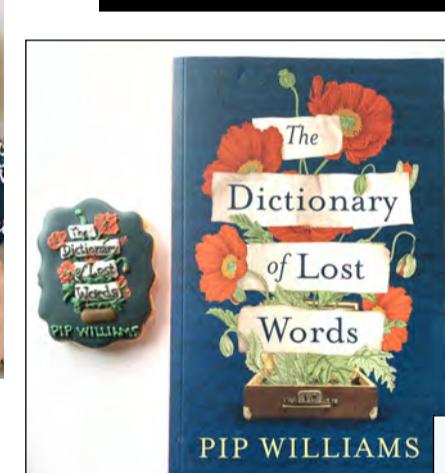
Start your day with the most important task

Find the most important task on the very limited to-do list you created. Do it first thing when your day starts. This task is often quite hard so it is easy to fall for the temptation to procrastinate. If you feel that urge, then just be still and do nothing. The most powerful part of the impulse to procrastinate by

IDEAS TO TRY



Inspired by literature, her love for books and baking, a Twitter user @lauren1750 has been baking and posting pics of cookies that look like her favourite books! The talented baker, who goes by the name Lauren Farrell, has painstakingly decorated the cookies to resemble her favourite novels. We certainly like her in-



genious lockdown creativity. The secret? A combination of simple sugar cookie recipe, perfectly mixed coloured icing, and a love for reading.

Book Cookies

► Readers, did you make something based on your love for reading? Art perhaps or a book cover? Share with us via FB or Twitter. Get your folks to upload it online and give us a shout saying, 'Hi @TOIstudent, I made art!' And we'll share it.



QUIZ TIME (MIXED BAG)

- Q.1** In which city did President Ram Nath Kovind inaugurate the first-ever World Youth Conference?
A. Delhi B. Punjab C. Delhi D. Tamil Nadu
- Q.2** _____ is known as the "Lungs of the World".
A. The Himalayas B. Amazon C. Sundarbans Reserve Forest
- Q.3** Indian Railways' 2nd double-decker Utkrisht Double-Decker Yatri Express will run between _____.
A. Cochin and Vishakhapatnam B. Hyderabad and Secunderabad C. Visakhapatnam and Vijayawada D. Visakhapatnam and Chennai
- Q.4** In which year was the Paper Currency Act enacted by the British Government of India?
A. 1861 B. 1865 C. 1961 D. 1878

ANSWERS

1. C 2. B 3. A 4. D

4. Three-fourth of the number of girls in a school is equal to half of the number of boys. If the school has 1420 pupils, how many of them are boys?
A. 345 B. 678 C. 852 D. 655
5. 1. It is not a prime number
2. 1 is a prime number
3. 1 is a composite number
4. 2 is not a prime number
5. The place value of zero in 1341.01 is:
A. Hundreds B. Tens C. Units D. Tenths

3. Units 4. 852
ANSWER: 1. 690

KNOWLEDGE BANK

Elephants

Elephant families are led by females. They don't need much sleep. They are emotional creatures. Elephants not only have huge bodies, they also have a brain that weighs five kilograms, so it's no surprise that they are very intelligent animals. With their large size and brain capacity, they can store information and remember things for years.



SCHOOL IS COOL

MONDAY, OCTOBER 12, 2020

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, **SCHOOL IS COOL!**

03

THE EDUCATIONIST HOW TO MAXIMISE 'LEARNING'

SAVITA RAMESH BHARDWAJ,
PRINCIPAL, SHRI SHRI RAVISHANKAR
VIDYA MANDIR, MULUND

Some strategies to help students in this fast-moving world of digitisation. The medium of teaching and learning has changed for both teachers and students. While teachers have emerged as 'E-learning Warriors', children are being bombarded with several streams of electronic information and are struggling to remain focused and maximise their learning so as to complete their assignments with greater productivity and ease.

MAXIMISE E-LEARNING

■ **Read to be informed** - The process of reading does not end at testing your reading fluency by speaking the text out loud. Mindful reading is all about absorbing and assimilating the infor-



Savita Ramesh Bhardwaj, Principal

mation conveyed via the text in our long-term memory.

■ **Be an active (and not passive) participant** - Participate in discussions and listen to others' experiences in order to make connections with the text.

■ **Do not miss your classes** - Skipping classes affects your learning because each class is a step up from the previous one. Attending classes consequently/regularly helps you build on previous knowledge without being affected by the 'learning slide'.

■ **Hold yourself accountable** - Make

sure you have allotted enough time to complete your assignments. Collaborate with teachers, peers and guardians to enhance your learning process.

■ **Be Organised** - By being organised, pro-active and self-aware, one can get more from their e-class even when life outside school gets chaotic.

■ **Writing by hand** - In this digital era, it is important to maintain a balance between virtual and classroom learning. There is nothing like writing by hand that strengthens the learning process. The more systematically and explicitly you take down notes, the more you will learn and retain new information.

■ **The benefits of writing are:**

- It prevents distraction
- It serves as a great cognitive exercise to keep your brain sharp
- It inspires creativity
- It improves memory - writing something by hand has a longer lasting effect on memory.

These aforementioned strategies, if adopted conscientiously, can bring about a paradigm shift in our approach to virtual education and render ourselves as mindful readers, as the famous saying goes -

"The more you read, the more things you will know.
The more that you learn, the more places you will go."

CELEBRATING GANDHI JAYANTI

Shri Shakuntala K. I. Jain High School, Marine Lines

Shri Shakuntala K. I. Jain High School, celebrated Gandhi Jayanti on 2nd October with students on the digital platforms; The Telegram App and The Zoom App. The students of the Primary Section began the celebration a day in advance by painting pictures related to Mahatma Gandhi's life and his teachings which were proudly displayed by them. Each picture was better than the best. Videos based on Mahatma Gandhi's ideals and his teachings as well as bhajans formed an integral part of the programme. The principal of the institution, Roma Das propounded the values of Gandhiji and urged students to imbibe the same in their lives in her message. The teachers and students shared their thoughts about Gandhiji.



IES Katrap Vidyalaya English Medium School, Badlapur

Students from std 1 st to std 4 th celebrated Gandhi Jayanti and Lal Bahadur Shastri Jayanti in a unique waystd 4 th students were encouraged to clean their study tables, cupboard etc...to implement cleanliness activity..and to be self reliant..ie atmamirbhar...in little things they can manage..std 1 students gave speeches and portrait the simple living of kasturba Gandhi ..mahatma Gandhi.std 2 through slogans they delivered importance of cleanliness...std 3 students sang songs and bhajans of Gandhiji..they made beautiful drawings and banners of jai jawan jai kisan..swatchta hi suraksha etc and paid homage to these great leaders of India.



Rizvi Spring Field High School (CBSE), Khar

If we want to reach real peace in this world, we should start educating children

~ Mahatma Gandhi

In memory of Mahatma Gandhi, this year Gandhi Jayanti was celebrated virtually at Rizvi Spring Field High School (CBSE) on 1st October. The objective was to inculcate the importance of Mahatma Gandhi in one's life.

To revere this day the school conducted some activities for students. The little ones from std 1st had made a model of Gandhiji walking stick and his specs so that they come to know about Gandhiji.

The std 2nd students had made an Origami model of Gandhiji. Students of std 3rd made a Gandhi cap (Bapu Topi).



Students of std 4th and 5th had participated in a Poster making activity. The day concluded with an array of interesting activities.

Express YOURSELF

APPLE V EPIC GAMES: IN DEFENCE OF THE FENCE

As a student in high-school, Fortnite rules social interaction. Playing Fortnite is the norm. It was therefore not surprising to see Epic Games (the company that owns Fortnite), garner a massive following in their ongoing legal battle against Apple.

The battle is over App Stores 30% revenue cut - and it just so coincides with the anti-trust hearings happening in the USA against the GAFAM (Google, Apple, Facebook, Amazon, and Microsoft).

I, however, don't believe students should take either side. The fact that Epic Games



had an extensive legal document ready to go the second Apple pushed them off the App Store proves that this was part of a greater plan. What does Epic Games plan to take away from this? They want to either establish an alternative App store on iOS or forego the mandatory revenue cut. Apple wants to keep this 30% cut, a price they consider fair for

access to their massive user base.

The simple fact is that neither Epic Games nor Apple are approaching this battle with a view of enriching the customer. Both are companies performing the fiduciary duties, trying to generate ever-more profit.

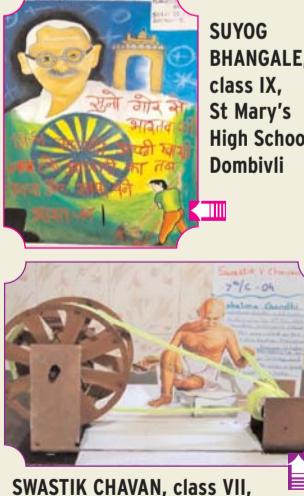
This decision affects millions of game developers, and the future of GAFAM's monopoly. This doesn't mean that either side is fighting for you - and that's an important thing to remember in the long run.

ADVAIT SANGLE, class XI, ISC,

HFS, Powai

Painters' Gallery

GANDHI JAYANTI SPECIAL



SUYOG BHANGALE, class IX, St Mary's High School, Dombivli

SWASTIK CHAVAN, class VII, St Mary's High School, Dombivli

Online education and more

SONAL JALAN, TEACHER , GREENLAWNS SCHOOL, WORLI

The goal of education is the advancement of knowledge and the dissemination of truth. ~ John F Kennedy



Sonal Jalan, teacher

TEACHER'S PEN

technology. Our students are slowly and steadily adapting to the methods.

We, at Greenlawns realised that just educating and imparting knowledge from the books was not enough. We believed in a Holistic development for our young students. We moved the bar higher and conducted various Interhouse Competitions for the students, to name a few - Elocution, Handwriting, Art, Craft, Hair Styling, Makeup, Chess, Dancing, Singing, MasterChef. We had virtual celebrations for Guru Purnima, Independence Day, Teachers Day etc. The students participated in various Inter-school competitions and won awards too, making us proud! We had age appropriate virtual trips and fun activities too.

Our principal, Caroline Vaz has been a guiding angel for the school. She has left no stone unturned to encourage the teachers and students to shine bright. In one of the workshops conducted by Our Principal we learnt

1. Stay tough
2. Keep growing
3. Stay prepared
4. Accept Failure

tate and adapted quickly to the new normal of virtual classrooms. The teachers attended every available workshop that could enhance their teaching. Our students and their parents had full faith in the staff and have been very cooperative. Teachers found new and innovative methods to teach and assess their students. Google Forms helped us take our assessments. Paint 3D, Adobe Acrobat and various editing apps helped our teachers to correct the student's homework. FormMule assisted us in reverting back to our students with our feedback. We are also conducting terminal examinations online with the help of

Adding traditional touch

The atmosphere turned vibrant and melodious when students of Ramsheth Thakur Public School, Kharghar, Std 3rd and 4th tapped their feet to the beats of different festivals dance forms as a part of ongoing British Council International School Award to integrate and empower young minds.

The Dance Competition was enjoyed by the students and audience gathered to celebrate the Investiture Ceremony to commemorate the Prefect Council in diverse ethnic traditional festive celebration within the school premises.

Students enthusiastically performed on various dance forms of festivals of Eid (Pakistan), Ganpati Festival (India), Durga Puja



(Bangladesh), & Christmas (U.K). The exuberant, radiant, colourful dances brought everyone to their feet making it impossible to judge.

The various dances clearly brought out a contrast of costumes, steps yet underlying the

essence of brotherhood & happiness during all festivities in India, Pakistan, Bangladesh & U.K.

The principal, Raj Aloni extremely admired the fervour of the students which impelled this activity to success.

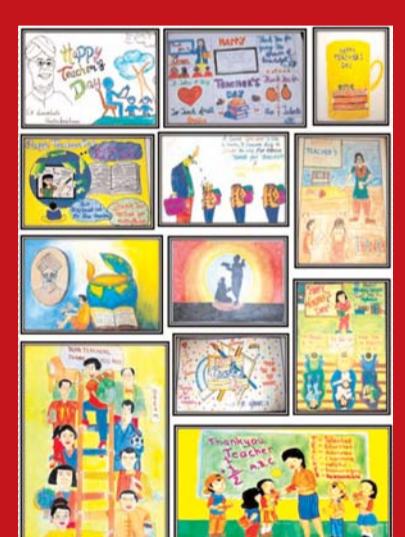
Teachers' Day celebrations

SUNNY NIRMAL, PRINCIPAL,
ST THOMAS MARTHOMA
SCHOOL, MALAD

Today the whole world is devastated due to Covid 19 pandemic. Despite of all the adversities, the students of St Thomas Marthoma School, Malad have not deterred their quest for knowledge and wisdom.

The school is a unique one, catering the needs of underprivileged students from Kurkar village and its neighbouring places.

Recently our school students celebrated their Teacher's Day. All the students right from grade One



WORLD TOURISM DAY

BRINGING THE WORLD CLOSER

Every year 27th September is celebrated as "World Tourism Day" as declared by the U.N.O. A special assembly was conducted during the virtual classes by Ryan International School, CBSE, Kandivali to mark the importance of this day showcasing the different cultures of the world.

The programme raised awareness among the students about the importance of global tourism and its social, cultural, political and economic value. The tiny tots and young learners of Montessori and primary section participated in various activities based on the theme: Children Around the World.

Children dressed in different regional and

ethnic costumes and carried colourful props too. Students were also encouraged to speak a few sentences in regional languages of the respective countries. Children also delivered speeches and slogans related to tourism and its benefits. Students enjoyed cooking their favourite cuisine with their parents and presented food of diverse cultures during the virtual session.

It was indeed a unique experience for all our students. Students left with a message how merging of cultures helps to remove barriers and make the world a unified whole.



It's about battles on the field. It's about do-or-die situations. It's about just one goal. It's about victory. In short, it's about playing fair. Howzzat? Well, that's **SIMPLY SPORTS!**

MONDAY, OCTOBER 12, 2020

TOP 5

FOREIGN PLAYERS WHO HAVEN'T FIRED YET

ANDRE RUSSELL (KKR)

Andre Russell, one of the standout performers of last season, has fared way below expectations with the bat so far, scoring just 55 runs in six matches. The only saving grace for KKR has been his performance in death overs with an economy rate of 8 and 5 wickets. Russell's performance with the bat is central to how far KKR will go in the series. KKR batsman Shubman Gill says Russell is saving his best for the last.

GLENN MAXWELL (KXIP)

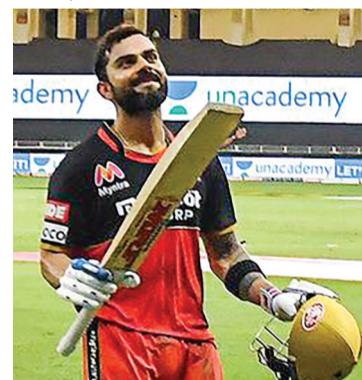
In seven IPL games, Glenn Maxwell has scored 58 runs at an average of 14.50 and a strike rate of less than 100. With the ball, the Australian all-rounder has taken just 1 wicket, conceding at over 9 per over. No wonder, his team is at the bottom of points table. On his disappointing show, former cricketer Virender Sehwag said, "It has to be kept in mind that he scored his last half-century in 2016."



JOS BUTLER (RR)

Jos Butler's has been a huge disappointment. The Englishman has failed to give RR a strong opening stand, scoring a meagre 130 runs in 5 innings. Time has come for Buttler to deliver or else the Royals will make a quick exit before the playoffs.

'Was putting too much pressure on myself'

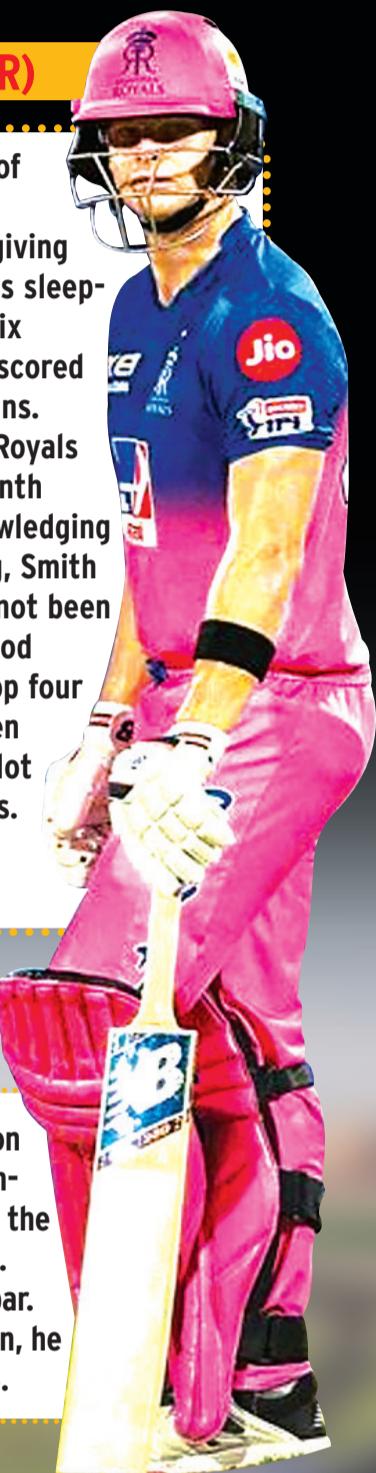


Back-in-form Royal Challengers Bangalore skipper Virat Kohli said he was "putting too much pressure" on himself but the Super Over game against Mumbai Indians "opened his mindset" and helped him turn it around for the better. Kohli, who was struggling with his form, blasted an unbeaten 90 off 52 balls in RCB's 37-run win over Chennai Super Kings. Virat credited the pull shots against Jasprit Bumrah in the super over against Mumbai Indians in a September 28 clash for freeing him up.

"I was trying to do too much, taking focus away from what I need to do - watch the ball and bat. Sometimes you forget you're only a player out there, and the responsibility kicks in." RCB skipper Virat Kohli

STEVE SMITH (RR)

The woeful run of form of Captain Steve Smith is giving Rajasthan Royals sleepless nights. In six innings, he has scored a meagre 157 runs. This has led to Royals slipping to seventh position. Acknowledging his poor batting, Smith said, "We have not been able to get a good start and the top four just haven't been able to score a lot of runs in games. We'll have to address that."



AARON FINCH (RCB)

Australia limited-overs captain Aaron Finch, the first to play for eight franchisees in IPL, was expected to take the load off Virat Kohli and AB de Villiers. But his performance has been below par. Despite playing every match this season, he averages 20.66 at a strike rate of 109.73.



TEST YOUR KNOWLEDGE

SPORTS QUIZ | Theme: Cricket

Q1: The first official international cricket match was held in 1844 between which countries?

- a) India and Afghanistan
- b) England and Australia
- c) The United States and Canada
- d) England and India

Q2: Test matches are the most extended format of International Cricket. It lasts for how many days?

- a) Six days
- b) One day
- c) Five days
- d) Eight days

Q3: Which of the following statements is associated with Duckworth-Lewis method?

- a) The awarding system for victory in matches interrupted by the weather
- b) A training schedule in which the batsmen practice blindfolded
- c) A tactic that requires every fielder to be placed on a side
- d) None of these

Q4: In a cricket match, LBW stands for?

- a) Loss by weather
- b) Last ball win
- c) Leg before wicket
- d) None of the above

Q5: What is the meaning of the phrase 'bowl the maiden over'?

- a) Colliding with other fielders when attempting to catch the ball
- b) When the batsmen do not score any runs in six successive balls bowled
- c) Having 100 runs and taking five wickets in the same game
- d) None of these

Q6: Identify the sportsperson shown in the picture.

- a) Ravi Bishnoi
- b) Yashaswi Jaiswal
- c) Kamlesh Nagarkoti
- d) Abdul Samad



Q7: Who is the Sri Lankan right-arm fast bowler commonly used as a specialist death bowler, and is well known for his distinctive round-arm action, sometimes referred to as a sling action?

- a) Lasith Malinga
- b) Muttiah Muralitharan
- c) Kumar Sangakkara
- d) Mahela Jayawardene

Q8: Who is the current president of the board of control for cricket in India?

- a) Rahul Dravid
- b) Virender Sehwag
- c) VVS Laxman
- d) Sourav Ganguly

Q9: Which cricketer was announced as the inaugural recipient of the BCCI's Lifetime Achievement Award for Women?

- a) Mamta Maben
- b) Mithali Raj

c) Shantha Rangaswamy d) Harmanpreet Kaur

Q10: Who has been named as Coach of India A and Under-19 cricket teams after the first meeting of BCCI's advisory committee in Kolkata?

- a) Sourav Ganguly
- b) Rahul Dravid
- c) Ravi Shastri
- d) VVS Laxman

Q11: Who remains the only captain to have not gotten a chance to bat in a WC final so far?

- a) Steve Waugh
- b) Ian Chappell
- c) Wasim Akram
- d) Graham Gooch

ANSWERS: 1 c) The United States and Canada
2 c) Five days 3 a) The awarding system for victory in matches interrupted by the weather
4 c) Leg before wicket 5 b) When the batsmen do not score any runs in six successive balls bowled
6 a) Ravi Bishnoi 7 a) Lasith Malinga
8 d) Sourav Ganguly 9 c) Shantha Rangaswamy
10 b) Rahul Dravid 11 a) Steve Waugh