



THE TIMES OF INDIA

www.toistudent.com

TODAY'S EDITION

➤ Oprah Winfrey's new list of fave books...
➤ How to get ready for that upcoming online bash?
PAGE 2



➤ Students share their travel diaries
➤ Missing school? Relive your school days
PAGE 3



➤ 5 players KXIP who may not get a chance next season
PAGE 4



STUDENT EDITION

WEDNESDAY, NOVEMBER 4, 2020



WEB EDITION

CLICK HERE: PAGE 1 AND 2

Quote unquote

We need to change the mindset of people. Unfortunately, that doesn't come across, despite strict laws. Men also need to be empowered. They need to be equal to women. Social norms allow men a lot of leeway for basic things; they are not expected to follow certain rules. It is ok if they don't, but a woman has to work double, struggle, learn self-defence. Ask the men to behave – isn't that the easier way to go about it? Sensitivity is not a virtue of a woman, but a man as well. It is not a sign of weakness at all



RENUKA SHAHANE, actor, on the need to sensitise boys

FACTOID

230,000 tons

That's the amount of plastic, which is dumped into the Mediterranean Sea every year, says a report by the International Union for the Conservation of Nature (IUCN). Egypt, Italy and Turkey are the countries that release the most plastic into the sea, mainly due to large coastal populations and huge amounts of "mismanaged waste," the IUCN report found.

- 1 On a per capita basis Montenegro, Albania, Bosnia and Herzegovina and North Macedonia have the highest levels of plastic waste leakage into the Mediterranean
- 2 The report, called 'Mare Plasticum: The Mediterranean', estimates that over one million tons of plastic have already accumulated in the Mediterranean Sea
- 3 "An estimated 229,000 tons of plastic – equivalent to over 500 shipping containers – are leaking into the Mediterranean Sea every year," said the report, blaming "mismanaged waste" for 94 per cent of the total plastic leakage
- 4 Under a "business as usual" scenario, this figure will reach 500,000 tons per year by 2040, which is why "ambitious interventions beyond current commitments will be required to reduce the flow of plastic into the sea"



US ONE OF THE WORLD'S BIGGEST SOURCES OF PLASTIC POLLUTION

- The US is responsible for way more of the plastic polluting the world's oceans than previously thought, a new study reveals. When it comes to the countries that contributed the most to coastal plastic pollution, the US could rank as high as third in the world, it estimates.
- The US, which does not have sufficient infrastructure to handle its recycling demands at home, exports about half of its recyclable waste. Of the total exported, about 88% ends up in countries considered to have inadequate waste management
- The study estimates that in 2016, the US contributed between 1.1 million and 2.2 million metric tons of plastic waste to the oceans through a combination of littering, dumping and mismanaged exports

NEWS IN CLUES

Which is the most peaceful country in the Southern Hemisphere?

- CLUE 1:** It was also the first country to grant national voting rights to women.
- CLUE 2:** The first European visitor to the country, Dutch explorer Abel Tasman, named the islands Staten Landt.
- CLUE 3:** Actor Russell Crowe and filmmaker Peter Jackson were born in this country.

DO YOU KNOW? New Zealand is placed second on the 2020 Global Peace Index, behind Iceland.

ANSWER: NEW ZEALAND. Ernakulam, Kerala-born Priyanka Radhakrishnan, 41, on Monday became the country's first-ever Indian-origin minister after PM Jacinda Ardern inducted five new ministers into her executive

TWITTER INDIA, BCCI LAUNCH 7 CUSTOM EMOJIS

Twitter India and the Board of Control for Cricket in India have joined hands to launch seven new custom emojis around the Women's T20 Challenge as well as for its teams and the respective captains.



- Fans will be able to activate these emojis by tweeting with the following hashtags: #MithaliRaj or #Mithali, #Harmanpreet or #Harman, #Smriti or #SM18, #WomensT20Challenge, #Velocity, #Supernovas, and #Trailblazers.
- The Women's T20 Challenge will be played from November 4-9 in Sharjah and the competition will be contested between three teams – Trailblazers, Supernovas, and Velocity

You will change the world: This child's 'ABC' rap on career choices is winning the internet

When we think of 'ABC', the English alphabet comes in our mind. Ever heard about the 'ABC' of the various career choices that exist? Six-year-old Robert Samuel has his own take on the famous R&B genre. He came up with a rap that talks about the career choices in an alphabetical order. Posted on Instagram, the little boy is seen singing verses of his song called 'You can be ABCs'.

GOING VIRAL



- 1 The 2.30-minute clip also features the child's father, who begins the video by saying that rap is a way to encourage people and tell them that they can pursue anything. The boy, Samuel, then goes on to sing all the 26 alphabets, assigning each letter with a different career prospect
- 2 From an architect to a paramedic to an engineer to a firefighter, the list is endless. It looks like a great way to tell children about what they want to do in the future
- 3 Sam himself wishes to be an architect in the future, as he likes to build. He even wishes to be either a governor or the president of the United States
- 4 What makes this video stand out is the fact that no career choice has been shown as equals and not lower than the other
- 5 The video was shared extensively all over the internet. Netizens were extremely impressed by the song

STUDENT DESIGNS A SCHOOLBAG THAT CAN TURN INTO A DESK

INNOVATOR



Himanshu Muneshwar Deore, a product design student from NICC International College of Design, Bengaluru, has created an ergonomic schoolbag that can double as a desk.

- The bag, which can carry a load of 3 kg, is designed keeping in mind various technical details and health of the shoulder and back of children. With two straps, the bag use cloth, bamboo and two metal stands that support the side of the bags and turn into the legs of the desk when needed
- It will also be complete with colourful design to gain attention of kids, Himanshu said. It is also providing livelihood to the artisans whose art is fast depleting," he added

NEWS IN BRIEF

CLICK HERE FOR MORE

'FOREST MAN OF INDIA'S STORY NOW PART OF US SCHOOL CURRICULUM

Jadav Payeng, better known as the 'Forest man of India', will now be a part of US schoolkids curriculum. Payeng's four-decade-long feat of single-handedly raising a 550-acre forest of barren sandbar will now grace the curriculum of sixth grade Bristol Connecticut school students – the latest laurel for the 57-year-old Assamese farmer.

- Concerned over ecological degradation in Majuli island (now a district) in eastern Assam, Payeng began planting trees on the barren sandbar, eventually transforming it into a deep forest. Elephants, deer, rhinos, tigers and many other animals now live in the jungle.
- Payeng has dedicated nearly 42 years of his life taking care of the Molai woods – a forested

GOOD NEWS



- area spread over 550 hectares of land. It is located along a barren sandbar of Majuli, the world's largest river island in Assam, about 28 kilometres from Jorhat
- He has been planting saplings since 1979, transforming the wasteland into a heavily-wooded landscape – large enough to see the return of wildlife in the area. In 2015, he was honoured with Padmasri

WHATSAPP SET TO ROLL OUT DISAPPEARING MSGS FEATURE

If reports are to go by, WhatsApp is all set to roll out a new feature – the "Disappearing Messages" tool that will allow the users to enable the feature any time they want.



TECH BUZZ

- Once you enable "Disappearing Messages," all the new messages will only expire after seven days
- You cannot, however, set time as to when you want them to disappear.
- According to reports, if you don't open the chat for seven days, the messages will disappear. But, if you haven't cleared the notification panel, then you will be able to check the messages there
- WhatsApp will allow users to forward or take a screenshot of the disappearing messages. You will also be allowed to save disappearing images and videos in your camera roll

Antarctic Ozone hole persisting into November: Scientists

ENVIRONMENT

Persistent cold temperatures and strong circumpolar winds helped the formation of a large and deep Antarctic ozone hole that should persist into November, scientists have said. The annual Antarctic ozone hole reached its peak size at about 24.8 million square kilometres, roughly three times the area of the continental US, on September 20, according to the US National Oceanic and Atmospheric Administration (NOAA) and NASA scientists.

In the stratosphere, roughly seven to 25 miles above Earth's surface, the ozone layer acts like sunscreen, shielding the planet from ultraviolet radiation that can cause skin cancer and cataracts, suppress immune systems and damage plants and sensitive plankton at the base of the global food chain. By contrast, ozone that forms closer to the Earth's surface through photochemical reactions between the sun and pollution from vehicle emissions and other sources, forms harmful smog in the lower atmosphere

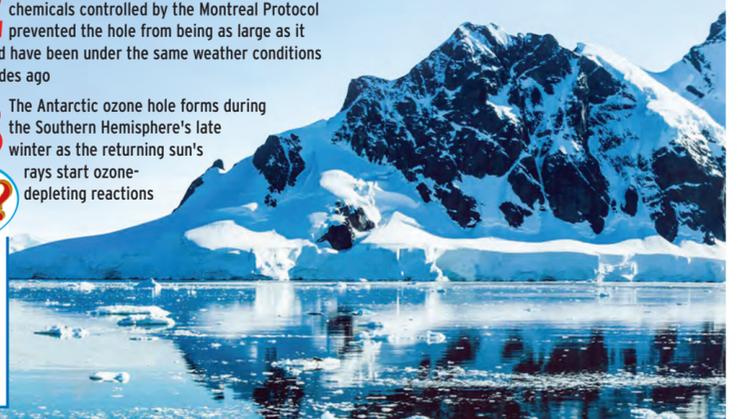


- 1 The scientists said, 2020 will go down as having the 12th largest ozone hole by area in 40 years of satellite records, with the 14th lowest amount of ozone in 33 years of balloon-borne instrumental measurements
- 2 Ongoing declines in levels of ozone-depleting chemicals controlled by the Montreal Protocol prevented the hole from being as large as it would have been under the same weather conditions decades ago

Cold winter temperatures persisting into the spring enable the ozone-depletion process, which is why the "hole" forms over Antarctica

- 4 These reactions involve chemically-active forms of chlorine and bromine derived from man-made compounds

- 3 The Antarctic ozone hole forms during the Southern Hemisphere's late winter as the returning sun's rays start ozone-depleting reactions



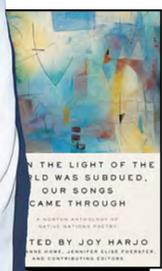
Be Inspired

Oprah's Favourite BOOKS

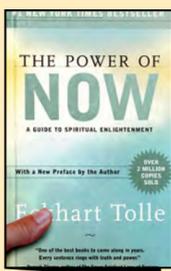
Oprah Winfrey has revealed which books are getting her through 2020, as US Election takes place and the pandemic goes on. Setting aside her usual book club recommendations, Winfrey instead cites seven personal favourites. Have a look...



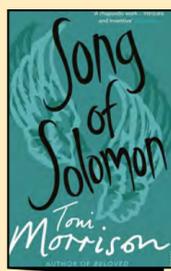
Winfrey spokesperson Chelsea Hettrick said the books announced would serve as "a bridge between selections," and that no firm timeline had been set for future choices. "This year has brought such unprecedented change overall," she said recently. "We will re-evaluate in the coming weeks the selection plan and timing for the remainder of 2020." Oprah's book club started in 1996 as a segment of Winfrey's talk show 'The Oprah Winfrey Show'. It ended in 2011 at the same time as the programme concluded. It was revived as Oprah's Book Club 2.0 in 2012.



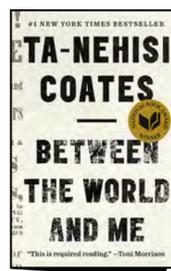
1 An anthology edited by US poet Joy Harjo 'When the Light of the World Was Subdued Our Songs Came Through'



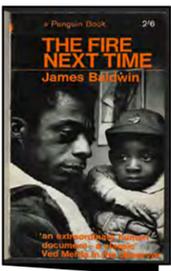
2 Her new list, announced in partnership with Apple, includes Eckhart Tolle's spiritual guide 'The Power of Now'



3 Toni Morrison's 'Song of Solomon', which is a classic novel she picked in 1996 for her book club



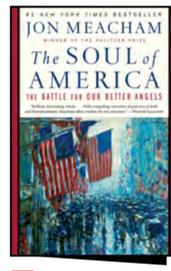
4 Winfrey also chose Ta-Nehisi Coates's prize-winning book on race and police violence, 'Between the World and Me'



5 James Baldwin's landmark essays in 'The Fire Next Time'



6 Mary Oliver's poetry collection 'devotions'. Winfrey is calling her choices "the books that see me through," works she values for "their ability to comfort, inspire, and enlighten". "It's a mix of fiction, poetry, non-fiction and spirituality, books I know and trust and revisit," she said.



7 Historian Jon Meacham's 'The Soul of America: The Battle for Our Better Angels'

Lessons learnt while getting ready for

virtual meetings



As occasions we once anticipated to celebrate, now stand cancelled due to restrictions on social gatherings; new ways have come up to celebrate. Parties and celebrations have been organised on apps such as Zoom, Facetime and Houseparty. Social distancing has surely taught us that we can still continue to celebrate special moments such as birthday parties and even wedding days in form of 'Virtual Bashes.

Debut an outfit

You could definitely use this opportunity of staying at home and debut an outfit which you otherwise wouldn't have worn if you weren't at home. You could enjoy your sessions with friends and family in your favourite pair of bright coloured or slogan t-shirts and sweatpants. You could also celebrate virtual weddings while dressing up in chic modal matt satin dress well accessorised. "You can have fun in floral dresses made of fabrics like modal and viscose which will help you to be comfortable while getting ready to play the much anticipated baby shower games," recommends Nelson Jaffery, a designer.

➤ Proper etiquette demands that one dresses as one would if he or she was present physically at a meeting or party. It's important to have groomed hair for virtual celebrations

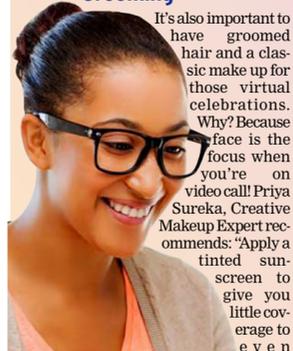
Dress code

Online and virtual meetings call for a more casual and comfortable attire. "A jacket may not always be necessary but it goes a long way in keeping things looks neat," adds Jaffery.

It's about the lighting

"Lighting is everything when it comes to looking good on camera. If you have a place where natural light enters your house, place your laptop or phone in front of it during virtual meetings and your face will instantly appear brighter," says Sureka. Dr Maureen Lobo, Dean - Academics, ITM -IDM says: "Virtual meetings and parties have become a way of life today as Covid 19 still looms large on the horizon and most of the population is afraid of venturing out for play! He further adds: "Proper etiquette demands that one dresses as one would if he or she was present physically at a meeting or party."

Grooming



It's also important to have groomed hair and a classic make up for those virtual celebrations. Why? Because your face is the focus when you're on video call! Priya Sureka, Creative Makeup Expert recommends: "Apply a tinted sunscreen to give you little coverage to even

Do You Agree? Let us know at timesnie175@gmail.com.

Zero-oil snacks that anyone can make

Snacks are a very common part of our daily diet. Generally eaten between meals, they are a favourite of all of us. Be it Indian snacks like samosa, kachori and pakoras or others like burger, pizza, hotdog, and chowmein—all make our mouths salivate. One common notion about snacks is that they are usually unhealthy. Though it might be true for deep-fried dishes, it can't be generalised. As people are becoming more and more aware of their health, many healthy snacks have come up. Here is a look at the recipe for two tasty oil-free snacks for you.



POHA BALLS

1. Wash 1 cup poha and soak in water for 2-3 minutes. Drain out the water completely.
2. Take 2 grated boiled potatoes, add the poha and smash it with your hands.
3. Add 3 chopped green chillies, 1 tsp chopped coriander, 1/2 inch chopped ginger, 1 tsp chaat masala, 1 tsp turmeric powder,

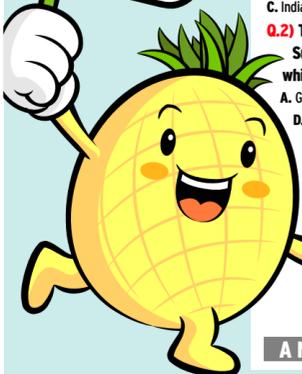
- 1 tsp chilli powder, 1 tsp salt, 2 tsp sugar, 1 tsp lime juice, and 1 tsp roasted cumin powder. Mix well.
4. Make small balls. Allow them to rest for 4-5 minutes.
5. Preheat the oven to 220 degrees Celsius. Lightly brush oil on the balls and bake for 10-20 minutes or until crisp.

MOONG DAL CHAAT

1. Soak 1/2 cup moong dal in a bowl of water for 30 minutes and drain it.
2. Add 3 cups of water, salt, and the dal in a pan and cook on medium flame. Stir occasionally and make sure the grains aren't too close together.
3. Drain the water using a strainer and cool dal for 10 minutes.
4. In a mixing bowl, add 1/2 cup grated carrot, 1/2 cup pomegranate, 1/2 cup chopped white and green spring onions, 1/2 cup chopped raw mango, 2 tsp chopped mint leaves, 2 tsp chopped coriander leaves, 2 tsp chopped green chillies, 1 tsp chaat masala, 4 tsp lime juice, and moong dal. Mix well and serve.



Activities BOX



QUIZ TIME (CURRENT AFFAIRS)

- Q.1)** Which country has partnered Reliance Power for a gas-based power plant set up in the country?
A. Bangladesh B. Nepal
C. India D. Singapore
- Q.2)** The 4th South Asian Speaker's Summit was recently held in which city?
A. Geneva B. Paris C. New Delhi
D. Male
- Q.3)** A police academy of international standards will be set up soon in which city of Uttar Pradesh?
A. Noida
B. Lucknow
C. Kanpur
D. Faizabad
- Q.4)** Name the Indian Navy Warships that visited Laem Chabang, Bangkok, Thailand for port call.
A. INS Vikrant B. INS Virat
C. INS Shourya D. INS Sahyadri and Kiltan



Two Indian Navy Warships - INS Sahyadri and Kiltan visited Laem Chabang, Bangkok, Thailand for a port call, which is part of the Navy's Overseas Deployment to South East Asia and Western Pacific

- ANSWERS**
1. A) Bangladesh 2. D) Male 3. B) Lucknow
4. D) INS Sahyadri and Kiltan

KNOWLEDGE BANK

FUN FACTS



Raccoons

They are round, fuzzy creatures with bushy tails and a black mask of fur that covers the eye area. These animals may look like cute, cuddly bandits, but they can be quite fearsome when approached. Raccoons that live in colder climates are larger and heavier. They have greyish fur, black mask around eyes and a long tail covered with black and brown bands. Because of their tail, they are nicknamed 'ringtail'. They are very adaptable, so they live in a wide range of climates and habitats.

EXPLORE YOUR CREATIVITY

Develop a story based on the pictures in around 250 words. Send your entry along with your name, class, school and picture at toinie175@gmail.com



CHECK YOUR APTITUDE

- 1** Arrange the following words in a logical sequence.
1. Key 2. Door
3. Lock 4. Room
5. Switch on
A. 1, 3, 2, 4, 5
B. 1, 2, 3, 5, 4
C. 5, 1, 2, 4, 3
- 2** 1. Word
2. Paragraph
3. Sentence
4. Letters
5. Phrase
A. 1, 3, 2, 4, 5
B. 4, 1, 5, 3, 2
C. 5, 1, 2, 4, 3
- 3** 1. Police
2. Punishment
3. Crime 4. Judge
5. Judgement
A. 1, 3, 2, 4, 5
B. 3, 1, 4, 5, 2
C. 5, 1, 2, 4, 3
- ANSWER:**
1. 1, 3, 2, 4, 5
2. 4, 1, 5, 3, 2
3. 3, 1, 4, 5, 2

EDUCATION DIGITISED

As the COVID-19 pandemic took over the world, no sector was spared from the disruption it caused. Social distancing was the only preventive step towards containing the spread of the virus leading to indefinite suspension of schools, colleges, universities and even postponement of entrance tests. This led the policy-makers and educational institutions to explore an alternate medium of education as the entire system had come to an unimaginable stand-still.

While there had been presence of a few Ed-tech platforms that promoted online learning, it wasn't widespread. Conducting classes online was the only way to ensure safety and continuance of education of millions of students in the country. While digital learning was a great step, not all teachers and students were prepared for this sudden transition. It shed light on various social and economic issues that were faced by the students such as access to internet and much needed systems (laptops, mobiles, etc), learning resources. Even the institutions were not prepared with learning management systems as no one had anticipated a lockdown situation. The impact was more severe on the less privileged sections of the society causing interrupted learning. Even the teachers who were used to teaching with chalk and duster for decades had no choice but to learn the nuances of online teaching, conducting tests and devising online learning materials.

As time passed, teachers, students and their families found ways to deal with the initial hurdles and online teaching became a smooth process.



Alka Jain, Teacher, KV ONGC, Panvel

This learning opportunity improved the digital literacy for teachers, students and their families as they adopted new methods of education that could not be limited by geography.

During this time, there were multiple measures taken by the government to support online education. An online education platform called "Swayam" was launched nationally. It hosts about 1900 courses across school and higher education covering subjects as Engineering, social sciences, law and management. "Swayam Prabha" has 32 DTH TV channels with the sole purpose of transmitting digital education content to students across the country on a 24x7 basis.

As the economy suffered massively, it was bound to impact the mental health of people. There were families that were going through economic crisis due to lack of business activity and loss of jobs. This was bound to impact the children in the family. It became necessary for teach-

ers to not just teach them the curriculum but also motivate them to stay positive, guide them on the best ways to channelize their energy in to productive tasks and ensure their mental and emotional well-being even when they were miles away. Students were encouraged to pursue their hobbies and explore more activities that interested them. While there was government support all along, there were Yoga programs conducted for better physical and mental well-being of students and teachers.

Lockdown was a two-edged sword for the students and teachers. It did give them the opportunity to study from the comfort of their homes, pursue other interests and even connect with students in remote areas. The computers and mobile phone which were earlier used by students for entertainment were now being productively used for studying. Having said that, online learning cannot replace the classroom experience that is instrumental in the all-round development of a student. Education is not just about studying the prescribed curriculum. It is also about the interactions that students have among themselves, the team spirit that is inculcated on the sports ground, the skills that are developed when they undertake extra-curricular activities. Online learning methods have helped in bringing more and more students under the umbrella of formal education and needless to say, it has been a saviour in these times of distress but it can be said with certainty that all students are waiting for the day their schools shall resume. It's been rightly said school days are the best days of our lives.

NAVRATRI CELEBRATION

HOLY ANGEL'S SCHOOL, DOMBIVLI

KAVYA JOSHI, CLASS X

Interact club of Holy Angel's school, Dombivli, organised virtual navratrī celebration for all. Teachers, students, interact members, and former students everyone came together to celebrate, and enjoy the garba night as one.

The event was held on 24th October online. It started from 7:00pm and lasted till 9 at night. Everyone was dressed up and was enjoying the music played by Komal Dhake. The president and the secretary of interact club



Radhika Redeker and Aparna Iyer welcomed everyone who joined the celebration and enthusiastically participated in dancing. All the students and teachers danced in delight. Few family members of students participated as well

and dance gracefully nonetheless. The event was supposed to end at 8:30 but seeing everyone so happy, interact members couldn't help but stretch the time longer to just see the smiles of the participants.

JASUDBEN ML SCHOOL, KHAR

This Navratrī we have prayed with more sincerity than ever, to help us remain patient and stay strong through this pandemic.

The students across grades of Jasudben ML School, Khar celebrated Navratrī online with as much zeal as they would have offline. The dance teachers ensured the younger children dressed up in the traditional garba and dandiya attire and danced their



hearts out during the online classes.

The students of the higher grades created rangolis during an online competition, while the NIOS students of grades 9th to 12th shared the significance of Navratrī. The students also explained the message that each of the nine colours stands for, through a presentation.

The celebrations ended with the students and teachers dancing at their respective homes, reminiscing about the previous celebrations in school, as well as looking forward to them in the years to come!

A HOLIDAY IN GOD'S OWN COUNTRY



Swaying coconut trees, glistening backwaters, and the open blue sky, these are just a few of the words that describe the magnificence of nature in a hidden gem in God's own country, Alleppey. Located right on the coast, in addition to the beach, Alleppey boasts some of the most amazing backwaters and also hosts the annual snake boat race. We journeyed to Alleppey on the train and arrived to light showers of rain at the station. We stayed at the famous Ramada hotel which acts as the finishing point for the Nehru Trophy snake boat race in Alleppey.

On the first day, we decided to head out and explore the scenic backwaters that weaved through the coastal city. Beautiful would be an understatement to describe the splendour of nature in the canals. Lush coconut and mango trees lined the banks with a few houses peeking out from underneath once in a while. The sheer beauty of nature left us spellbound! The result was a few scratches but it was well worth

it! Later in the evening, we went down to Alleppey Beach and watched a gorgeous sunset descend over the coast. For dinner, we enjoyed traditional Kerala cuisine comprising of scrumptious delicacies like puttu, appam, fish molee, and Kerala kadala curry! The next day we forayed into the city interiors and visited the Ambalapuzha Sree Krishna Temple, Mullakkal Rajeshwari Temple, and Mannarasala Sree Nagaraja temple.

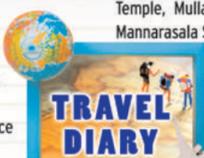
The temples are constructed in typical Kerala style with a large square well in the center surrounded by traditional structures.



The whole environment was peaceful! We also visited the St. Mary's Forane Church which boasted amazing architecture and pristine elegance!

Later, we headed to the International Coir Museum which aimed to promote the usage and distribution of the coir industry. The museum showed us the process of coir production and had several models like the Taj Mahal which were entirely built out of coir! Ultimately, Alleppey is a place that caters to both nature-lovers and city dwellers, the elderly as well as kids! It's the perfect place to go on a vacation with your family!

Samyuktas Sivakumar, class XI, Ryan International School, Kandivali East



MY SCHOOL, MY HOME

School is a kind of a tiny world, which gives us all the experiences, the good, better and the best

I'm Sumith Ratnapurkar and I have been in the school for past Eleven years now and have experienced the change of the school in every aspect: Infrastructure, Education style. The best thing I would say about

BKBPS is that it never comprises on the comfort of the students and this is what has never brought any negative thought about my school. When we talk about uniqueness about BKBPS, it has achieved a lot in very small period of time not because it was a part of the Birla's Property but for its own potential. BKBPS is always fun for me as they choose the best places for Field trips, School picnics and other vacation trips. I wouldn't have been able to know my interests if I wouldn't have participated in School Assemblies, Inter-house and Inter-school competitions. Through this article I just want to convey my love and gratitude to my School.

Sumith Ratnapurkar, class IX, B K Birla Public School, Kalyan (As told to Tejashree Sonawane)



A New beginning



This farewell programme was different from the usual programmes. It was held on 30th September. As due to Covid-19 Pandemic all staff of Anjuman-I-Islam's Dr. M. I. J. Girls' High school and Junior College of Science and Commerce, Bandra were unable to come and celebrate the retirement of our very humbled and down to earth helping hand Samira Shaikh. The entire programme was conducted by Junior Col-

lege staff virtually and physically. Ms. Kalpana and Naseem Deshmukh were compere for the occasion and very beautifully synchronised the online and offline programmes. The PPT depicting the journey of Samira Shaikh was fabulously projected by Jr. College team.

It brought tears in the eyes of almost every one on screen and off-screen to see the efforts and perseverance with which Samira Shaikh has served the institution for almost 26 years. An online musical event was to be kept at the end to lighten the mood of the staff.

'Success is the culmination of dedication and hardwork'

Managing academics with extracurricular activities can be a tough nut to crack. Aryan Raut, an all rounder student of class X, DAV Public School, Thane share tips for students with Tejashree Sonawane

Q: What drives you to be a part of numerous activities and have fun with it?

Aryan: I always desire to engage in activities that help expand my knowledge. Monotony bores me and I'm always excited to be a part of endeavors that quench my thirst for adventures. Learning happens when you do something fun and gain valuable knowledge to implement in real life.

Q: How did you decide what to focus on at a particular moment?

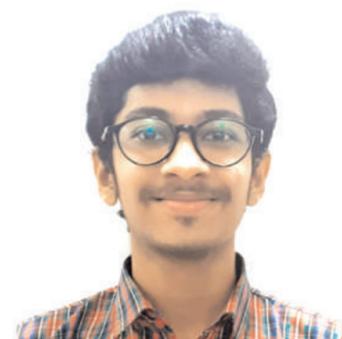
A: We should always find a balance between everything. I prioritize and set targets. I prepare a proper schedule and do every task to the best of my ability.

Q: Briefly describe your extra curricular activities.

A: Apart from academics, I participated in national and international tournaments in Karate and represented myschool in Cricket matches. I'm passionate about Model United Nations. Cultural events and seminars helped me acquire essential skills.

Q: How did you manage your academics with extracurricular activities?

A: As a student academics is vital for me. I always prioritize which tasks need my utmost attention. Time management is a crucial skill to master. Students should explore other activities while ensuring that academics don't suffer.



Alka Jain, Teacher, KV ONGC, Panvel

Q: How have your friends, family and teachers helped you in all your pursuits?

A: I attribute 95% of my success to family, teachers and friends and only 5% me. Such has been the indispensable role of theirs in my life. I'm fortunate for their support and guidance to unleash my potential and expand my bag of knowledge.

Q: What advice would you like to give to students?

A: Inculcate a learning attitude. Everyone should have an open mind and try to understand different perspectives. Have courage to face difficulties and learn from them to emerge stronger. Introspect and be true to yourself to climb the stairs of success.

TEN ON TEN

5 players KXIP might release after IPL 2020

For the sixth year running, Kings XI Punjab failed to qualify for the IPL 2020 playoffs after defeat against CSK on Sunday. The team was hit hard with poor performances from overseas stars and all-rounders. The team management is expected to release a number of players going into IPL 2021

CHRIS JORDAN

He did win a game for KXIP but there weren't many notable performances from him. The right-arm pacer scalped nine wickets in as many matches, bowling at an economy rate of 9.65. With the bat, Jordan scored 29 runs off 31 balls. Lack of a proper all-rounder was one of the biggest reasons behind KXIP's failure and the team management is expected to move on from him. James Neesham might be retained as he had joined KXIP at his base price of ₹50 lakh while Jordan was paid ₹3 crore.

SIMRAN SINGH

Simran could not live up to expectations in two matches and only scored 15 runs. During the league stage game against Kolkata Knight Riders, KXIP were on the brink of a win when Simran was sent ahead of Maxwell. The move didn't work. KXIP lost by one run. He was dropped from the playing XI there after.

SHELDON COTTRELL

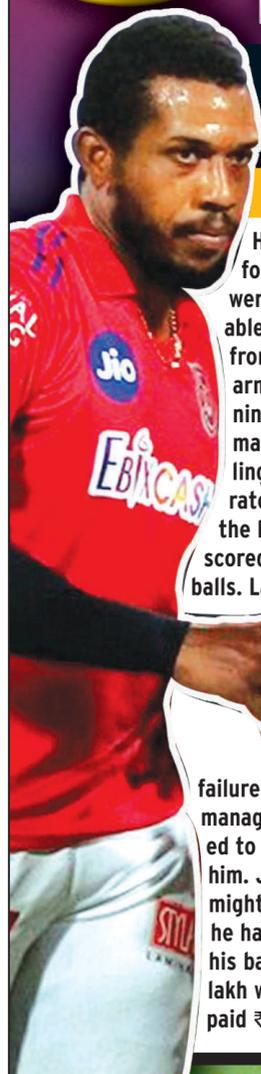
His salutes got more attention than his performance. Only six salutes in 6 matches. Hoping that Cottrell will share the new ball with Mohammed Shami, the team management spent ₹8.5 crore on him. The Jamaican turned out to be a big upset and leaked runs at 8.80.

GLENN MAXWELL

The biggest flop of IPL 2020? Glenn Maxwell struggled badly and only managed 108 runs off 106 balls he faced. Surprisingly, the big-hitting batsman failed to hit even one six, a stat that has left many surprised. The team management backed him to the hilt and only dropped him after 13 matches. With the ball, he scalped 3 wickets in 21 overs. KXIP had spent ₹10.75 crore on the all-rounder and the owners would surely want to release him now that he has failed once again. Maxwell is unlikely to garner such a big amount in the auction if released.

MUJEEB-UR-RAHMAN

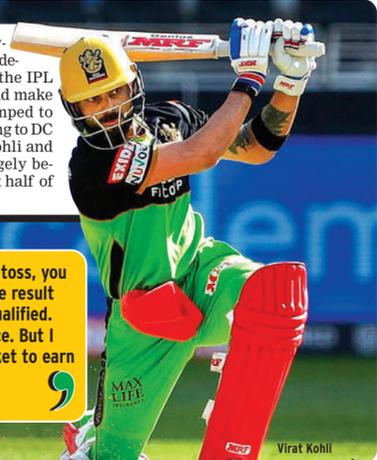
Mujeeb played only two matches. He went wicketless in both. He has come down the pecking order and isn't the frontline spinner now. Given his ₹4 crore price, KXIP may release him. Or they could bid for him at a lower price as well. Mujeeb, with R Ashwin, had scalped 14 wickets in 2018.



RCB played good enough cricket to earn playoff spot, says Virat Kohli

Skipper Virat Kohli insisted Royal Challengers Bangalore (RCB) deserved a qualification spot in the IPL playoffs and said his team would make full use of the opportunity. RCB slumped to their fourth defeat on the trot after losing to DC by six wickets. Despite the reverse, Kohli and his men secured a playoff berth, largely because of their performance in the first half of the tournament.

It's a mixed bag. As I said at the toss, you come to games to try and get the result your way. We are happy that we've qualified. Top two would've been very really nice. But I think we've played good enough cricket to earn a qualification spot.
Virat Kohli, RCB captain



Shane Watson retires from 'all forms of cricket' after MS Dhoni-led CSK bow out of IPL 2020



ZIDANE WANTS MADRID TO TREAT INTER CLASH LIKE A FINAL

Real Madrid coach Zinedine Zidane says they cannot afford any more slip-ups if they are to qualify for the Champions League knockout stages and the players must be prepared for another physical battle at home to Inter Milan on Tuesday. The Spanish champions prop up Group B with one point from two matches, having lost 3-2 to visitors Shakhtar Donetsk before snatching a 2-2 draw at Borussia. "Inter are a good team, very physical and play good football. It's a final for us," Zidane told a news conference.



TEST YOUR KNOWLEDGE

SPORTS QUIZ | Football Managers

Q1: Who is the Fifth Dutch Coach in FC Barcelona's history?

- a) Marco van Basten b) Ronald Koeman
c) Frank de Boer d) Hristo Stoichkov

Q2: In which year was it first declared that Zinedine Zidane would become the head coach of Real Madrid?

- a) 2016 b) 2017 c) 2018
d) 2019

Q3: Who is the manager of Fulham Football Club?

- a) Josep Guardiola b) Scott Parker
c) Marcelo Bielsa d) Steve Bruce

Q4: Who is the head coach of Manchester United's professional women's team?

- a) Casey Stoney b) Alex Scott
c) Fara Williams d) Alex Greenwood

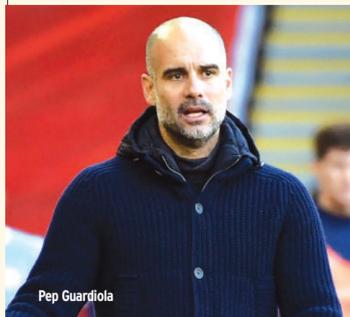
Q5: Who is the head coach of Paris Saint-Germain men's football team?

- a) Lucien Favre b) Jürgen Klopp
c) Julian Nagelsmann d) Thomas Tuchel

Q6: Who is the head coach of Paris Saint-Germain's women's team?

- a) Casey Stoney b) Alex Scott
c) Olivier Echouafni d) Alex Greenwood

Q7: Guardiola, at 37, became the youngest manager in history to lift the UEFA Champions League. Which club was he the



manager of?

- a) Real Madrid b) Bayern Munich
c) Barcelona d) Liverpool

Q8: Which former Manchester United and Norway striker returned to Old Trafford and became the head coach in 2019?

- a) José Mourinho b) Pep Guardiola
c) Ole Gunnar Solskjær d) Mike Phelan

Q9: Three-time Premier League Jose Mourinho is the head coach of _____.

- a) Tottenham Hotspur b) Real Madrid
c) Manchester United d) FC Barcelona

Q10: Mourinho started his Premier League career in London in June 2004. Of which football club was he the manager?

- a) Chelsea F.C. b) Real Madrid

c) Manchester United d) FC Barcelona

Q11: Which football club appointed Mourinho as their coach in the summer of 2010, and went on to win the Copa del Rey in 2011?

- a) Chelsea F.C. b) Real Madrid
c) Manchester United d) FC Barcelona

Q12: Who has been the Manchester City manager since the start of the 2016/17 campaign?

- a) Jürgen Klopp b) Mauricio Pochettino
c) José Mourinho d) Pep Guardiola

ANSWERS: 1 b) Ronald Koeman 2 a) 2016
3 b) Scott Parker 4 a) Casey Stoney 5 d) Thomas Tuchel
6 c) Olivier Echouafni 7 c) Barcelona
8 c) Ole Gunnar Solskjær 9 a) Tottenham Hotspur
10 a) Chelsea F.C. 11 b) Real Madrid 12 d) Pep Guardiola