



THE TIMES OF INDIA

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TODAY'S EDITION

Loneliness can be depressing. Check out ways to fight loneliness
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Students share their weekend diary
Reviewing your favourite movie/book can be fun
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Bio bubble can have an adverse effect on the cricketers, warn psychologists
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STUDENT EDITION

THURSDAY, FEBRUARY 4, 2021



WEB EDITION

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Elon Musk to send 1st all-civilian MISSION TO SPACE THIS YEAR

Elon Musk-run SpaceX has announced the world's first all-civilian mission to space at the end of 2021, in a charity-driven mission named Inspiration4, commanded by tech entrepreneur Jared Isaacman. The 37-year-old Isaacman is the founder and CEO of an integrated payment processing company Shift4 Payments and a trained pilot...

- SpaceX will choose three people to ride alongside Isaacman to orbit the planet aboard SpaceX's Crew Dragon capsule every 90 minutes, along a customised flight path
- Upon conclusion of the multi-day journey, the Dragon will re-enter the Earth's atmosphere for a soft water landing, off the coast of Florida
- Inspiration4 will fly to inspire support for St Jude Children's Research Hospital. Isaacman is donating the three-mission seats alongside him to crew members, who will be selected to represent the mission's pil-



Isaacman and the Inspiration4 crew will undergo commercial astronaut training by SpaceX on the Falcon 9 launch vehicle and Dragon

spacecraft, including a specific focus on orbital mechanics, operating in microgravity, zero gravity, and other forms of stress testing

They will receive emergency preparedness training, spacesuit and spacecraft ingress and egress exercises, as well as partial- and full-mission simulations

The mission will launch from Launch Complex 39A at NASA's Kennedy Space Center in Florida and "will be carefully monitored at every step by SpaceX mission control"

Isaacman has given St Jude two seats on the Inspiration4 mission

- The Inspiration4 mission marks SpaceX's latest private astronaut mission
- The company's Ax-1 mission, also planned for the end of 2021, hosts a crew of four private astronauts, paying \$55 million each for an eight-day trip

- In 2018, Musk announced that Japanese billionaire Yusaku Maezawa will hitch a ride around the Moon on SpaceX's new rocket system Starship, which is under development

Spotlight

ANDY JASSY

- Andy Jassy, who joined Amazon in 1997 as a marketing manager and made its Cloud arm Amazon Web Services (AWS) a distinct leader, will take over as Amazon's CEO in about six months
- In 2003, Jassy founded Amazon Web Services (AWS) with a team of 57 people and in April 2016, he was promoted from senior vice president to the CEO of AWS
- Today, AWS has nearly a \$50 billion annual run rate and is growing exponentially
- Born on January 13, 1968, Jassy graduated from Harvard College, where he was an advertising manager of The Harvard Crimson, before earning an MBA from the Harvard Business School



Mars' Gale crater was similar to Iceland over 3 billion years ago: Study



Latest study has found that Mars' Gale crater had seasons and terrain that were close to that of Iceland, more than three billion years ago. Using the data from NASA Curiosity rover, the scientists concluded that the crater, which was home to an ancient lake, had similar geologic formations that underwent weathering in different climates when compared to places on the Earth.

According to scientists, the Gale crater was home to a lake but there is an argument whether the conditions were warm and wet or cold and dry, which would make glaciers and snow more common and similar to Iceland

MINTING MONEY

152 crore and counting: MS Dhoni becomes first cricketer to earn ₹ 150 crore in IPL

MS Dhoni has created history by becoming the first-ever cricketer to earn more than ₹ 150 crore in the Indian Premier League (IPL). The Chennai Super Kings (CSK) captain had an earning of over ₹ 137 crore before the IPL 2020 retention day. And the moment CSK extended Dhoni's contract, the India legend recorded his name in the history books.

1 Dhoni, who has been leading the Yellow Army since IPL 2008, has a salary of ₹ 15 crore/season now. He has been earning the same amount since IPL 2018

2 Dhoni was the biggest player in the IPL 2008 auction. Unsurprisingly, he emerged as the costliest pick, when CSK bought him for ₹ 6 crore. He earned the same amount for the next 3 years

3 The three-time IPL-winning captain has earned ₹ 60 crore at CSK since their return to the league in 2018



ALEXEI NAVALNY, WHO, GRETA & DONALD TRUMP AMONG NOMINEES FOR NOBEL PEACE PRIZE

Russian dissident Alexei Navalny, the World Health Organisation and climate campaigner Greta Thunberg are among those nominated for this year's Nobel Peace Prize, all backed by Norwegian lawmakers, who have a track record of picking the winner. The Norwegian Nobel Committee, which decides who wins the award, does not comment on the nominations, keeping secret for 50 years the names of nominators and unsuccessful nominees. But the nominators can choose to reveal their picks. Thunberg was named as one of "the foremost spokespeople in the fight against the climate crisis", with the campaigning group she co-founded, Fridays for Future, also receiving a nod.



- Other names are Belarusian activists Sviatlana Tsikhanouskaya, Maria Kolesnikova and Veronika Tsepkalo, for their "fight for a fair election and inspiration for peaceful resistance"
- Also on the list is Aminatou Haidar, for her peaceful campaigning towards an independent Western Sahara, the International Space Station, and the International Scout Movement
- The 2021 laureate will be announced in October

Up, Up and Away

Food items that have been sent to SPACE

An Indian restaurant owner, Niraj Gadhre, who runs a restaurant named Chai Walla in Bath, recently sent a samosa into space. While his first two attempts to launch the savoury snack into the great beyond ended in failure, he succeeded in his third attempt. The story didn't end there. He lost track of the snack, when the GPS signal failed. However, after returning to the Earth the following day, the GPS tracker revealed that the package had made its way across southern England, crossed the Channel, and had crash-landed in Caix in northern France. Well, the samosa isn't the strangest thing to be sent into space. Check out the other strange items that has been sent out there...



PIZZA: While this order would not have taken 30 minutes or less, in 2001, Pizza Hut became the first company to deliver a pizza into space. The brand struck a deal with the Russian space agency Roscosmos to have a pizza delivered to Russian cosmonaut Yuri Usachov at the International Space Station (ISS). The delivery was reportedly worth \$1 million at the time



CHEESE: In 2010, SpaceX launched a wheel of Gruyère cheese into space. While CEO Elon Musk was secretive about the cargo at first, once the mission was accomplished, he revealed that it was a homage to a Monty Python skit, where John Cleese tries to order cheese from a cheeseless cheese shop

STEAK: In 2019, lab-grown meat made its debut aboard the ISS. Israel-based start-up Aleph Farms created the world's first steak grown inside a laboratory and decided to send it out into the atmosphere. They sent the necessary tools as well, and the astronaut had to make a piece of steak, using cow cells and a 3D printer



COLA: Coca-Cola and Pepsi took their rivalry into the great beyond. In 1985, modified cans carried both the companies' fizzy sugar drinks into the low Earth orbit on a space shuttle Challenger mission. However, the astronauts were banned from showing the cans on TV to avoid tainting NASA with advertising

How to combat the epidemic of loneliness

If the pandemic kept you apart from near and dear ones, turn to these tips to fight the feeling of being alone

Humans can survive three minutes without air, three days without water, three weeks without food and – according to lore – three months without companionship. Whether true or not, it's clear that people need people. And pandemics, many of us are learning, can be lonely times. If you find yourself lacking social support, here are some helpful pointers:



IDENTIFY LONELINESS

Loneliness is a complicated emotion. You can feel lonely in a crowded room or content in solitude, people even vary widely in how much connection they need. Holt-Lunstad says a useful way to gauge loneliness is the difference between the connection a person needs and the amount they get. And although it's subjective, researchers have begun identifying signals in the brain that put the need for social interaction on par with the need to eat. And without that social connection, people often become depressed, which further feeds feelings of loneliness. Chronic loneliness is also linked to higher rates of heart disease, Alzheimer's, suicide and even death.



FIND A FRIEND

If the loneliness is interfering with your ability to function, or if you are thinking about self-harm, seek professional help. For milder forms of loneliness, the best strategy is to seek support from friends. People with stronger social relationships have a higher likelihood of living longer. Just knowing that people are there for them, Holt-Lunstad says, leads to a reduction in stress. If you are called upon to offer support, this might involve calling, texting to check in, dropping off a gift, or even just waving from a distance.



In fact, research suggests you don't even need to know the people you are helping. Just donating money to a

good cause might help, says Bert Uchino, professor of psychology at the University of Utah. It was also revealed in an experiment that people who gave money to others were happier than if they spent it on themselves. If social interactions bother you, given that we are in a pandemic, try hobbies like cooking, gardening, writing or listening to music. Creative arts can reduce loneliness.

REACH OUT

Although group calls and social media conversations have compensated for the lack of in-person interactions during the pandemic, we still don't know how effective virtual communication is when it comes to loneliness. A 2012 study had found that phone or in-person conversations reduced stress, while text messages did not. In fact, heavy social media use has even been linked with higher rates of loneliness.

— The New York Times

Trap Yourself in Time (Again)



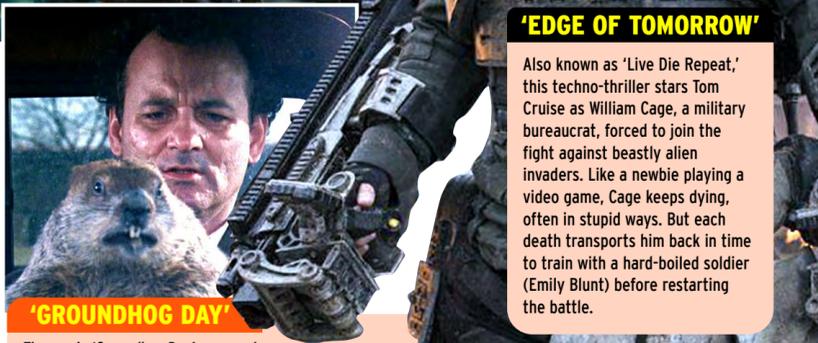
'SOURCE CODE'

In this rocket-paced science-fiction mystery, the time loop encompasses a frantic eight minutes aboard a commuter train about to explode. Jake Gyllenhaal plays an Army pilot whose consciousness keeps getting projected back to the moments before the bombing, where he has been assigned by his shadowy superiors to figure out who's responsible.



'HAPPY DEATH DAY'

'Groundhog Day' meets 'Scream' in this raucous horror-comedy, featuring Jessica Rothe as the drunken college kid Tree, who keeps getting murdered by a masked maniac. Every time she reawakens, she edges closer to discovering the killer's identity. But as often happens in these movies, to stop the slaughter Tree first must figure out why her life is a mess.



'EDGE OF TOMORROW'

Also known as 'Live Die Repeat,' this techno-thriller stars Tom Cruise as William Cage, a military bureaucrat, forced to join the fight against beastly alien invaders. Like a newbie playing a video game, Cage keeps dying, often in stupid ways. But each death transports him back in time to train with a hard-boiled soldier (Emily Blunt) before restarting the battle.

'GROUNDHOG DAY'

The movie 'Groundhog Day' came out in 1993, but it feels as if we've been watching it over and over ever since. This story of a smug weatherman (Bill Murray) who is stuck endlessly repeating the same day has remained popular and inspired countless movies and shows. 'Groundhog Day' wasn't the first of its kind, but it was an especially clever twist on the time-loop plot.



'PALM SPRINGS'

One of the most recent 'Groundhog Day' riffs is also one of the funniest, sweetest and smartest. The story starts in the middle, dropping in on a low-ambition slacker named Nyles (Andy Samberg) after he has lived through the same wedding hundreds of times. When Nyles pulls the bride's restless sister Sarah into the loop, he shows her how to enjoy living without consequences – until she realises this kind of life is meaningless.



'THE FINAL GIRLS'

The loop in 'The Final Girls' is a 1980s slasher movie called 'Camp Bloodbath,' which starred the late mother of a woman named Max (Taissa Farmiga). When Max and her friends find themselves stuck in 'Camp Bloodbath' – where scenes restart whenever they try to escape – they use their knowledge of the plot to try to make it to the credits. Unlike most time-loop films, the heroes here don't endure a slew of resets. Instead, their awareness of horror clichés helps them hold on.

How deep is the ocean?



Explorers started making navigation charts showing how wide the ocean was more than 500 years ago. But it's much harder to calculate actually how deep it is.

If you wanted to measure the depth of a pool or lake, you could tie a weight to a string, lower it to the bottom, then pull it up and measure the wet part of the string. In the ocean, you would need a rope thousands of feet long.

In 1872, the HMS Challenger, a British Navy ship, set

sail to learn about the ocean, including its depth. It carried 181 miles (291 kilometers) of rope.

During their four-year voyage, the Challenger crew collected samples of rocks, mud and animals from many different areas of the ocean. They also found one of the deepest zones, in the western Pacific, the Mariana Trench which stretches for 1,580 miles (2,540 kilometers).

Today scientists know that on average the ocean is 2.3 miles (3.7 kilometers) deep, but many parts are much shallower or deeper. To measure depth they use sonar, which stands for Sound Navigation And Ranging. A ship sends out pulses of sound energy and measures depth based on how quickly the sound travels back. The deepest parts of the ocean are trenches – long, narrow depressions, like a trench in the ground, but much bigger.

Hello, curious kids! Do you have a question you'd like an expert to answer? Send your question to curiouskidsus@theconversation.com. Please tell us your name, age and the city



QUIZ TIME (NATURAL SCIENCE)

Q.1) Which tree in the world has maximum water storing capacity, as much as 30,000 gallons?

- A. Sequoia dendron
- B. Eucalyptus
- C. Calvaria
- D. Adansonia

Q.2) The fastest spreading bioluminescent fungus is

- A. Polysporous B. Rhizopus
- C. Agaricus D. Armillaria

Q.3) The Nilgiri Hills are so named because of

- A. High mountain ranges
- B. Endemic species of 'neelgai'
- C. Strobilanthes Kunthiana which flowers once after 12 years making the hills blue
- D. All of the above

Q.4) The 'Super bug', genetically engineered

by Ananda M Chakravorty, is

- A. Insect pest which cannot destroy crops
- B. Virus attacking HIV
- C. Insect attacking virus
- D. A bacteria for bioremediation



ANSWERS

- 1. D) Adansonia 2. D) Armillaria 3. C) Strobilanthes Kunthiana which flowers once after 12 years making the hills blue
- 4. D) A bacteria for bioremediation

Virtual Literary Week

Bunts Sangha's S M Shetty International School and Junior College observed Literary week #SMSISJ LIT-LIVEWIRE from the 11th - 15th January to foster among students the love for literature and enhance students' explorative thinking skills.

The students were engaged in a series of listening, speaking, reading, writing activities. Sessions with authors, media, print news and film professionals gave students a rich resource of knowledge and guidance on contemporary careers while simultaneously providing a glimpse into the future world of educational possibilities. The series of events culminated with a rendezvous session across all sections with principal Mildred Lobo, who apprised students on the importance of reading, language and literature through a Book Talk.

IEYC SECTION

NATURE HUNT: What's in MY name?

The little story tells enjoyed narrating the story of "The Enormous Turnip" and were eager to share their thoughts about the story.

THE ENORMOUS TURNIP

Pincer grip activity

Children used their imagination and wrote their names creatively using elements found in nature. They also communicated their thoughts and ideas to their friends and teachers as they explained what they have used and why.

PRIMARY -CP- SECTION

Dress up as a character
CP1 students dressed up as their favourite characters and spoke about what they like most about that character.

WORD WHEEL

The aim was to allow for thorough word analysis and deep understanding of unfamiliar words.



AD MAD

Students learnt persuasive text through advertisements. It also helped students enhance cognitive skills, expression, and voice modulation.



SECONDARY- /LOWER SECONDARY /IGCSE/AS/ IB SECTION



Students posted their best quotes on the Jamboard.

SELFIE TIME

'Selfie Time' was to pose and share their favourite book, an activity that is most popular among teens who love to click and share.

MY ALTERNATE UNIVERSE

Students used different mediums to create a scene / character theme to represent a world that they would like to belong to.



SIX WORD STORY

The "Six Words Story" had students typing stories ranging from emotive to exaggeration, from surrealism to simple, from plain to cryptic thoughts.



ASPIRE TO INSPIRE

WRITING TO DEFENCE PERSONNEL

SMSISJC always strives to enable students to connect to the real world, be aware and grateful to all those who make lives safe and worthwhile. On the occasion of National Army Day, the students of Bunts Sangha's S M Shetty International School wrote letters to valiant soldiers who brave the extreme weathers and keep our nation safe. "Writing Letters of Gratitude" to the brave soldiers and defence personnel was one of the major highlights of the Literary week Celebrations.



Students made creative posters for top 10 reasons to read.

POSTERWISE PERFECT

Students made creative posters for top 10 reasons to read.



SLOGANS ON THE WALL



Creative and imaginative posters were made by students on the topic 'protection of animals' and 'prevention of cruelty to animals.'

STORY TELLING BY PARENTS



Storytelling is a universal and traditional art form. Parents were invited to read extracts from their favourite book and talk about their favourite characters.

MONOACT



Monoacting showcases student's talents and creativity and encourages them to appreciate drama as a form of literature and cherish its beauty in language and emotions. Students played the role of their favourite character with zeal, enthusiasm and creativity.

SENIOR CITIZENS CIRCLE



Students interacted with the wiser population of society and gained huge insights on how to take life in a positive stride.

PRINCIPAL'S SPACE

Principal Mildred Lobo in an interactive session addressed students on how engaging oneself into productive reading can change one's perspective of life.



REPUBLIC DAY CELEBRATIONS



Lunar Astrophotography camp on Republic Day by Sacred Heart School, Kalyan



Canossa High School, Andheri



DAV Public School, Airoli



N. L. Dalmia High School, Mira Road



Harmony International School, Kharghar



Narayana Techno School, Kalyan



CES's Michael High School, Kurla



Podar International school Ambarnath



B.K.Birla Public School, Kalyan



St John The Evangelist High School, Andheri East



Rizvi Springfield High School SSC, Khar



St John The Evangelist High School, Andheri East



Jasudben M L School, Khar



Vissanji Academy, Andheri East



St Arnold's High School & Jr College, Andheri East



AFAC English School, Chembur



Anjuman-I-Islam's A.A.Khatkhatay English Secondary School, Vashi



Chembur Karnataka High School, Chembur

After a long week, filled with all sorts of tedious works, the only thing we look forward to do is something unique, something different.



WEEKEND PLAN

ent, something out of the world! Well, workshops might not be out of the world, but they are surely unique. You can get yourself registered in a workshop based on any theme under the blue - pottery, gardening, piano, yoga and the list is never-ending. Nowadays, it has become even more easy as many

workshops are conducted online. So, attend any workshop, pursue your pastimes, discover new passions, all from the comfort of your homes.

Varada Shendye, class IX, SSPM's Sri Sri Ravishankar Vidya Mandir, Borivali (E)



BOOK: THE JEWELS OF MANHATTAN BY CARMEN REID

To begin with, I am a chick lit fan and the cover of this pretty book caught my fancy. I could not wait to read it through as it gave me "the fairy-tale feel". I navigated and here is what I think. The ending was a little disappointing as three sisters, the main ladies in this book, the three Jewel sisters: Amber, Em and Sapphire, come up with the jewellery heist and later the 'oh-so-exciting-plan' turns to 'not-so-expected-denouement'.

Emotions of characters, range from feisty to shy, but what brings the drop in excitement while reading, is the death of humour at some

spots, which was rather unexpected. Lastly, without sounding too disappointed I would just like to put it that this could have been a little more exciting in terms of the three sisters' voyage through their 'out of nowhere' plan. Although the storyline has got great parts, there were still some turns which made me go blasé. It could have been better, should have been better. I would give it a 3/5, but chick lit fans, go crazy sometimes.



Priyanka A Suvarna, Teacher, St. Therese Convent High School, Dombivli



BIO-BUBBLE STRAIN

Psychologists have called for better support for cricketers' mental wellbeing as they head into a second year confined to biosecure "bubbles" around the world



IT HAS REACHED 'ALMOST EPIDEMIC PROPORTIONS'

- Cricket's long tours away from homes and family have often caused problems in the past but the restrictions of quarantine and bubble life are posing extra difficulties, experts say. England's Jonny Bairstow said he spent just six nights at home in the second half of last year, while Pakistan bowling coach Waqar Younis saw his family for the first in seven months in January. India fast bowler Mohammed Siraj missed his father's funeral after deciding to stay in Australia in quarantine with his teammates in November.
- Sports psychologists and psychiatrists have warned of the toll being taken on players and said there is a "stigma" over coming forward, particularly in Asian nations. Amit Anand, a consultant psychiatrist and a panel member for golf's European tour, quoted one former Australian national captain as saying that mental health problems had reached "almost epidemic proportions" among players.
- "England, Australia and New Zealand have structured mental health support; their respective players' associations are strong on supporting players' mental health and wellbeing," Hassan Mahmood, a British psychiatrist who works with elite English cricketers, told AFP. "It would be ideal to have this in place for all Test-playing nations. There are a significant number of Test nations in South Asia, where there might be stigma related to mental health issues."
- Anand said players can suffer problems ranging from lack of sleep and anxiety to depression, while their families also suffer, especially those with young children. He said better "mental health literacy" is needed among players to "address the issues related to stigma and provide approximate interventions".

BIO-BUBBLE IS TOUGH ON PLAYERS: BAIRSTOW

- England batsman Bairstow told how players had become "addicted" to the Call of Duty war game as he highlighted the pressures while in Sri Lanka. "I am not going to lie about it, it is something that does take a toll because you are going from the hotel to the cricket ground, back to the hotel," said Bairstow. "Unfortunately the guys are unable to see their families, their kids, wives over a long period of time, which is tricky. The Skype chats, the people who have been with you through thick and thin back home are the ones that you call up and chat to and keep you going," he added.
- Cricket Australia took the lead in hiring a mental health expert last year and many top nations followed, including England who brought a psychologist on their current tour to Sri Lanka and India.
- Shree Advani, India's leading sports psychologist who has advised stars including top badminton player PV Sindhu and cricketer Robin Uthappa, said more players are coming forward because of the pandemic. "So many cricketers come to me for advice," he said, adding that players are struggling "to get back with that same level of confidence. With the insecurity about selection, the extra pressure to perform".
- England skipper Joe Root urged his teammates to "not hide away if they are feeling (the) blues" before they left for Sri Lanka and India, the start of a long year for the team who will play 17 Tests in 2021. Mahmood said any psychological fallout from bubble life will come in for intense scrutiny once the crisis has passed. "Hopefully, once the COVID-19 pandemic is over, there will be a period of reflection to ascertain the full impact of the bio-secure bubbles on the mental health of cricketers," he said.

I looked at the schedule today and realised that it is going to be a very long year. Few series coming up. Managing the body will be important if you have to play a lot. Anyone that's criticising (player rotation) has never stayed in a bubble. At the end of the day, humans are social people, especially when you're not having a great game. There's no escape, nowhere to go.

Jofra Archer, England pacer

INDIA vs ENGLAND, 1st TEST PREVIEW

CAN ENGLAND CHALLENGE THE MIGHTY INDIAN TEAM?

India will hope to maintain their formidable home record against England who have boldly placed players' well-being above team prospects in the four-match Tests series beginning on Friday

WE'LL HAVE OUR PLANS IN PLACE: BHARAT ARUN

- An injury-ravaged India conjured one of the greatest comebacks in the history of the game in Australia after being humiliated in the Adelaide opener and playing the rest of the series under a stand-in captain. Their gladiatorial 2-1 triumph, however, was not without scars and pacers Mohammed Shami and Umesh Yadav and all-rounder Ravindra Jadeja continue to nurse injuries which will keep them out of the first half of the England series.
- India will welcome back regular skipper Virat Kohli, who missed the last three tests in Australia to attend the birth of his daughter. "We have done an excellent job in Australia...but we need to forget this and look forward to the England series," bowling coach Bharat Arun said. "We'll have our plans in place."
- Shubman Gill's assured display on his Australia debut appears to have re-

solved India's opening woes as they prepare to stretch their awe-inspiring home record against Joe Root's men. India have won a record 12 successive test series at home, losing only one of the last 35 matches they have hosted. It includes a 4-0 series victory in England's previous tour in 2016-17.

England are also the last team to have triumphed in India in 2012-13 when Root, who will be playing his 100th test on Friday in Chennai, made his debut.

BOLD ROTATION POLICY

- England blanked Sri Lanka 2-0 last month but their decision to rotate multi-format players undermines their prospects in India. Under their policy, wicketkeeper Jos Buttler will return home after the opening test, while the trio of Jonathan Bairstow, Sam Curran and Mark Wood will be available only for the last two matches.
- England may not necessarily be fielding their strongest playing XI in every

match but coach Chris Silverwood stands by the move. "We're spending a lot of time locked in hotel rooms inside biosecure bubbles and it's not easy," he said. "It's good that we're being proactive and looking after people. I'm perfectly happy with the system."

They will be reinforced by the return of speedster Jofra Archer, all-rounder Ben Stokes and opener Rory Burns, who all missed the Sri Lanka series. Burns is likely to open with Dom Sibley with Zak Crawley expected to drop down to number three.

Spin all-rounder Moeen Ali will fancy his chances on India's turning tracks, while England will also be tempted to play veteran seamers James Anderson and Stuart Broad together. India need to win the series by at least a 2-1 margin to reach the final of the inaugural World Test Championship against New Zealand.

England will have to win at least three tests to pip India to the July final, while a stalemate will benefit Australia.



Shubman Gill

Photo: GETTY IMAGES



Stuart Broad

Photo: GETTY IMAGES

QUIZ TIME!

Q1: Which of the following players have the highest career batting average in ICC Women's One Day Internationals?

- a) Bronwyn Calver b) Rachael Heyhoe-Flint
 c) Lindsay Reeler d) Meg Lanning

Q2: In the year 2018 and 2019, which of the following players was awarded NBA Defensive Player of Year award?

- a) Giannis Antetokounmpo b) Draymond Green
 c) Rudy Gobert d) Tyson Chandler

Q3: Who is the oldest Olympic swimming medalist?

- a) Amy Van Dyken b) Natalie Coughlin
 c) Jenny Thompson d) Dara Torres

Q4: Which of the following countries won most medals at a single Summer Olympic Games?

- a) China b) United States of America
 c) Canada d) United Kingdom

Q5: After MS Dhoni, which of the following players have played most matches as captain in India Premier League?

- a) Gautam Gambhir b) Adam Gilchrist
 c) Rohit Sharma d) Virat Kohli

Q6: Who was awarded NBA 2019 Coach of the Year?

- a) Mike D'Antoni b) Mike Budenholzer
 c) Dwane Casey d) Nick Nurse

Q7: Sofia Kenin won which of the following Grand Slam



Sofia Kenin

title in 2020?

- a) Wimbledon b) French Open
 c) US Open d) Australian Open

Q8: As per WTA rankings, who is the current number one Tennis player?

- a) Ashleigh Barty b) Sofia Kenin
 c) Naomi Osaka d) Simona Halep

Q9: Which of the following countries have won most Asian Women's Handball Championship?

- a) China b) United States
 c) United Kingdom d) South Korea

Q10: Who among the following became the first

cricketer to reach 9000 runs in career IPL T20 history?

- a) Virat Kohli b) Dinesh Karthik
 c) Rohit Sharma d) Suresh Raina

Q11: The fastest badminton hit in competition by a male is 426 kph (264.70 mph), and was achieved by

- a) Kim Astrup b) Mads Conrad-Petersen
 c) Mads Pieler Kolding d) Mathias Boe

ANSWERS: 1 b) Rachael Heyhoe-Flint
 2 c) Rudy Gobert 3 d) Dara Torres
 4 b) United States of America
 5 a) Gautam Gambhir 6 b) Mike Budenholzer
 7 d) Australian Open 8 a) Ashleigh Barty
 9 d) South Korea 10 c) Virat Kohli
 11 c) Mads Pieler Kolding